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Dose Coefficients for External Exposures to Environmental Sources

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CONTENTS

[Guest]	Editorial	4
ABSTR	ACT 5	
PREFA	CE 7	
MAIN F	POINTS	8
EXECU	JTIVE SUMMARY	9
GLOSS	ARY 11	10
1.		
2.	SCHEMA FOR DOSE ASSESSMENT FROM ENVIRONME.	NTAL
EXPOS	UKE 23 DOCIMETRIC OLIANTITIES USED IN RADIOLOGICAL DI	DOTECTION
3.	DOSIMETRIC QUANTITIES USED IN RADIOLOGICAL PI	XUIECTION
31	20 Organ absorbed dose and equivalent dose	26
3.1.	Effective dose	
33	Air kerma	
3.4	Operational quantities	28
4	THE ICRP REFERICE PHANTOM	30
4.1	Adult reference computational phantoms	30
4.2.	The paediatric phantoms	
5.	SIMULATION OF THE ENVIRONMENTAL RADIATION F	FIELD (STEP
1)	35	
5.1.	Soil contamination	
5.2.	Submersion to contaminated air	40
5.3.	Water immersion	42
5.4.	Calculation of air kerma and ambient dose equivalent in the environ	mental field .43
6.	DETERMINATION OF DOSE RATE COEFFICIENTS FOR	
MONO	ENERGETIC PARTICLES (STEP 2)	47
6.1.	Monte Carlo photon and electron transport calculation in the an	nthropomorphic
phantoms	s	47
6.2.	Dose rate coefficients for soil contamination	48
6.3.	Dose rate coefficients for air submersion	60
6.4.	Dose rate coefficients for water immersion	64
6.5.	Verification of the calculations (spot-checks)	68
6.5	5.1. GEANT4 (user Hanyang University)	69
6.5	5.2. MCNP6 (user PHE)	
6.5	5.3. MCNPX (user KINS)	
6.5	5.4. MCNPX (user NCI)	
6.5	5.5. EGSnrc (user HMGU)	
6.5	5.6. Visible Monte Carlo (user IRD)	
6.5	.7. Comparison of dose rate coefficients calculated with different c	codes and
cor	mparisons with other work	
6.6.	Dose rate coefficients for monitoring - Air kerma and ambient dose	equivalent rates
7.	EQUIVALENT AND EFFECTIVE DOSE RATE COEFFICIE	NTS FOR
RADIO	NUCLIDES (STEP3)	
7.1.	Coefficients for equivalent dose rate to organs and tissues	
7.2.	Coefficients for effective dose rates	
7.3.	Coefficients for air kerma and ambient dose equivalent rate	79



8.	APPLICATION OF DOSE RATE COEFFICIENTS	80
8.1.	Application of dose rate coefficients to various depth profiles of a	radionuclides in
soil		80
8.1.	1. Planar sources in specific depths	80
8.1.	2. Volumetric sources	80
8.2.	Radionuclide decay chain	
8.3.	Relationship between radioactivity in soil, effective dose, ambient	dose equivalent
and person	nal dose equivalent	
8.4.	Comparison with new operational quantities for external radiation	on proposed by
ICRU		
8.5.	Application of dose rate coefficients for remediation planning	
9.	CONCLUSIONS	
REFERE	ENCES	
ANNEX	A. SKELETAL DOSIMETRY	
A.1.	References	
ANNEX	B. SKIN DOSIMETRY	
B.1.	Electron	
B.2.	Photons	
B.3.	References	
ANNEX	C. CONTENT OF THE ELECTRONIC SUPPLEMENT	



[GUEST] EDITORIAL

To be drafted



Dose Coefficients for External Exposures to Environmental Sources

ICRP Publication XXX

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Abstract- This publication presents radionuclide-specific organ and effective dose rate coefficients for members of the public resulting from environmental external exposures to radionuclide emissions of both photons and electrons, calculated using computational phantoms representing the ICRP reference newborn, 1-year-old, 5-year-old, 10-year-old, 15year-old, and adult males and females. Environmental radiation fields of monoenergetic photon and electron sources were firstly computed using the Monte Carlo radiation transport code PHITS (Particle and Heavy Ion Transport code System) for source geometries representing environmental radionuclide exposures including planar sources on and within the ground at different depths (representing radionuclide ground contamination from fall-out or naturally occurring terrestrial sources), volumetric sources in air (representing a radioactive cloud), and uniformly distributed sources in simulated contaminated water. For the above geometries, the exposed reference individual is considered to be completely within the radiation field. Organ equivalent dose rate coefficients for monoenergetic photons and electrons were next computed employing the PHITS code thus simulating photon and electron interactions within the tissues and organs of the exposed reference individual. For quality assurance purposes, further cross-check calculations were performed using GEANT4, EGSnrc, MCNPX, MCNP6, and the Visible Monte Carlo radiation transport codes. From the monoenergetic values, nuclide-specific effective and organ equivalent dose rate coefficients for several radionuclides for the above environmental exposures were computed using the nuclear decay data from Publication 107. The coefficients are given as dose rates normalised to radionuclide concentrations in environmental media, such as radioactivity concentration, in units of nSv h⁻¹ Bq⁻¹ m⁻² or nSv h⁻¹ Bq⁻¹ m⁻³ and can be re-normalised to ambient dose equivalent (Sv Sv⁻¹) or air kerma (Sv Gy⁻¹). The findings showed that, in general, the smaller the body mass of the phantom, the higher the organ and effective dose due to (1) closer proximity to the source (in the case of ground contamination) and (2) the smaller amount of body shielding of internal organs in the younger and smaller reference phantoms. The difference in effective dose between an adult and an infant is 60-140% at a photon energy of 50 keV, while it is less than 70% above a photon energy of 100 keV, where the smaller differences are observed for air submersion and the largest differences are observed for soil contamination on the surface of the ground. For realistic exposure situations of radionuclide environmental contamination, the difference was found to be more moderate. For example, for radioactive caesium (¹³⁴Cs, ¹³⁶Cs, ¹³⁷Cs/^{137m}Ba) deposited on and in the ground, the difference in effective dose between an adult and an infant was in the range of 20-60%, depending on the radioactivity deposition depth within the soil.



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Keywords: External radiation; Environmental; Effective Dose; Organ equivalent dose; Dose coefficients; Ambient dose equivalent; Soil contamination; Air submersion; Water immersion.

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PREFACE

The membership of the Task Group 90 "Age Dependent Dose Coefficients for External Environmental Exposures" was as follows:

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2

MAIN POINTS

- This publication presents radionuclide-specific reference organ and effective dose
 rate coefficients for the following types of environmental external exposures: soil
 contamination, air submersion, and water immersion.
- These coefficients are needed to evaluate effective dose and/or organ equivalent
 doses from activity concentrations in the environment, air kerma free in air,
 absorbed dose in air, or ambient dose equivalent.
- Calculation of the coefficients requires modelling of the environmental field including the exposure geometry, density and composition of both soil and air, and spatial distribution of the radionuclide contamination. The most probable exposure scenarios for both chronic/routine and accidental releases were identified and these respective environmental radiation fields were simulated with the Monte Carlo radiation transport code PHITS.
- The magnitude of organ equivalent doses from environmental radionuclide exposures depend on body size since, in external exposures, increasing amounts of overlying tissue enhance body shielding of internal organs. Accordingly, the full series of ICRP reference individuals – both male and female – were considered in this report, including computational phantoms of the newborn, 1-year-old, 5-yearold, 10-year-old, 15-year-old, and adult.
- The types of radiation considered were monoenergetic photons (initial energies between 0.01 and 8 MeV) and monoenergetic electrons (same energy range). These simulation results were later used to model organ dosimetry for environmental emissions of gamma-rays, conversion electrons, characteristic x-rays, Auger electrons, and bremsstrahlung x-rays.
- The organ and effective dose rate coefficients tabulated in this report are given normalised to environmental radioactivity concentrations for 1252 radionuclides whose nuclear decay data (energies, yields, and branching ratios) are provided in *Publication 107*.
- The main text of the report provides effective dose rate coefficients for the reference
 person at each reference age, with additional information on organ equivalent dose
 rate coefficients provided in an electronic supplement to this report.
- The ambient dose equivalent and air kerma rates were obtained for both soil contamination and air submersion using Monte Carlo simulations for the environmental geometries considered. These data enable interpretation of monitoring data relating effective doses to measured values of ambient dose equivalent or air kerma.
- 38 39
- 40



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EXECUTIVE SUMMARY

43

44 (a) External irradiation from environmental sources of radionuclides is an important 45 pathway of exposure to members of the public which may result from both routine discharges 46 and major accidental releases from nuclear facilities, regions of high naturally occurring 47 radionuclide soil concentrations, or environmental contamination following radiological 48 terrorist events. In the early stages following a nuclear accident, internal exposures due to 49 both inhalation and ingestion of radionuclides are likely to contribute significantly to organ and effective doses, within additional exposure from radionuclide decays in contaminated air 50 51 plumes, all of which depend upon a variety of factors based upon regional weather conditions. Both external and internal exposures to the public are important after a nuclear 52 53 accident, whereas external exposures are the more significant exposure pathway over longer 54 timeframes. This was particularly the case following the nuclear power plant (NPP) accident in Fukushima Prefecture, Japan in March of 2011 (UNSCEAR, 2013). Radionuclide 55 ingestion can also play an important role after a certain time following nuclear facility 56 57 accidents, if appropriate restrictions are not performed promptly regarding the distribution 58 and consumption of potentially contaminated foodstuffs.

59 (b) Age-dependent dose coefficients for the internal exposures have been evaluated comprehensively by ICRP in *Publications 56*, 67, 69, 71, and 72 (ICRP, 1990, 1993, 1995a,c, 60 61 1996a), with current updates published for the reference adults under the Occupational 62 Intakes of Radionuclide (OIR) series (ICRP, 2015, 2016b, 2017). However, age-dependent 63 dose coefficients for external environmental exposures have not been previously evaluated by 64 ICRP. These data are especially important for dose evaluation in the environment where 65 individuals across a wide range of age groups can be potentially exposed. The purpose of this report is, therefore, to provide reference age-dependent dose rate coefficients for external 66 67 environmental exposures for members of the general public.

(c) Dose rate coefficients are needed to evaluate effective dose from measured or evaluated 68 69 data on environmental radioactivity concentrations, air kerma rates, absorbed dose rates in 70 air, or ambient dose equivalent rates. Calculation of dose rate coefficients requires evaluation 71 of the environmental field (such as the exposure geometry, the density and composition of 72 soil, and the radionuclide concentration distribution in the environmental media), anatomic 73 computational models of the human body (such as reference voxel phantoms representing 74 exposed members of the general public), and transport simulations of emitted radiations within both the environmental media and anatomy of the exposed individuals. Organ 75 equivalent doses depend on body size since, in external photon exposures, increasing 76 77 amounts of overlying tissue (skeletal muscle and subcutaneous fats in particular) enhance the 78 shielding of deeper radiosensitive organs (ICRP, 2010). Resultantly, this publication 79 considers the full range of ICRP reference individuals (newborn to adults) in these 80 calculations.

81 (d) The Task Group has identified the most probable exposure scenarios for this 82 publication. These scenarios are exposure to contamination on or below the ground surface 83 and at different depths (ground exposure); submersion in a contaminated atmospheric cloud (air submersion); and immersion in contaminated water (water immersion). In the first two 84 scenarios, air-over-ground geometry and a human body standing up-right above the ground 85 86 were assumed.



(e) Organ and effective dose rate coefficients for environmental exposures were computed
for the ICRP voxel-based adult male and female reference computational phantoms in *Publication 110* (ICRP, 2009a) as well as for the 10 ICRP reference paediatric phantoms
which are a voxel format of the polygon mesh/NURBS (non-rational B-spline) surface
phantoms of the University of Florida and National Cancer Institute (Lee et al., 2010). The
latter, following some modifications, have been selected in 2013 to become the reference
ICRP paediatric phantoms.

(f) ICRP establishes for the first time reference dose rate coefficients for exposure to 94 95 environmental radionuclides in air, soil and water. Radiations considered include direct 96 photons from radionuclide decays, scattered photons in the environment, beta particles and 97 electrons and bremsstrahlung x-rays from beta particles and from conversion and Auger 98 electrons. For contaminated soil and air, computations were performed in three steps. In Step 99 1, radiation transport of monoenergetic particles (photons and electrons) from the contaminated environment was conducted and with the resulting radiation field (particle type, 100 energy, and direction) recorded to the surface of a virtual cylinder surrounding the exposed 101 102 individual (a so-called coupling cylinder). In Step 2, the recorded particles on the surface of the coupling cylinder were subsequently transported, in turn, within the body of each of the 103 104 12 reference phantoms. In Step 3, values of organ equivalent dose rate for monoenergetic 105 particles were spectrum weighted to yield radionuclide-specific dose rate coefficients. 106 Additional simulations under the Step 2 included the placement of an air sphere for tallying 107 ambient dose equivalent rate and air kerma rate at a height of 1 m from the ground surface so 108 as to report organ and effective dose rate coefficients normalised to either the environmental radionuclide concentration, or measured values of ambient dose equivalent rate or air kerma 109 110 rate, where the latter might be obtained from radiation environmental monitoring data.

(g) A data viewer code is provided which allows comfortable viewing and downloading ofthe dose rate coefficient data.

113



114	
115	GLOSSARV
115	
116	
117	Absorbed dose, D
118	The absorbed dose is given by
119	$D = \frac{\mathrm{d}\overline{\varepsilon}}{\mathrm{d}m}$
120	where $d\varepsilon$ is the mean energy imparted by ionising radiation to matter of mass (dm).
121	The unit of absorbed dose is joule per kilogramme (J kg ⁻¹), and its special name is $\operatorname{grav}(Gv)$
122	gray (Oy).
123	Active (bone) marrow
124	Active marrow is haematopoietically active and gets its red colour from the large
125	as a target tissue for radiogenic risk of leukaemia.
127	Activity
128	The number of nuclear transformations of a radioactive material during an
129	infinitesimal time interval, divided by its duration (s). The SI unit of activity is the
130	becquerel (Bq; 1 Bq = 1 s $^{\circ}$).
131	Activity concentration
132 133	Concentration of radioactivity per unit volume per of air or water. The SI unit of activity concentration is Bq m ⁻³ .
134	Activity areal concentration
135	Concentration of radioactivity per unit area of soil. The SI unit of activity areal
136	concentration is Bq m ⁻² .
137	Activity density
138 139	The activity of a specified radionuclide per unit mass, volume or area of a specified substance.
140	Air submersion or submersion to contaminated air
141	External exposure from radionuclides in the radioactive cloud or plume.
142	Ambient dose equivalent, $H^*(10)$
143	The dose equivalent at a point in a radiation field that would be produced by the
144	corresponding expanded and aligned field in the ICRU sphere at depth of 10 mm on
145 146	equivalent is joule per kilogramme (J kg ⁻¹) and its special name is sievert (Sv).
147	Ambient dose equivalent rate coefficient, $\dot{h}(10)$



- 148The coefficient to convert the activity concentration to the ambient dose equivalent149rate. The unit of the ambient dose equivalent rate coefficient for the environmental150exposures as referred in this report is $nSv h^{-1} Bq^{-1} m^3$ or $nSv h^{-1} Bq^{-1} m^2$.
- 151 Becquerel
- 152 The special name for the SI unit of activity. $1 \text{ Bq} = 1 \text{ s}^{-1}$, $1 \text{ MBq} = 10^6 \text{ Bq}$.
- 153 Bone marrow

Bone marrow is a soft, highly cellular tissue that occupies the cylindrical cavities of long bones and the cavities defined by the bone trabeculae of the axial and appendicular skeleton. Total bone marrow consists of a sponge-like, reticular, connective tissue framework called stroma, myeloid (blood-cell-forming) tissue, fat cells (adipocytes), small accumulations of lymphatic tissue, and numerous blood vessels and sinusoids. There are two types of bone marrow, red (or active) and yellow (inactive). See 'Active (bone) marrow'; 'Inactive (bone) marrow'.

- 161 Bone Surfaces
- 162 See 'Endosteum'.
- 163 Charged-Particle Equilibrium

164 Charged-particle equilibrium in a volume of interest means that the energies, 165 numbers, and directions of the charged particles are constant throughout this volume. 166 This is equivalent to saying that the distribution of charged-particle energy radiance 167 does not vary within the volume. In particular, it follows that the sums of the energies 168 (excluding rest energies) of the charged particles entering and leaving the volume are 169 equal.

- 170 Cross section,σ
- 171The cross section of a target entity, for a particular interaction produced by incident172charged or uncharged particles of a given type and energy, is given by

173
$$\sigma = \frac{N}{\Phi}$$

174 where *N* is the mean number of such interactions per target entity subjected to the 175 particle fluence (Φ). The unit of cross section is m². A special unit often used for the 176 cross section is the barn where 1 barn (b) = 10^{-28} m². A full description of an 177 interaction process requires, 'inter alia', the knowledge of the distributions of cross 178 sections in terms of energy and direction of all emergent particles from the 179 interaction. Such distributions, sometimes called 'differential cross sections', are 180 obtained by differentiations of σ with respect to energy and solid angle.

- 181 Deposition density
- Activity of a specified radionuclide per unit ground area integrated into depth
 direction, resulted from fallout. The unit is Bq m⁻².
- 184 Deterministic effect
- 185 See 'Tissue reaction'.



- 186 Dose coefficient
- 187 A coefficient relating a dose quantity to a physical quantity, both for internal and
 188 external radiation exposure. For external environmental exposures, the quantities
 189 activity concentration, ambient dose equivalent or air kerma are chosen.
- 190 Dose rate coefficient
- 191 A coefficient relating a dose quantity to a physical quantity, both for internal and 192 external radiation exposure per unit time.
- 193 Dose equivalent, *H*
- 194 The dose equivalent at a point is given by
- 195 H = QD196 where *D* is the absorbed dose and *Q* is the quality factor at that point. The unit of dose 197 equivalent is joule per kilogramme (J kg⁻¹), and its special name is sievert (Sv).
- 198 Dose equivalent rate, \dot{h}
- 199 Dose equivalent per unit time.
- 200 Dose response function, *DRF*
- A particular function used in this *publication* to represent the absorbed dose in a target region per particle fluence in that region, derived using models of the microscopic structure of the target region geometry, and the transport of the secondary ionising radiations in those regions.
- 205 Effective dose, E
- 206The tissue-weighted sum of equivalent doses in all specified organs and tissues of the207body, given by the expression
- 208 $E = \sum_{\mathrm{T}} w_{\mathrm{T}} \sum_{\mathrm{R}} w_{\mathrm{R}} D_{\mathrm{T,R}} = \sum_{\mathrm{T}} w_{\mathrm{T}} H_{\mathrm{T}}$
- 209 where H_T is the equivalent dose in an organ or tissue T, $D_{T,R}$ the mean absorbed dose 210 in an organ or tissue T from radiation of type R, and w_T is the tissue weighting factor. 211 The sum is performed over all organs and tissues of the human body considered to be 212 sensitive to the induction of stochastic effects. The SI unit for effective dose is joule 213 per kilogramme (J kg⁻¹), and its special name is sievert (Sv).
- 214 Effective dose rate coefficient, \dot{e}
- 215 Effective dose per unit time.
- 216 Endosteum (or endosteal layer)

217 A 50- μ m-thick layer covering the surfaces of the bone trabeculae in regions of 218 trabecular spongiosa and those of the cortical surfaces of the medullary cavities 219 within the shafts of all long bones. It is assumed to be the target region for radiogenic 220 bone cancer. This target region replaces that previously introduced in *Publications 26* 221 and *30* – the bone surfaces – which had been defined as a single-cell layer, 10 μ m in 222 thickness, covering the surfaces of both the bone trabeculae and the Haversian canals 223 of cortical bone.



224 225	Equivalent dose, H_T The equivalent dose in an organ or tissue T is given by:
226	$H_{\rm T} = \sum_{\rm P} w_{\rm R} D_{\rm T,R}$
227 228 229	where $D_{T,R}$ is the mean absorbed dose from radiation R in an organ or tissue T, and w_R is the radiation weighting factor. The unit for equivalent dose is joule per kilogramme (J kg ⁻¹) and its special name is sievert (Sv).
230 231	Equivalent dose rate coefficient, $\dot{h}_{\rm T}$ Equivalent dose per unit time.
232 233 234	Fluence, Φ The quotient of dN by da, where dN is the number of particles incident on a sphere of cross-sectional area da, thus:
235 236	$\Phi = \frac{dN}{da}$ The unit of fluence is m ⁻² .
227	ICDU 4 alement tissue
237 238 239 240	ICRU 4-element tissue like material with density of 1 g cm ⁻³ , and a mass composition: 76.2 % oxygen, 11.1 % carbon, 10.1 % hydrogen and 2.6 % nitrogen. The ICRU sphere has this assumed composition.
241	Inactive (bone) marrow
242 243 244	In contrast to the active marrow, inactive marrow is haematopoietically inactive (i.e., does not support haematopoiesis directly). It gets its yellow colour from fat cells (adipocytes) that occupy most of the space of the yellow bone marrow framework.
245	Kerma (<i>K</i>)
246 247 248	Quantity for uncharged ionising particles, defined by the quotient of dE_{tr} by dm , where dE_{tr} is the mean sum of the initial kinetic energies of all the charged particles liberated in a mass (dm) of a material by the uncharged particles incident on dm , thus:
	$_{\nu}$ – d $E_{\rm tr}$
249	$K = \frac{1}{\mathrm{d}m}$
250	The unit for kerma is joule per kilogramme (J kg ⁻¹) and its special name is gray (Gy).
251	Kerma approximation
252	Kerma is sometimes used as an approximation to the absorbed dose. The numerical
253	value of the kerma approaches that of the absorbed dose to the degree that charged-
254	particle equilibrium exists, that radiative losses are negligible, and that the kinetic
255 256	liberated charged particles.

Marrow cellularity



- The fraction of bone marrow volume in a given bone that is haematopoietically active. Age- and bone-site-dependent reference values for marrow cellularity are given in Table 41 of *Publication 70* (ICRP, 1995b). As a first approximation, marrow cellularity may be thought of as 1 minus the fat fraction of bone marrow.
- 262 Mean absorbed dose in an organ or tissue, $D_{\rm T}$
- 263 The mean absorbed dose in a specified organ or tissue T, is given by
- $264 D_{\rm T} = 1/m_{\rm T} \int D \, \mathrm{d}m,$
- 265 where $m_{\rm T}$ is the mass of the organ or tissue, and *D* is the absorbed dose in the mass 266 element (dm). The SI unit of mean absorbed dose is joule per kilogramme (J kg⁻¹), 267 and its special name is gray (Gy).
- 268 Mean free path (mfp)
- 269 The average distance travelled by a particle without suffering a collision.
- 270 Operational quantities
- 271 Quantities used in practical applications for monitoring and investigating situations 272 involving external exposure and intakes of radionuclides. They are defined for 273 measurements and assessment of doses in the body.
- 274 Organ absorbed dose
- 275 Short phrase for 'mean absorbed dose in an organ or tissue'.
- 276 Organ equivalent dose
- 277 Short phrase for 'equivalent dose in an organ or tissue'.
- 278 Physical half life
- 279 The period of time for one-half of the atoms of a radionuclide to disintegrate.
- 280 Protection quantities
- 281 Dose quantities related to the human body that ICRP has developed for radiological 282 protection to allow quantification of the detriment to people from exposure to ionising 283 radiation from both whole and partial body external irradiation and from intakes of 284 radionuclides.
- 285 Quality factor, Q
- 286 The quality factor at a point in tissue, is given by
- 287 $Q = \frac{1}{D} \int_{L=0}^{\infty} Q(L) D_L dL$

288 where *D* is the absorbed dose at that point, D_L is the distribution of *D* in unrestricted 289 linear energy transfer *L* at the point of interest, and Q(L) is the quality factor as 290 function of *L*. The integration is to be performed over D_L , due to all charged particles, 291 excluding their secondary electrons.

292 Radiation weighting factor, *w*_R



- A dimensionless factor by which the organ or tissue absorbed dose is multiplied to reflect the higher biological effectiveness of high-linear energy transfer (LET) radiations compared with low-LET radiations. It is used to derive the equivalent dose from the absorbed dose averaged over an organ or tissue.
- 297 Red (bone) marrow

298 See 'Active (bone) marrow'.

- 299 Reference Male and Reference Female (Reference Individual)
- 300An idealised male or female with characteristics defined by ICRP for the purpose of301radiological protection, and with the anatomical and physiological characteristics302defined in *Publication 89* (ICRP, 2002).
- 303 Reference Person
- 304 An idealised person, for whom the equivalent doses to organs and tissues are 305 calculated by averaging the corresponding doses of the Reference Male and the 306 Reference Female. The equivalent doses of the Reference Person are used for the 307 calculation of effective dose.
- 308 Reference phantom
- 309The computational phantom of the human body (male or female voxel phantom based310on medical imaging data), defined in *Publication 110* (ICRP, 2009a) with anatomical311and physiological characteristics defined in *Publication 89* (ICRP, 2002).
- 312 Reference value
- Value of a quantity recommended by ICRP for use in dosimetric applications or
 biokinetic models. Reference values are fixed and specified with no uncertainty,
 independent of the fact that the basis of these values includes many uncertainties.
- 316 Relaxation mass per unit area
- 317 Activity concentrations in soil in many instances are described by a depth-dependant 318 exponential function of the form $A = \exp(-z/\beta)$ where *A* is the activity concentration, *z* 319 is the soil depth, and β is a parameter called the relaxation mass per unit area. The 320 magnitude of beta is an indication of the radionuclide penetration in the soil with 321 large values of β indicating a steeper exponential distribution. The unit of relaxation 322 mass per unit area is g cm⁻².
- 323 Response function
- 324 See 'Dose response function'.
- 325 Soil contamination, ground source
- 326 A source describing deposited radionuclides on the surface and in the soil.
- 327 Spongiosa
- 328Term referring to the combined tissues of the bone trabeculae and marrow tissues329(both active and inactive) located beneath cortical bone cortices across regions of the330axial and appendicular skeleton. Spongiosa is one of three bone regions defined in the331Publication 110 (ICRP, 2009a) reference phantoms, the other two being cortical bone



- and medullary marrow of the long bone shafts. As the relative proportions of
 trabecular bone, active marrow, and inactive marrow vary with skeletal site, the
 homogeneous elemental composition and mass density of spongiosa are not constant
 but vary with skeletal site [see Annex B of *Publication 110* (ICRP, 2009a)].
- 336 Tissue reaction

Injury in populations of cells, characterised by a threshold dose and an increase in the
severity of the reaction as the dose is increased further. Tissue reactions are also
termed 'deterministic effect'. In some cases, these effects are modifiable by postirradiation procedures including biological response modifiers.

- 341 Tissue weighting factor, $w_{\rm T}$
- A factor by which the equivalent dose in an organ or tissue T is weighted to represent
 the relative contribution of that organ or tissue to the total health detriment resulting
 from uniform irradiation of the body (ICRP, 1991). It is defined such that:
- $345 \qquad \qquad \sum_{\mathrm{T}} w_{\mathrm{T}} = 1 \cdot$
- 346 Voxel phantom
- 347 Computational anthropomorphic phantom based on medical tomographic images in 348 which the anatomy is described by small three-dimensional volume elements 349 (voxels). Collections of these voxels are used to specify the organs and tissues of the 350 human body.
- 351 Yellow (bone) marrow
- 352 See 'Inactive (bone) marrow'.
- 353 Water immersion
- 354 External exposure from radionuclides in the radioactive water.
- 355
- 356



1. INTRODUCTION

358 (1) In the environment, the public is exposed to various external radiation sources such as 359 naturally occurring radionuclides in soil and other environmental media, as well as cosmic radiation originating from solar particle events and galactic cosmic rays. Moreover, small 360 361 quantities of radionuclides are discharged from nuclear facilities into the environment under routine operations, leading to small but constant exposures to the public. In the case of a 362 363 major nuclear facility accidents, potentially large quantities of radionuclides could be released 364 into the environment, resulting in wide geographic regions of contamination. Such was the case following the nuclear power plant (NPP) accidents in Chernobyl, Ukraine in 1987 and in 365 366 Fukushima Prefecture, Japan in 2011. Both resulted in exposures to members of the general 367 public, with the former being substantially more significant than the latter. In such cases, 368 accurate evaluation of radiation doses to the exposed public is essential to estimate the impact 369 of the accident and to take appropriate radiological protection measures.

370 (2) External exposure to environmental sources is an important pathway of exposure of 371 the public after major releases of radionuclides to the environment. In the early stage after a 372 nuclear accident, internal exposures due to inhalation and ingestion of radionuclides are likely 373 to significantly contribute to organ equivalent and effective dose, together with external dose contributions from submersion within the radioactive cloud or plume, depending on many 374 375 factors, such as the regional weather conditions. However, sometime after an accidental 376 release, and if appropriate restrictions of foodstuffs based on reliable measurements are 377 implemented, external exposures become the dominant contributor to the radiation dose to 378 members of the public. As shown in Fig.1.1, this was specifically the case following the 379 accident at the nuclear power plant in Fukushima Prefecture in 2011.

380 (3) Age-dependent dose coefficients for internal exposures have been evaluated comprehensively by ICRP in *Publications 56*, 67, 69, 71, and 72 (ICRP, 1990, 1993, 1995a,c, 381 382 1996a), with recent revisions for adult exposures released as part of the OIR (Occupational Intakes of Radionuclides) (ICRP, 2015, 2016b, 2017). However, to date, reference values of 383 384 age-dependent dose coefficients for external environmental exposures have not been 385 evaluated by ICRP. In this *publication*, environmental radionuclide external exposures to the 386 full range of ICRP reference individuals is addressed, as age-dependent dose rate coefficients 387 are essential in dose evaluations from environmental exposures.





Fig. 1.1 Estimated district-averaged effective doses to adults, children and infants, living in
Fukushima city (from UNSCEAR (2013)).

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392 (4) The current ICRP system of radiological protection uses a generalised, gender and age 393 averaged set of tissue and radiation weighting factors to convert organ absorbed dose to organ equivalent dose and then to the effective dose, E. While doses incurred at low levels of 394 395 exposure may be measured or assessed with reasonable accuracy, the associated risks are 396 uncertain. However, bearing in mind the uncertainties associated with risk projection to low 397 doses, it is considered reasonable to use E as an approximate indicator of possible risk, with 398 the additional consideration of variations in risk with age, sex, and population group (ICRP 399 publication on Effective Dose, in preparation). E, according to Publication 103 (ICRP, 2007), 400 is calculated for sex-averaged Reference Persons at specified ages. Publication 103 definition 401 includes the specification of reference male and female anatomical models for radiation 402 transport calculations. While exposures may relate to individuals or population groups, E is 403 calculated for Reference Persons exposed in the same way.

404 (5) Organ equivalent doses depend on body size, and so dose rate coefficients for the
 405 adult are not adequate for the assessment of doses to children. However, tissue weighting
 406 factors and radiation weighting factors are approximate values determined by judgment based
 407 on in-vivo and other radiobiology or radiation epidemiological studies.

408 (6) For external exposures to environmental sources, the dosimetric quantities of interest 409 are the radiation doses received by the radiosensitive organs and tissues of the body due to 410 photons and electrons emitted by radionuclides distributed in soil, air or water. The types of 411 radiation considered are those of importance for external exposure by radionuclides: photons 412 including bremsstrahlung and electrons including beta particles. The neutron dose from radionuclides released to the environment after a nuclear accident is considered to be 413 414 negligible. Also, neutrons as well as muons from cosmic radiation are not dealt with in this 415 publication. If there is a need to estimate doses from cosmic radiation the reader is referred to the study by Sato (2016). 416



417 (7) The geographic pattern of radionuclide distribution in air or soil is dependent on time 418 and duration of release, deposition pathways, the chemical form of released radionuclides, 419 and on prevailing meteorological conditions at the time of the release. The latter can include 420 the wind direction and any rainfall or snowfall occurring during the passage of the plume. For 421 a routine or extended release, wind direction can be expected to vary over time. In the longer 422 term, rainfall, snowfall, and weathering will allow penetration of deposited radionuclides into 423 soil and some migration via water pathways or through resuspension. The deposition densities 424 of released radionuclides are often quite heterogeneous. Generally in the longer term, one or a 425 few radionuclides will dominate as the principal contributors to human exposure (such as 426 ¹³⁷Cs and ¹³⁴Cs as in the case of the Fukushima NPP accident) (UNSCEAR, 2008, 2013; 427 ICRP, 2009b; Saito et al., 2015).

428 (8) Soil contamination is the most important source in large-scale accidents since deposited radionuclides continue to expose member of the general public over wide geographical 429 430 regions for long time periods (UNSCEAR, 2008, 2013; Mikami et al., 2015; Saito et al., 431 2015). Deposited radionuclides in the ground with respect to depth (via leaching) may be 432 represented sometime after the accident by an exponentially decreasing concentration profile 433 from the soil surface; moreover, the so-called relaxation mass per unit area (in units of g cm⁻ 434 ²), is an indicator of radionuclide migration into the ground and is observed to increase with 435 elapsed time since initial soil deposition (ICRU, 1994; Matsuda et al., 2015). Further, the 436 deposited radionuclides could have various concentration profiles - mostly exponential or 437 profiles exhibiting a peak at a certain soil depth that can be approximated by a hyperbolic secant function (Matsuda et al., 2015). Since it is not possible to simulate all possible soil-438 439 depth distributions, simulations for planar sources at fixed depths below the ground surface 440 can provide the basic data to enable the reconstruction of diverse and complex radionuclide 441 sources with different depth profiles. A similar approach was employed by Eckerman and 442 Ryman (1993) and by the ICRU (1994) where dose rate coefficients for planar sources were 443 convoluted to approximate any specific or desired radionuclide concentration soil depth 444 profile.

445 (9) Similarly, the source conditions following a radioactive release in air could change in 446 various ways according to the prevailing and time-dependent meteorological conditions. Near 447 the release point, the radionuclide concentrations in air are often modelled by Gaussian 448 distributions perpendicular to the wind axis (Gaussian plume model), and typical metrological 449 conditions are classified into several categories due to atmospheric turbulence conditions and 450 temperature-altitude profiles. The degree of radionuclide dispersion could be entirely different 451 according to these meteorological conditions; therefore, the relation of dose rates attributed to 452 radionuclide concentrations and their distributions in air can vary greatly. Consequently, it is 453 not practical to evaluate dose rate coefficients to cover all possible diverse conditions. At 454 locations sufficiently far from the release point, the radionuclide distributions in air could be 455 approximated to be uniform and the hemispherical submersion model is considered to be a 456 good approximation at all exposure locations due to the rapid homogenisation of the 457 radioactive material in air.

(10) Water immersion might be rare in the pathway of environmental exposure; however, radioactive releases to the oceans and seas, or the contamination of surface waters have been observed following major radiological accidents. In a large accident, aquatic systems such as rivers, ponds, and seas might be contaminated, and inhabitants might be immersed in water containing radionuclides. Generally, it is anticipated that exposure from water immersion is not significant in most cases, but in order to be able to evaluate such exposures, dose rate coefficients for water immersion are also needed.



465 (11) A number of publications have reported dose rate coefficients for external irradiation of the body for monoenergetic sources or for radionuclides distributed in the environment 466 467 (Dillman, 1974; Poston and Snyder, 1974; O' Brien and Sanna, 1976; DOE, 1988; Petoussi et al., 1989, 1991; Jacob et al., 1990; Saito et al., 1990, 1991, 1998; Eckerman and Ryman, 468 469 1993; Zankl et al., 2002; Petoussi-Henss and Saito, 2009). Most of the above publications are 470 based on mathematical computational phantoms, mainly of adults. Data on organ equivalent 471 doses for external exposures to the newborn and children are scarce. The first calculated data 472 based on voxel computational phantoms stemmed from work published in Saito et al. (1990), Jacob et al (1990) and Petoussi et al. (1991), who computed the dose rate coefficients for a 473 474 baby of 8 weeks of age and for a 7-year-old child.

475 (12) After 2011, many research studies re-visited these calculations using current and more 476 state-of-the-art Monte Carlo methods and anatomic phantoms. An update of the work of Saito 477 et al. (1990) and Jacob et al (1990) can be found in Petoussi-Henss et al. (2012). Saito et al. 478 (2012) estimated effective dose rate coefficients, assuming an exponential distribution of 479 radioactivity in the ground and over a wide range of depths for both adults and the newborn. 480 Yoo et al (2013a,b) presented nuclide-specific dose rate coefficients for air submersion, 481 ground surface contamination, and water immersion exposure situations for the ICRP adult 482 reference phantoms. Satoh et al (2015) presented dose rate coefficients for exposure to both 483 ¹³⁴Cs and ¹³⁷Cs for different age-groups using both the ICRP adult reference phantoms and the 484 University of Florida paediatric NURBS-based computational phantoms. Bellamy et al (2016) 485 employed age-specific mathematical phantoms for calculations of effective dose rates for 486 submersion in radioactive air, and for water immersion. Veinot et al (2017) computed these 487 values for the same phantoms following exposure to contaminated soil.

488 (13) The purpose of the present report is, therefore, to provide ICRP reference age-489 dependent dose rate coefficients for external exposures to environmentally present 490 radionuclides as needed for both prospective and retrospective radiological protection 491 assessment to exposed populations of children and adults. Experience from post-accident 492 situations suggests that there is broad public concern that children are more at risk from 493 radiation exposure than adults, and that the protection of children in particular is of high 494 importance to the population, and consequently, for radiological protection. The variability of 495 organ equivalent dose with gender, body size, and age has been demonstrated by 496 investigations covering various types of external exposures (Zankl et al., 2002; Johnson et al., 497 2009; Cassola et al., 2011; Petoussi-Henss et al., 2012; Lv et al., 2017).

(14) Today the main method for assessment of absorbed doses in the human body from external radiation fields is by the application of Monte Carlo radiation transport methods. The simulation results are then expressed in terms of organ equivalent dose rate coefficients giving the organ equivalent dose rate per unit of environmental activity concentration, or external dose rate measurement. Hereafter in this *publication*, they will be referred to as dose rate coefficients, or simply as coefficients.

504 (15) For simulating the exposure to fields of environmental radiation, the following three typical cases of environmental sources have been addressed in this report: (1) soil (ground) 505 506 contamination, simulated as fully infinite planar sources on the ground surface and at selected 507 depths below the ground surface; (2) air submersion, simulated as a semi-infinite volume 508 source of radionuclides in air; and (3) water immersion, simulated as a fully infinite 509 radionuclide source in water. The dose rate coefficients have been computed for the ICRP 510 voxel-based adult male and female reference computational phantoms (ICRP, 2009a) as well 511 as for the 10 paediatric NURBS-based phantoms of the University of Florida/National Cancer 512 Institute series (Lee et al., 2010). The latter are voxelized computational phantoms and have



513 been selected, following specific modifications, to become the reference ICRP paediatric 514 phantoms (Bolch et al., 2016; Chang et al., 2017).

515 (16) Computations performed for soil contamination and submersion to contaminated air 516 were carried out in three distinct steps: Step 1 involves radiation transport of monoenergetic 517 particles from the contaminated environment (soil or air) to a virtual cylinder surrounding the 518 exposed individual subsequently referred to as the 'coupling cylinder'; Step 2 involves 519 transport of the primary and secondary radiation particles recorded on the surface of the 520 coupling cylinder into the phantom; Step 3 entails spectrum weighting of the resultant organ 521 equivalent doses to yield radionuclide-specific dose rate coefficients. Additional simulations 522 under Step 2 include the placing of an air sphere for tallying air kerma and ambient dose 523 equivalent rates at a height of 1 m above the ground surface. This additional step is needed in 524 order to report organ and effective dose rate coefficients both in terms of environmental 525 radionuclide concentration, but also in terms of these measured quantities. Separation of Steps 1 and 2 significantly improves the calculation efficiency and statistical accuracy of the 526 527 computed results, because the same radiation fields recorded at the coupling cylinder can be 528 repeatedly used for different exposed computational phantoms. For water immersion, the 529 organ equivalent dose rate coefficients for monoenergetic particles were computed directly, 530 without the use of the coupling cylinder.

531 (17) The expected applications of the dose rate coefficients are: (a) pre-accidental 532 evaluations in order to predict the possible impacts to the public by postulated radiological 533 accidents, (b) post-accidental evaluations to estimate doses in order to develop a radiological 534 protection strategy for the exposed populace, (c) evaluations following discharge of 535 radionuclides from nuclear and radioisotope facilities during routine operations, and (d) 536 evaluations of naturally occurring radionuclides in the environment. The pre/post-accident 537 analyses are performed typically by software packages (e.g. codes for severe accidents). The 538 software predicts the dispersion, migration, and distribution of radionuclides in the 539 environment. The dose rate coefficients of the present publication can thus be implemented in 540 these codes.

(18) It should be noted that dose rate coefficients are calculated for idealised and
hypothetical source geometries such as semi-infinite and uniform distributions, for reference
phantoms wearing no clothing, and for an idealised, upright postures, even for the exposed
newborn. As a result, they do not fully reflect actual exposures for a particular situation and
exposed individual.

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2. SCHEMA FOR DOSE ASSESSMENT FROM ENVIRONMENTAL EXPOSURE

- 549 (19) Dose rate coefficients are needed to evaluate effective dose from measurable 550 quantities such as radioactivity concentrations (i.e., surface activity density and air activity 551 density), air kerma rate, absorbed dose rates in air, or ambient dose equivalent rates. These 552 quantities are mostly obtained from environmental measurements but also from evaluation 553 using computational models or computer simulations. Calculation of dose rate coefficients 554 requires the evaluation of the environmental field (i.e., exposure geometry, density and 555 composition of soil and air, and radionuclide concentration depth profiles), anatomic models 556 of the human body (i.e., reference phantoms for various members of the general public), and 557 the simulation of the radiation transport through the environment and into the body of the 558 exposed individual. Organ equivalent doses depend on body size since, in external exposures, 559 increasing amounts of overlying muscle and adipose tissue enhances the shielding of deeper 560 seated radiosensitive organs (ICRP, 2010). Furthermore, the characteristics of radiation fields 561 change with height above ground soon after the deposition, especially for sources on and in 562 the ground, and thus the body height, and extension the differing locations of radiosensitive internal organs, can impact the magnitude of assessed organ equivalent dose. For example, in 563 564 the early stages after the accident in Fukushima nuclear power plant, it was reported that the 565 dose rate in air at 0.5 m height was higher than that at 1 m, which caused many concerns 566 regarding the reliable evaluation of exposures to children.
- 567 (20) Fig. 2.1. shows a schematic representation of the evaluation of organ equivalent and 568 effective dose rates in the environment. The measurable quantities used mostly for the 569 evaluation of exposures in the environment are the radionuclide concentration in the soil, air, 570 or water, and the dose rates in air at 1 m height. To evaluate organ equivalent dose rates or 571 effective dose rates from these quantities, dose (rate) coefficients are necessary. Generally, 572 there are three methods for dose assessment for external environmental exposures, as shown 573 in Fig. 2.1.
- 574 (21) The first method (DC1 in Fig. 2.1) is the direct conversion from radionuclide 575 concentration in the environmental media such as soil, air, and water. The radionuclide concentrations, expressed in units of Bq kg⁻¹ or Bq m⁻³, are usually determined by collection 576 and analyses of environmental samples of these environmental media. In case of soil 577 contamination, deposition density per unit area (Bq m^{-2}) is often used because this quantity 578 579 indicates the contamination level of a location regardless of radionuclide depth profile. 580 Alternatively, in situ measurements using a portable Ge semiconductor detectors are 581 sometimes performed (Mikami et al., 2015). Furthermore, computer modelling could be used 582 to determine the radionuclide concentrations in the environment. For example, simulations of 583 air dispersion enable the analysis of the movement of radionuclides within the environment, 584 and thus provide predicted values of radionuclide concentrations in air and on the ground. For 585 evaluating the exposure, these data need to be related to the effective dose rates or organ 586 equivalent dose rates experienced by exposed individuals located within the vicinity of where 587 the modelled or measured radionuclide environmental concentration is present.
- 588 (22) The second method (DC2 in Fig. 2.2) is employing conversions based upon 589 measurement of dose rates in air. Historically, dose rates in air have been measured in terms 590 of air kerma rate or air absorbed dose rate (both in units of Gy h⁻¹). After the introduction of 591 the operational quantity ambient dose equivalent, the ambient dose equivalent rate (in Sv h⁻¹) 592 was also applied to environmental radiation monitoring and has been widely used. An 593 enormous amount of air dose rate data has been accumulated in terms of Gy h⁻¹ and Sv h⁻¹, 594 and these data are converted to effective dose and equivalent dose rates with dose rate



coefficients expressed in units of Sv Gy⁻¹ or Sv Sv⁻¹. UNSCEAR (2013) has used the value of 595 0.7 for conversion from air absorbed dose (Gy) to effective dose (Sv). This is considered to be 596 597 a representative value for adults; however, this value could change according to the source 598 distribution, energy spectrum and age of exposed individual. For example, this value is 599 obviously lower for low energy photon sources. It must be noted that ambient dose equivalent 600 needs also to be converted to effective dose for appropriate dose evaluations in the 601 environment even though the units are the same (i.e. Sv h⁻¹). After the radiological accident in the Fukushima NPP, ambient dose equivalent was often erroneously regarded to be equal to 602 603 effective dose without the application of any dose rate coefficients, and this resultantly led to 604 overestimation of exposure doses to members of the public.

(23) The third method (DC3 and then DC2) demonstrated in Fig. 2.1 is employed when the 605 estimation of dose rates in air (i.e. absorbed dose rates in Gy h⁻¹ and ambient equivalent dose 606 607 rates in Sv h⁻¹) is necessary in addition to the estimation of effective dose and equivalent dose rates (Sv h⁻¹). From a viewpoint of environmental radiation monitoring, the measured dose 608 609 rate in air at 1 m height is a very important quantity and can be compared with the value 610 calculated using method DC3. To calculate the effective or equivalent dose a two-step approach, DC3 followed by DC2, can be used. First, the radionuclide concentration in the 611 environment (Bq m⁻² or Bq m⁻³) is converted to dose rate in air at 1 m height using DC3 and 612 613 then the dose rate in air can be converted to effective dose and equivalent dose rate with DC2. 614 In principle, the effective dose and equivalent dose rates obtained by the two-step method 615 provide similar values to those which would have been obtained directly using DC1 given the 616 same initial conditions.

(24) If the source conditions are not typical and DC3 cannot provide reliable estimation of 617 618 dose rates in air, and if direct measurements are difficult, a modified two-step approach could 619 be applied. First, dose rates are evaluated taking into account the specific conditions of the 620 contamination situation, then the evaluated air dose rates are converted to effective dose and 621 equivalent dose rates using DC2. This approach was used after the Fukushima NPP accident, 622 for cases where the deposition density per unit area and depth profile of radionuclides deposited on the ground varied significantly with location, especially if decontamination was 623 624 performed. In such complex contamination conditions, dose rates in air in terms of ambient 625 equivalent dose rate are evaluated, taking into account precisely the horizontal and vertical 626 distribution of radioactive caesium, as performed by Malins et al. (2016) who aimed at 627 investigating the efficiency of decontamination work postulating different decontamination 628 methods and extents. The dose rate in air obtained in this way could be further converted into 629 effective dose or equivalent dose rates by applying DC2, which is an approach less sensitive 630 to source distribution.





Fig. 2.1. Schematic representation of evaluation of effective and organ equivalent dose rates

in the environment. DC1-DC3 indicate the different methods of dose evaluation, as explained

in section 2.



3. DOSIMETRIC QUANTITIES USED IN RADIOLOGICAL PROTECTION

639 **3.1. Organ absorbed dose and equivalent dose**

640 (25) The mean absorbed dose averaged over the volume of organs and tissues is the 641 primary scientific quantity from which effective dose, *E*, is calculated. Absorbed dose (*D*) is 642 defined as the quotient of mean energy $d\overline{\varepsilon}$, imparted by ionising radiation in a volume 643 element and the mass, dm, of the matter in that volume:

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 $D = \frac{\mathrm{d}\overline{\varepsilon}}{\mathrm{d}m} \tag{3.1}$

(26) The SI unit of absorbed dose is J kg⁻¹ and its special name is gray (Gy). Absorbed dose is derived from the mean value of the stochastic quantity of energy imparted, ε , and does not reflect the random fluctuations of the interaction events in tissue. While it is defined at any point in matter, its value is obtained as an average over a mass element d*m* and hence over many atoms or molecules of matter.

652 (27) When using the quantity absorbed dose in radiological protection, doses are averaged 653 over tissue volumes. It is assumed that for low doses, the mean value of absorbed dose 654 averaged over a specific organ or tissue can be correlated with radiation detriment for 655 stochastic effects in that tissue with an accuracy sufficient for the purposes of radiological protection. The averaging of absorbed dose is carried out over the volume of a specified organ 656 657 (e.g. liver) or tissue (e.g. active bone marrow) or the sensitive region of a tissue (e.g. endosteal surfaces of the skeleton). Absorbed dose D is used to set limits on organ/tissue 658 doses to prevent tissue reactions (deterministic effects). 659

660 (28) Equivalent dose, $H_{\rm T}$ to a tissue or organ is defined as:

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$$H_{\rm T} = \sum_{\rm R} w_{\rm R} D_{\rm T,R} \tag{3.2}$$

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664 where w_R is the radiation weighting factor for radiation type R, and $D_{T,R}$ is the organ absorbed 665 dose from radiation type R in a tissue or organ T of the age-specified Reference Male or 666 Female. Since w_R is dimensionless, the SI unit for the equivalent dose is the same as for 667 absorbed dose, J kg⁻¹, and its special name is sievert (Sv). Values of w_R are shown in Table 668 3.1 and are taken from *Publication 103* (ICRP, 2007).

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Table 3.1. ICRP radiation weighting factors.

Radiation Type	Radiation Weighting Factor, <i>w</i> _R				
Photons	1				
Electrons and muons	1				
Protons and charged pions	2				
Alpha particles, fission fragments,	20				
heavy ions					
Neutrons	Continuous function of neutron energy				
	See Eqn. 4.3 of <i>Publication 103</i>				



671 **3.2. Effective dose**

672 (29) The effective dose, *E*, introduced in *Publication 60* (ICRP, 1991) is the risk-related 673 quantity in radiation protection and is defined as a weighted sum of tissue equivalent doses. In 674 accordance with the definition of effective dose in *Publication 103* (ICRP, 2007), the 675 effective dose is computed as:

676

$$E = \sum w_T \left[\frac{H_T^M + H_T^F}{2} \right]$$
(3.3)

677

678 where H_T^M and H_T^F are the equivalent doses to the tissues or organs T of the Reference Male 679 and Female, respectively, and w_T is the tissue weighting factor for target tissue T, with $\Sigma w_T =$ 680 1. The sum is performed over all organs and tissues of the human body considered to be 681 sensitive to the induction of stochastic effects. Values of w_T are given in Table 3.2. (ICRP, 682 2007). Since w_R and w_T are dimensionless, the SI unit for effective dose is the same as for 683 absorbed dose, J kg⁻¹, and its special name is Sievert (Sv).

(30) Effective dose (*E*) was originally introduced for the control of occupational exposures
to external and internal sources of radiation. While the concept has remained essentially
unchanged through *Publication 60* (ICRP, 1991) to *Publication 103* (ICRP, 2007), its use has
been extended to members of the public of all ages, including in utero exposures of the foetus
(ICRP, 2001, 2004, 2006).

(31) ICRP provides effective dose coefficients for situations of external and internal
 exposures of workers and members of the public, and for radiopharmaceutical administrations
 to patients, as reference values for use in prospective and retrospective dose assessments.

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Table 3.2. ICKF tissue weighting factors (ICKF, 2007).							
	Tissue					WΤ	$\sum w_{\mathrm{T}}$
	Bone-marrow,	breast,	colon,	lung,	stomach,	0.12	0.72
	remainder tissues	(13*)					
	Gonads					0.08	0.08
	Urinary bladder, oesophagus, liver, thyroid					0.04	0.16
	Bone surface, brain, salivary glands, skin				0.01	0.04	

693 Table 3.2. ICRP tissue weighting factors (ICRP, 2007).

694

⁶⁹⁵ *Remainder tissues: adrenals, extrathoracic (ET) regions of the respiratory tract, gall bladder,

696 heart, kidneys, lymphatic nodes, muscle, oral mucosa, pancreas, prostate (male), small

697 intestine, spleen, thymus, uterus/cervix (female).

698

(32) E is calculated for sex-averaged Reference Persons at specified ages as defined in *Publication 89.* The *Publication 103* definition includes the specification of reference male and female anatomical models for radiation transport calculations. While exposures may relate to individuals or population groups, *E* is calculated for Reference Persons exposed in the same way.

(33)Effective dose (*E*), in units of sievert (Sv), is accepted internationally as the central radiological protection quantity and is used for regulatory purposes worldwide, providing a risk-adjusted measure of total body dose from both external and internal sources in relation to stochastic risks of cancer and hereditary effects, expressed in terms of detriment. It has proved to be a valuable and robust quantity for use in the optimisation of protection and in setting of control criteria such as dose limits, constraints and reference levels. In its general application, effective dose does not provide an individual-specific dose but it rather applies to a reference



711 person under the same exposure situation. As such, the effective dose cannot be used for the 712 assessment of individual risk (ICRP, 2007).

713 3.3. Air kerma

714 (34) For measuring external radiation, basic physical quantities that relate the radioactivity 715 in the environment with the protection and the operational quantities are required. National 716 and international standards laboratories maintain standards and reference radiation fields that 717 are specified and described in terms of these quantities for calibration of instruments and 718 dosimeters. Air kerma free-in-air, Kair, has been used for this purpose (ICRU, 1994, 2014; 719 ICRP, 1996b). In further text throughout this *publication*, the quantity air kerma free-in-air is 720 usually referred to simply as 'air kerma'.

- (35) The kerma, K, for ionising uncharged particles, is given by 721
- 722

 $K = \frac{dE_{tr}}{dm} \qquad (3.4)$ where dE_{tr} is the mean sum of the initial kinetic energies of all the charged particles liberated 723 724 in the mass (dm) of a material by the uncharged particles incident on dm. The unit of kerma is J kg⁻¹, and has the special name gray (Gy). The quantity (dE_{tr}) includes the kinetic energy 725 of the charged particles emitted in the decay of excited atoms/molecules or in nuclear de-726 727 excitation or disintegration.

3.4. Operational quantities 728

(36) The protection quantities 'organ equivalent dose' and 'effective dose' are not 729 730 measurable, and therefore cannot be used directly as quantities in radiation monitoring. 731 Operational quantities are thus used for the assessment of the protection quantities (effective 732 dose, or equivalent dose in tissues or organs). The operational quantities aim to provide a 733 reasonable estimate of the values of protection quantities relevant to the exposure of humans 734 to external radiations under most irradiation conditions (ICRU, 1985, 1988, 1993).

- 735 (37) The operational quantities are defined using the quantity dose equivalent, H (ICRU, 736 1985). H is the product of Q and D at a point in tissue; thus, H = QD, where D is the 737 absorbed dose and Q is the quality factor at that point. Q is defined as a function of 738 unrestricted linear energy transfer (L_{∞} , often denoted as L or LET) of charged particles in 739 water (ICRP, 1996b).
- 740 (38) For area monitoring, two quantities, namely, the ambient dose equivalent, $H^*(d)$, and 741 the directional dose equivalent, $H'(d, \Omega)$, are used to link external radiations to the effective 742 dose and to the equivalent dose in the lens of the eye and local skin. $H^*(d)$, at a point in a 743 radiation field, is the dose equivalent that would be produced by the corresponding expanded 744 and aligned field, in the ICRU sphere at a depth (d), on the radius opposing the direction of 745 the aligned field. $H'(d, \Omega)$, at a point in a radiation field, is the dose equivalent that would be 746 produced by the corresponding expanded field, in the ICRU sphere at a depth (d) on a radius 747 in a specified direction ($\boldsymbol{\Omega}$).
- (39) For individual monitoring, the personal dose equivalent, $H_p(d)$, is used. $H_p(d)$ is the 748 749 dose equivalent in soft tissue, at an appropriate depth, d, below a specified point on the body. 750 The specified point is usually given by the position where the individual's dosimeter is worn.
- 751 (40) The recommended values of d are chosen for the assessment of various doses: d = 10752 mm for effective dose, d = 3 mm for dose to the eve lens, and d = 0.07 mm for dose to the



skin and to the hands and feet. The unit of ambient dose equivalent, directional dose equivalent, and personal dose equivalent is $J kg^{-1}$, and has the special name sievert (Sv).



THE ICRP REFEENCE PHANTOM 4.

757 4.1. Adult reference computational phantoms

758 (41) Computational phantoms of the human body – together with radiation transport codes - have been employed for many years in the evaluation of organ equivalent dose rate 759 coefficients in environmental radiation protection. During the last two decades, voxel 760 761 phantoms were introduced that are derived mostly from (whole body) medical image data of 762 real persons instead of the older mathematical MIRD-type body models. A voxel model (or 763 phantom) is a three-dimensional representation of the human body in the form of an array of 764 identification numbers, arranged in slices, rows, and columns. Each entry in this array 765 represents a tissue voxel; organs are then represented by those voxels having the same identification number and are spatially arranged to represent the organ volume. More 766 767 information on voxel phantoms, their development and use can be found elsewhere (Xu and 768 Eckerman, 2010).

769 (42) For the computation of organ absorbed doses, the adult male and female reference 770 computational phantoms, representing the ICRP Reference Adult Male and Reference Adult 771 Female (ICRP, 2007) were used in this report. These phantoms were adopted by ICRP and ICRU as the phantoms for the computation of the ICRP reference dose coefficients and are 772 773 extensively described in Publication 110 (ICRP, 2009a). The reference computational phantoms are based on human computed tomographic (CT) data and were constructed by 774 775 modifying the voxel models (Zankl and Wittmann, 2001; Zankl et al., 2005) of two 776 individuals (Golem and Laura) whose body height and mass closely resembled the reference 777 data. The organ masses of both phantoms were adjusted to the ICRP data given in Publication 778 89 (ICRP, 2002) on the Reference Male and Reference Female with high precision, without 779 significantly altering their realistic anatomy. The phantoms contain all target regions relevant 780 to the assessment of human exposure to ionising radiation for radiological protection 781 purposes, including all tissues and organs that contribute to the protection quantity effective 782 dose (ICRP, 2007).

783 (43) The male reference computational phantom consists of approximately 1.95 million 784 tissue voxels (excluding voxels representing the surrounding vacuum) each with a slice 785 thickness (corresponding to the voxel height) of 8.0 mm and an in-plane resolution (i.e. voxel 786 width and depth) of 2.137 mm, corresponding to a voxel volume of 36.54 mm³. The number 787 of slices is 220, resulting in a body height of 1.76 m and total body mass of 73 kg. The female 788 reference computational phantom consists of approximately 3.89 million tissue voxels, each 789 with a slice thickness of 4.84 mm and an in-plane resolution of 1.775 mm, corresponding to a 790 voxel volume of 15.25 mm³. The number of slices is 346, and thus the body height is 1.63 m 791 and the total body mass is 60 kg. The number of individually segmented structures is 136 in 792 each phantom, and 53 different tissue compositions have been assigned to them. The various 793 tissue compositions reflect both the elemental composition of the tissue parenchyma (ICRU, 794 1992) and each organ's blood content (ICRP, 2002) (i.e. organ composition inclusive of 795 blood). Fig. 4.1 shows frontal (coronal) views of the male (right) and female (left) 796 computational phantom, respectively.

797 (44) Due to the limited resolution of the source tomographic data upon which these 798 phantoms were constructed, and the very small dimensions of some of the ICRP defined 799 source and target regions, not all tissues could be explicitly represented. In the skeleton, for 800 example, the target tissues of interest are the haematopoietically active bone marrow located 801 within the marrow cavities of spongiosa, as well as the endosteal layer lining the surfaces of



the bone trabeculae and the inner surfaces of the medullary cavities of the long bones (presently assumed to be 50 μm in thickness). Due to their small dimensions, these two target tissues had to be incorporated as homogeneous constituents of spongiosa within the reference phantoms. At lower energies of photon and neutrons, secondary charged-particle equilibrium is not fully established in these tissue regions over certain energy ranges. Consequently, more refined techniques for accounting for these effects in skeletal dosimetry were used in this report, and are discussed more fully within Annex A.

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810 811 Fig. 4.1. Images of the adult male (right) and adult female (left) computational phantoms

- 812 (ICRP, 2009a). The following organs can be identified by different surface colours: breast,
- 813 colon, eyes, lungs, liver, pancreas, salivary glands, small intestine, stomach, thyroid and
- 814 urinary bladder, testes, teeth. Muscle and adipose tissue are semi-transparent.

815 **4.2. The paediatric phantoms**

(45) The series of ten ICRP paediatric computational phantoms are the following:

- 817 Newborn Male and Female
- 818 1-year-old Male and Female
- 819 5-year-old Male and Female
- 820 10-year-old Male and Female
- 821 15-year-old Male and Female

(46) These phantoms were derived from a series of computational phantoms developed
originally at the University of Florida (UF) and later in collaboration with the National Cancer
Institute (NCI). Consequently, the original phantoms from which the ICRP paediatric
phantoms were derived are presently referred to as the UF/NCI phantom series (Lee et al.,
2010). The UF/NCI phantoms are of a third generation of phantom technology – hybrid
phantoms – in which the outer body contour and internal organ surfaces are modelled using
the computer animation techniques of either polygon mesh or NURBS (Non-Uniform



829 Rational B-Spline) surfaces depending on the complexity of anatomical structures. The 830 polygon meshes are a cluster of adjacent triangles, while the NURBS surfaces are a cluster of 831 3D points in space between which a surface is interpolated. Within the past few years, 832 computational phantoms in these two formats can be directly used in some Monte Carlo 833 transport codes as necessary. However, most transport codes still utilise a voxel format, 834 composed of tiny cuboidal prisms. A computer script was thus used to convert the UF/NCI 835 hybrid phantoms from their surface format to a voxel format for Monte Carlo simulations 836 conducted in the current Publication. These ICRP reference paediatric phantoms in voxel format are thus consistent with the format of the ICRP Publication 110 reference adult 837 838 phantoms (ICRP, 2009a).

839 (47) As noted in Lee et al. (2010), the UF/NCI series of phantoms are traceable directly to 840 real human anatomy. The newborn phantom is based upon full-body CT imaging of a 6-day 841 female cadaver, while the remainder of the paediatric series (1-year-old to 15-year-old phantoms) are based upon combinations of head CT images, full torso CT images, and 842 843 rescaled CT-based images of adult arms and legs. The latter approach was necessary since 844 medical imaging of children rarely include the arms within the imaging field. From the initial series of segmented images, various anatomic sources were used to resize both internal organ 845 846 anatomy and exterior body size. The most important document used was Publication 89 847 (ICRP, 2002) providing internal organ masses, and values of total weight and height. 848 Additional reference sources were used to target various body circumferential dimensions not 849 given as reference values in Publication 89. The final series of the UF/NCI hybrid phantoms 850 thus fully conforms to reference anatomy specified by the Commission and are fully traceable to real human CT anatomy. In this manner, the ICRP paediatric phantom series is fully 851 852 compatible with the process used to develop the *Publication 110* phantoms, which also were 853 based upon segmentation of real human CT anatomy.

(48) Another unique feature of the ICRP paediatric phantoms (and of the UF/NCI 854 855 phantoms), is their explicit coupling to microCT based models of skeletal dosimetry. As noted 856 in Hough et al. (2011) and in Johnson et al. (2011), an extensive series of cadaver bone 857 harvests, ex-vivo skeletal CT imaging, and ex-vivo spongiosa core microCT imaging, were 858 used to construct models of tissue dosimetry in the skeletons of the ICRP reference adult 859 phantoms. This work is more formally described Annexes D and E of Publication 116 (ICRP, 860 2010). The paediatric series of ICRP reference phantoms similarly have accompanying models of skeletal anatomy at both its macrostructural and microstructural dimensions. Thus, 861 862 the methods proposed in Publication 116 (ICRP, 2010) for external photons and neutrons, and 863 in Publication 133 (ICRP, 2016a) for internal beta and alpha particles, as well as photons, for 864 the ICRP *Publication 110* adult phantoms, are available in reporting skeletal tissue dosimetry 865 to paediatric members of the reference series.

- (49) The following further refinements have been made to the UF/NCI series of paediatric
 phantoms (Pafundi, 2009; Wayson, 2012):
- A sub-segmented skeletal model to include regions of cortical bone, spongiosa, and
 medullary marrow
- Photon dose response functions for internal and external photon dosimetry to active
 marrow and endosteum
- New age-specific regional blood distribution model (Wayson, 2012)
- Corresponding model of the major blood vessels
- Separation of subcutaneous fat and skeletal muscle from what was formally residual soft tissues (RST)
- Inclusion of lymphatic nodes see Lee et al. (2013)



(50) The series of ICRP paediatric reference phantoms are in voxel format, and fully
conform to the framework established in *Publication 110* (ICRP, 2009a). All organs and
tissue structures modelled in the ICRP *Publication 110* reference adult male and female
phantoms are included in the series of ICRP paediatric phantoms with consistent ID numbers
(see Annex A of *Publication 110*). Representative images of the ICRP paediatric series are
given in Fig. 4.2.

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Fig. 4.2. Series of ICRP reference paediatric phantoms. The male and female newborn, 1-, 5and 10-year-old phantoms are anatomically identical, except for their gonads.

888 (51) While the ICRP paediatric reference phantoms are identical in format to the ICRP 889 Publication 110 (ICRP, 2009a) adult phantoms regarding the ID numbers of the various 890 source and target organs, one important difference is the voxel resolution. One of the main 891 advantages of hybrid phantom technology is that in the conversion of the polygon 892 mesh/NURBS format of the phantom to the voxel format of that same anatomy, one can select 893 the voxel resolution. Table 4.1 tabulates the voxel resolutions, array size, and total matrix size 894 finally adopted for the ICRP paediatric phantoms. These ensure continuous conformance with 895 the 1% matching of reference masses as well as conform to reference total skin thickness as 896 given by data in *Publication 89*. It is noted that for the newborn phantom, the voxels are cubic 897 (i.e., same thickness in x, y, and z directions), while rectangular prisms with larger z-898 dimension than xy-dimensions were adopted for the older phantoms so as to keep the matrix 899 size constant at 55 million voxels in total. In contrast, the ICRP Publication 110 adult male 900 and female phantoms have total matrix sizes of 1.9 and 3.9 million voxels, respectively. The 901 need for higher resolution is to preserve organ anatomy in the smaller anatomy of the 902 paediatric reference individuals.



904 Table 4.1. Voxel resolution, voxel number, and total matrix size of the ICRP paediatric 905 computational phantom series.

Phantom	Resolution (cm)			Array size			Matrix size
	Х	Y	Z	Х	Y	Ζ	(million)
Newborn Female	0.0663	0.0663	0.0663	350	215	720	54.2
Newborn Male	0.0663	0.0663	0.0663	350	215	720	54.2
1 – Year Female	0.0663	0.0663	0.1400	396	253	550	55.1
1 – Year Male	0.0663	0.0663	0.1400	396	253	550	55.1
5 – Year Female	0.0850	0.0850	0.1928	424	235	576	57.4
5 – Year Male	0.0850	0.0850	0.1928	424	235	576	57.4
10 – Year Female	0.0990	0.0990	0.2425	432	226	580	56.6
10 – Year Male	0.0990	0.0990	0.2425	432	226	580	56.6
15 – Year Female	0.1200	0.1200	0.2828	408	242	574	56.7
15 – Year Male	0.1250	0.1250	0.2832	416	230	590	56.5



909 910

5. SIMULATION OF THE ENVIRONMENTAL RADIATION FIELD (STEP 1)

911 (52) Photons emitted from sources distributed in the environment are scattered and/or 912 absorbed in both air and soil, and their energy spectrum and angular distribution in air have 913 specific features dependent on the initial energy and spatial distribution of the emission sites. 914 In the case of volumetric sources in air or ground, the angular distribution of incident photons 915 is nearly uniform for the hemisphere from which the source originates, while small amounts 916 of scattered photons emerge from the opposing semi-sphere (Saito et al., 1998). In case of 917 deposited sources in the ground, the dominant component of photons is incident along 918 horizontal directions. Monte Carlo method is a suitable tool able to simulate the particle 919 transport and the detailed environmental conditions.

920 (53) For simulating the exposure to environmental radiation, the following three typical 921 cases of environmental sources have been addressed in this report: (1) soil (ground) 922 contamination, simulated as fully infinite planar sources on the surface and at different depths 923 in the ground; (2) air submersion, simulated as a semi-infinite volume source in air; and (3) 924 water immersion, simulated as a fully infinite source in water. The first source simulates the 925 deposition of radionuclides on and below the ground surface, by assuming an infinite planar 926 source on the surface and in the soil. The second source configuration models the gaseous 927 radioactive release into the atmosphere at locations which are not too near to the release point, 928 by assuming a homogeneous contamination of the air in a semi-spherical region above a 929 smooth air-ground interface of radius whose dimension depends on the mean free path of the 930 photons of interest. The third source simulates immersion in uniformly contaminated water. 931 For the first and second source configurations, the human body is assumed to be standing up-932 right on the ground, while for water exposures, the human body is assumed to be fully 933 immersed.

934 (54) The transport of radiation particles in the environment was simulated using the Monte 935 Carlo simulation package Particle and Heavy Ion Transport code System (PHITS) (Sato et al., 2013). PHITS is a multi-purpose Monte Carlo code that simulates the transport and 936 937 interaction of hadrons, leptons, and heavy ions in arbitrary three-dimensional geometries. 938 Version 2.66 of the PHITS code was used in this report (Sato et al., 2013). For simulating 939 photon and electron transport, respectively, the atomic data libraries MCPLIB04 (White, 940 2003) and EL03 (Adams, 2000) were employed. These libraries provide precise cross-section 941 data and can treat various physical processes of both photons and electrons.

942 (55) PHITS defines the geometry of the calculation model in terms of the combinatorial 943 geometry (CG) and the general geometry (GG). In addition, a capability for describing 944 repeated structures and lattice geometries is available to define three-dimensional voxel 945 phantoms. PHITS has a function to draw 2-dimensional and 3-dimensional figures of the 946 calculation geometries as well as the computed data results using a graphic package ANGEL 947 (Niita et al., 2010).

948 (56) In the environmental radiation transport simulation for photon sources, only photons 949 were transported and secondary electrons generated by photon interactions were not followed. 950 This is because the secondary electrons lose their energies continuously and stop within a 951 short distance in the environmental media. However, bremsstrahlung photons generated by 952 secondary electrons have maximum energies comparable to those of the secondary electrons 953 and are able to propagate across long distances. The production of the bremsstrahlung photons, and their energy and emission angle were sampled at the interaction point based on a 954 955 thick-target bremsstrahlung approximation model (MCNP, 2003). For electron sources, both 956 the primary electrons and their secondary photons were transported in the environment.



957 (57) As previously mentioned, the radiation field computed due to monoenergetic radiation 958 emissions from within the contaminated air and soil was expressed as the position, angle of 959 incidence, and energy of the particles incident on the surface of a virtual cylinder of 2 m 960 height and 0.6 m diameter, which surrounds the exposed individual, and is termed the 961 coupling cylinder. As the phantom was not present in this first step, the same coupling cylinder source could be applied for all phantoms. Saito et al (1990) had previously examined 962 963 the perturbation of the photon fields on the human body and found it to be insignificant under 964 the conditions considered above. Fig. 5.1 shows schematically which particles were recorded 965 on the surface of the coupling cylinder.



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968

Fig. 5.1. Schematic representation of particle transport during Step 1 and Step 2 of the calculation.

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972 (58)To cover the wide energy range of radiations that are emitted by many different
973 radionuclides, the monoenergetic photon and electron energies considered were varied from
974 0.01 to 8 MeV.

975 5.1. Soil contamination

976 (59) Soon after deposition, radionuclides deposited on the ground are assumed to form a 977 planar source at the ground surface. Over time, these radionuclides will migrate or leach into the soil thereby developing diverse concentration depth profiles in terms of both shape and 978 979 degree of soil penetration (Matsuda et al., 2015). In many cases, the distribution of 980 radionuclides with respect to soil depth could be approximated as being due to many infinite 981 planar sources within the ground. These functions could have various characteristics, showing 982 peaks at different depths in the soil. Since it is not practical to simulate every radionuclide/soil 983 migration function, the simulation of a series of planar radiation sources at different depths 984 can provide basic data enabling one to extrapolate or interpolate these results to model diverse 985 source profiles within the contaminated ground.

(60) The air-over-ground geometry was modelled such as air bounds on the ground with an
infinite flat surface. In the real environment, the terrain is not normally flat nor infinite;
however, the infinite flat terrain could well represent most real situations for dose evaluation.


For example, in case of an exponentially distributed ground source with a relaxation mass per area of 1 g cm⁻², which is a typical depth observed soon after radionuclide ground deposition, approximately half of the measured ambient dose equivalent at 1 m height is attributed to photons from sources within a radius of 5 m in the ground (Malins et al., 2016). Thus, a limited series of flat ground surface areas is considered to adequately model the exposure for many real exposure situations.

995 (61) The monoenergetic radioactive sources were defined as planar sources at depths in soil 996 expressed in terms of mean free paths (mfp) of photons in soil: 0.0 (i.e. the contamination is 997 on the surface), 0.2, 1, 2.5 and 4 mfp. For most exposure situations, the consideration of mean 998 free paths up to 4 would be sufficient (Eckerman and Ryman, 1993); however, the source 999 depth profile might be changed, due to, for example, ploughing. Thus, dose rate coefficients 1000 for a wider range of mean free paths would be useful and had been therefore considered to 1001 facilitate an accurate integration when determining dose rate coefficients for continuous 1002 source-depth profiles. The air-ground interface (0 mm) is a flat planar source without any soil 1003 covering the source. This is an idealised geometry and does not exist in reality, as there is a 1004 variety of factors that provide shielding from ground surface sources. These include the 1005 presence of vegetation, surface roughness, and particle movement due to gravitational forces 1006 (Burson and Profio, 1977; Kocher and Sjoreen, 1985; Jacob and Paretzke, 1986). Furthermore, the depth of 0.5 g cm^{-2} was considered, as representative of the surface 1007 roughness and initial migration following precipitation. It simulates the deposition of 1008 1009 radionuclides in the ground the first years after migration (ICRU, 1994). This source depth is 1010 consistent with earlier work by Saito et al. (1990) and Petoussi et al. (1991) and with the recent work of Petoussi-Henss et al. (2012), Yoo et al. (2013a), Bellamy et al. (2018). It has 1011 been also shown previously that for a ¹³⁷Cs/^{137m}Ba source distributed as a planar source at a 1012 depth of 0.5 g cm⁻², the air kerma in air is reduced by a factor of 0.67, compared to a purely 1013 1014 surface planar source on the ground (UNSCEAR, 2016). Therefore, in the present report, dose 1015 rate coefficients for contaminated ground planes are presented for surface contamination, 1016 contamination at depths expressed as mfp, as described before, as well as for a planar source at depth of 0.5 g cm⁻² which is equivalent to 3 mm of soil with density of 1.6×10^3 kg m⁻³ 1017 1018 representing the ground roughness.

(62) Fig. 5.2 (left) shows schematically the simulation geometry, which consists of a right 1019 1020 circular cylinder constructed from a layer of air with a height of 3 mfp and of soil with a 1021 depth depending on the photon energy: 2 mfp of photons in soil for source depth 0.0 mfp and 1022 0.2 mfp; 3 mfp for source depth of 1.0 mfp; 3.5 mfp for source depth of 2.5 mfp; 5 mfp for 1023 source depth of 4.0 mfp. The additional thickness of at least 1 mfp below the source depth 1024 was considered sufficient to account for backscatter events in the deeper layers. The radius of 1025 the cylinder corresponds to about five times the mean free path of the relevant photons in air. 1026 A previous study (Satoh et al., 2014) has shown that this size of simulation geometry is 1027 sufficient to properly treat photon transport in the contaminated environment.





Soil thickness = 2-5 mfp of photons in soil depending on photon energy

1029 1030

Fig. 5.2. Schematic representation of the geometry simulating the environmental field due tosoil contamination, mfp: mean free path.

1033

1034 (63) Table 5.1 lists the density and elemental composition of air and soil adopted in the computations of this report. The values were obtained from the data for soil (Type 1) provided 1035 1036 by the International Commission on Radiation Units & Measurements (ICRU) (ICRU, 1994) and dry air from the National Institute of Standards and Technology (NIST) (Berger et al., 1037 1038 2005), respectively. The densities of soil and air were considered to be 1 g cm⁻³ and 1.2×10^{-3} g cm⁻³, respectively. In real environmental exposure situations, the soil densities are mostly 1039 higher than 1×10^3 kg m⁻³ and could vary according to both location and depth; however, this 1040 variation does not affect the relation of source intensity to the radiation field in air, if source 1041 depth is expressed in terms of g cm⁻². Furthermore, it has been shown that changes in soil 1042 composition do not significantly alter the transported photon fields at the phantom coupling 1043 1044 surface (Saito and Jacob, 1995).

1045

1046Table 5.1. Density and elemental composition of air (Berger et al., 2005) and soil (ICRU,10471994).

	Density		Elemental composition (wt%)						
Material	g cm ⁻³	Н	С	N	0	Al	Si	Ar	Fe
Air	1.2×10^{-3}	-	1.24x10 ⁻²	75.53	23.18	-	-	1.28	-
Soil	1.0	2.20	-	-	57.50	8.50	26.20	-	5.60

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(64) The radiation field was derived for 25 initial photon energies, ranging from 0.01 to 8
 MeV, so as to cover the wide energy spectra of natural occurring and artificially produced
 radionuclides. The soil was assumed as a planar air-ground interface and scatter and
 absorption of the radiation fields in both air and ground were considered in the calculations.

(65) Electron planar sources were also considered for the surface of the soil; for other
 depths, primary electron sources were not transported since they will not travel sufficiently far
 to reach the surface. Initial electron energies from 0.01 to 8 MeV were considered. For



electron sources, both electrons and secondary photons were transported. It should be notedthat bremsstrahlung x-rays were considered in both the soil and air exposure scenarios.

1058 (66) From the transport calculations in the environment, individual particles were recorded 1059 at the surface of a virtual cylinder termed the 'coupling cylinder'. This cylinder is positioned on the ground concentric with the simulation geometry, as depicted in Fig. 5.2 (right). The 1060 diameter of the cylinder is 0.6 m, and its height is 2 m. The phase-space coordinates are 1061 1062 recorded for particles that cross the surface of the cylinder and consists of the spatial 1063 coordinates (x, y, x), momentum (p_x , p_y , p_z), kinetic energy, and Monte Carlo weight. In order to avoid counting a particle as it exits the cylinder, the space inside the coupling cylinder is 1064 treated as an ideal absorber such that the Monte Carlo code terminates the transport of the 1065 1066 particle when it enters this region. The data were recorded to an external file in ASCII format 1067 to be used for the Step 2 calculations - organ equivalent dose calculations within the 1068 phantoms. The small fraction of those photons that could be scattered back into the cylinder from the ground or air, is followed in Step 2 calculations (i.e., particles starting from the 1069 1070 surface of coupling cylinder). More details on the method can be found in Satoh et al. (2015).

1071 (67) To reduce the variance of the Monte Carlo simulations, the uniform source was 1072 reproduced by increasing the number of radioactive decays per unit area and decreasing the 1073 Monte Carlo weight of particles released by radioactive decay as its emission point 1074 approaches the coupling cylinder (Satoh et al., 2015).

(68) Fig. 5.3 shows an example of the energy and angular distribution of environmental 1075 1076 photons from a source of 0.5 MeV at a depth of 0.2 mfp, at heights 0 - 0.40 m and 1.60 - 2.00 1077 m, as this is recorded on the surface of the coupling cylinder. The incident directions of photons are expressed as the sine of a vector parallel to the ground surface and the angles are 1078 1079 expressed as elevation angles. It can be seen, that, quite a large portion of the photons comes from the direction of 30° upwards and the majority of photons are between 0 and 30° with 1080 1081 respect to the horizontal plane. Consequently, they exhibit a rather pronounced horizontal 1082 bias.

(69) Uncollided photons are recorded in the highest energy bin. Overall, about 20% of the
recorded photons on the coupling cylinder never interact with the air. It should be noted that
the shape of the energy and angular spectra are rather independent of height.

(70) The directional distributions of scattered and uncollided photons for a source of 0.1
MeV at 1 and 4 mfp depths in the ground, respectively, are shown in Fig. 5.4. The scattered
photons show a small local maximum at shallow directions downwards, which is more
pronounced for 1 mfp than for 4 mfp. This is in agreement with the angular dependence of air
kerma for sources at 1 and 4 mfp, respectively, as reported by Eckerman and Ryman (1993).
The relative number of uncollided photons is considerably decreased from about 22% at 1
mfp to about 7% at 4 mfp.



1095

Fig. 5.3. Energy (left) and angular (right) distribution of an isotropic infinite source in the soil at a depth of 0.2 mfp, emitting 0.5 MeV monoenergetic photons. (left) The y axis shows the number of photons per energy bin (right). The y axis shows the number of photons per sine angle at the indicated height range. To differentiate these distributions from the respective distribution for all heights (Φ), they are marked by the superscript *j*.

1.0



Fig. 5.4. Angular distribution of scattered and uncollided photons for an isotropic infinite source in the soil at a depth of 1 mfp (left) and 4 mfp (right) emitting 0.1 MeV monoenergetic photons. The y axis shows the number of photons per sine angle. To differentiate these distributions from the respective total distribution (Φ), they are marked by the superscript *j*.

1108 **5.2. Submersion to contaminated air**

1109 (71) In the air submersion exposure scenario, the contaminated air represents the gaseous 1110 radioactive release into the atmosphere at locations which are not too near to the release point, 1111 and are assumed to be homogeneous in air activity concentration above a smooth air-ground 1112 interface. Near the release point, radionuclides in air distribute according to the Gaussian 1113 plume model, and positional relations between the Gaussian plume and the human body significantly affect the features of the radiation fields at the location where doses are 1114 1115 evaluated (Saito et al., 1998). For example, photons enter a human body mostly from above, if 1116 the human body is positioned below the plume; while, incident angles of photons are biased in 1117 horizontal directions, if the human body is at a far distance from the plume. Evaluating dose



1118 rate coefficients considering these complex situations is not practical, and thus the submersion 1119 model of this report is a reasonable approximation of exposures for most cases. Fig. 5.5 shows 1120 schematically the air submersion geometry. The geometry is considered to be semi-infinite in 1121 extent. The ground interface is assumed to be an uncontaminated flat surface of infinite area. The elemental composition of air is shown in Table 5.1 and corresponds to dry air at a density 1122 of 1.2 x 10⁻³ g cm⁻³. Bellamy et al. (2018) have estimated air kerma as a function of air 1123 1124 density and shows an example of these results for 1 MeV photons. The authors found that the 1125 functional relation between air kerma and air density is virtually independent of photon energy. Using these values, the dose rate coefficients for air submersion can be scaled to 1126 account for different air densities. With increasing humidity, the air density increases and 1127 1128 consequently the air kerma decreases (see Fig. 5.6). Thus, the dose rate coefficient per air 1129 kerma increases with increasing humidity.

(72) The number of histories, reduction variance techniques, and scoring of the particleswere similar to those mentioned above for soil contamination.

(73) The particles originated from the air region are transported and scored on the surface of the coupling cylinder, placed on the air ground interface. The coupling surface records the position, angle, energy of incident photons, and Monte Carlo weight as discussed in Section 5.1 regarding soil contamination. This method produces energy-dependent fluences. As for the soil contamination exposure scenario, calculations were performed for 25 monoenergetic sources of photons and electrons ranging from 0.01 to 8 MeV.

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Fig. 5.5. Schematic view of the geometry simulating submersion into contaminated air. The region coloured with yellow indicates the source region. For organ equivalent dose calculations, the medium inside the coupling cylinder is air. For electron exposures, the particles start not only from the surface of the cylinder but also from the inside of the cylinder (for photons this is not necessary since the mean free path of photons in air is long and the source inside the cylinder does not significantly contribute to the results of organ equivalent dose calculations).

- 1147
- 1148





Fig. 5.6 Air kerma as a function of air density for 1 MeV photons from Bellamy et al. (2018).

(74) Fig. 5.7 shows the energy spectrum of environmental photons from a source of 0.5
MeV at heights 0 - 0.40 m and 1.60 - 2.00 m. The incident directions of photons are expressed
as the sine of the vector parallel to the ground surface. It can be seen that for many photons,
no scattering is observed and most photons come from upper directions with little dependence
of their directional distribution on height.



1158 1159

Fig. 5.7. Energy (left) and angular (right) distribution of a semi-infinite source in the air emitting 0.5 MeV monoenergetic photons. (left) The y axis shows the number of photons per energy bin. (right) The y axis shows the number of photons per sine angle at the indicated height range. To differentiate these distributions from the respective spectrum for all heights (Φ) , they are marked by the superscript *j*.

1165

1166 **5.3. Water immersion**

(75) Water immersion might be rare in the pathway of environmental exposure.Nevertheless, many facilities have routine liquid effluent releases, and radioactive releases to



1169 the sea or contamination of surface waters have been observed after major radiological 1170 accidents. Highly contaminated water from a damaged reactor core and water pools resulting 1171 from damaged nuclear fuels can be released through direct or ground water discharge, as they 1172 occurred as a consequence of the accident at the nuclear power plant in Fukushima Prefecture, 1173 Japan, in 2011 (Buesseler et al., 2017). Radionuclides such as radioactive iodine and caesium 1174 were detected in tap water and the exposure due to contaminated water used for bathing had 1175 to be estimated. Moreover, radionuclides were also released into the sea and could be 1176 potentially harmful for people who enter the sea around the power plant following the 1177 accident.

- (76) Fig. 5.8 shows schematically the water immersion geometry. The source geometry is 1178 assumed to be infinite in extent. The water density is 1.0×10^3 kg m⁻³ and the composition by 1179 mass fraction is 0.112 for H and 0.888 for O, representing pure liquid water. The phantoms 1180 1181 are assumed to be completely immersed in the water and are placed at the centre of a sphere with a radius of 2 m, corresponding to 5 mfp at a photon energy of 8 MeV in water. 1182 1183 Monoenergetic sources photons and electrons are generated uniformly in the contaminated 1184 water. As for the other geometries, bremsstrahlung photons are directly transported by the 1185 PHITS Monte Carlo transport code. The organ equivalent dose rate coefficients for water 1186 immersion of the male and female phantoms at the six reference ages have been calculated in 1187 a single-step and thus no coupling cylinder was required.
- 1188



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Fig. 5.8. Schematic view of water immersion. The sphere is centred on the midpoint of thethree axes of the phantom.

1193 5.4. Calculation of air kerma and ambient dose equivalent in the environmental field

1195 (77) Air kerma and ambient dose equivalent has been widely used for the purpose of radiation protection after environmental exposures (ICRU, 1994; IAEA, 2000b). The air 1196 1197 kerma is a basic quantity related to photon energy fluence, and in natural environments it is 1198 substantially equivalent to the air absorbed dose which has been used by UNSCEAR to 1199 express dose rates in air (UNSCEAR, 2000, 2008). Absorbed dose in air has been used in 1200 environmental monitoring for many years, but it has been gradually replaced by the 1201 operational quantity ambient dose equivalent as seen in worldwide environmental monitoring 1202 data (European Commission Joint Research Centre, 2017). The ambient dose equivalent, 1203 defined as the dose equivalent for aligned and expanded radiation fields at a depth of 10 mm



1204 in the International Commission on Radiation Units and Measurements (ICRU) sphere 1205 consisting of ICRU 4-element tissue, is aimed to conservatively evaluate effective doses for 1206 diverse exposures (ICRU, 1993). Though originally the operational quantity ambient dose equivalent was introduced for radiation protection of workers (workplace monitoring), this 1207 dosimetric quantity has also been applied to environmental monitoring: the instruments for 1208 1209 monitoring of $H^*(10)$ generally have an isotropic response with respect to both energy and 1210 angular distributions of incident photons. Resultantly, these instruments work well in environmental fields which exhibit complex angular and energy distributions, even if they are 1211 calibrated under simple conditions such as for unidirectional irradiation using monoenergetic 1212 sources. Consequently, environmental monitoring data worldwide are generally expressed as 1213 dose rates in air reported as the operational quantity ambient dose equivalent (European 1214 1215 Commission Joint Research Centre, 2017).

1216 (78) In order to relate the air contamination and ground deposition densities of a radionuclide to dose rates in air, coefficients are required for both air kerma and ambient dose 1217 1218 equivalent rates. Many authors have published coefficients relating radionuclide concentration 1219 in the environment to air kerma rate (Dillman, 1974; O' Brien and Sanna, 1976; ICRU, 1994; 1220 Saito and Jacob, 1995), and to ambient equivalent rate (Lemercier et al., 2008; Saito and 1221 Petoussi-Henss, 2014), and these data have been used in environmental dose evaluations. In 1222 the present report, these coefficients have been recalculated considering air kerma and ambient dose equivalent rates at 1 m height above ground for both the soil contamination and 1223 1224 air submersion exposure geometries described above from monoenergetic photon sources. For 1225 the simulations, the Monte Carlo code PHITS (see section 5) was used and the same environmental conditions were considered as those applied in the calculation of the 1226 1227 environmental fields - see sections 5.1 and 5.2.

1228 (79) The calculation was made by simulating a 30 cm diameter sphere filled with and 1229 surrounded by air, at 1 m above the ground and by scoring the particles entering the sphere. 1230 The 30 cm sphere represents the size of a human torso and this size was considered appropriate. The transport simulation was restarted from the surface of the coupling cylinder 1231 1232 using the data in the external file created in the Step 1 of the calculations. Fig. 5.9 shows a 1233 schematic representation of the calculation geometry. The photon fluence scored at the air 1234 sphere is then converted to an air kerma rate and ambient dose equivalent rate using the dose 1235 coefficients given in Publication 74 (ICRP, 1996b). The relative uncertainties of these 1236 quantities were less than 1%.

(80) For soil and air contamination, the air kerma depends on the distance from the ground;
while this dependence is weak for sources in air, it is pronounced for planar sources in the
ground.





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Fig. 5.9. Schematic representation of calculation of air kerma and ambient dose equivalent. 1243

(81) On the basis of these results, ambient dose equivalent rate coefficients, $\dot{h}^*(10)$), in 1244 units of nSv h⁻¹ Bq⁻¹ m² or nSv h⁻¹ Bq⁻¹ m³ can be derived to relate the activity concentration 1245 to the ambient dose equivalent rate. Thus, the ambient dose equivalent rate can be 1246 1247 subsequently related to the effective dose rate.

1248 (82) Individual monitoring of the effective dose is performed with dosimeters calibrated in terms of personal dose equivalent, $H_p(d)$. The Task Group which developed this publication 1249 1250 decided not to include dose coefficients for $H_p(d)$. $H_p(d)$ is defined as the dose equivalent in soft tissue, at an appropriate depth, d, below a specified point on the body. The specified point 1251 1252 is usually given by the position where the individual's dosimeter is worn. Calibration of 1253 personal dosimeters is performed by exposure to unidirectional radiation at an incident angle 1254 (α), where α is the angle between the direction of incidence of radiation and the reference 1255 direction of the personal dosimeter mounted on the front face of the calibration phantom. These calibrations are typically performed for normally incidence radiations i.e. α =0.0. On 1256 the other hand, for the environmental fields considered in this publication, photons of wide 1257 1258 energy distribution are incident from various angles. Standardising reference radiation fields 1259 and calibration procedures simulating the environmental radiation have not been recommended by international organisations, such as the International Organization for 1260 Standardization (ISO) and the International Electrotechnical Commission (IEC). The 1261 1262 coefficients for $H_p(10)$ could be calculated using phantoms and environmental radiation sources by Monte Carlo simulations. However, methods of calibration of personal dosimeters 1263 1264 to link dosimeter readings to the dose rate coefficients of $H_p(d)$ have not yet been established 1265 for environmental exposures.

(83) Individual monitoring in environmental radiation fields has often been performed in 1266 1267 Japan after 2011, with dosimeters calibrated by irradiation of unidirectional radiation (Nuclear Regulation Authority Japan website, 2013). It is of significant concern whether the personal 1268 dosimeters calibrated in this way provide reasonable values for assessment of effective dose 1269 1270 in the environmental fields. To address the question, Satoh et al. (2017) analysed the relation of E, $H^*(10)$, and $H_p(10)$ in radiation fields originating from photon emissions from both 1271 ¹³⁴Cs and ¹³⁷Cs distributed in different depths in soil, where the personal dosimeters were 1272 1273 calibrated under the above simplified exposure conditions. A conclusion of their analysis is



that, both area monitoring and individual monitoring do provide reasonable estimates of 1274 1275 effective dose, for the conditions investigated.



12776. DETERMINATION OF DOSE RATE COEFFICIENTS FOR1278MONOENERGETIC PARTICLES (STEP 2)

1279 6.1. Monte Carlo photon and electron transport calculation in the 1280 anthropomorphic phantoms

(84) For the above discussed exposure geometries of contaminated soil and air, Step 2
calculations involved the computation of organ equivalent dose rate coefficients in each
gender-age-specific phantom resulting from the simulated radiation fields from Step 1
calculations. The recorded particle histories on the coupling cylinder were used as the source
irradiating the phantom and each phantom was placed inside the air-filled coupling cylinder.

(85) Particle transport calculations starting from the surface of the coupling cylinder were
performed with PHITS, version 2.66 (Sato et al., 2013). The atomic data libraries MCPLIB04
(White, 2003) and EL03 (Adams, 2000) were utilised for photon and electron transport,
respectively.

(86) Step 2 considers photon as well as electron fields as these were recorded on the
coupling cylinder. For photon fields, also secondary electrons were transported. The
combined relative uncertainty (i.e. one standard deviation) from both Steps 1 and 2
computations was less than 10% for most organs and tissues, where the dominating
contribution stems from the environmental field calculations.

(87) The computational methods for determining the equivalent dose rate to active marrowand skeletal endosteum are described in Annex A.

(88) For evaluating the absorbed doses to the sensitive layer of the skin, which is
considered to be 50-100 μm below the skin surface, polygon mesh formats of the reference
phantoms were applied, together with the Monte Carlo code GEANT4 (Agostinelli et al.,
2003). Further details on estimates of skin dose are given in Annex B.

(89) The organ equivalent doses were evaluated in the form of dose rate coefficients giving 1301 the mean organ equivalent dose rate normalised to a measurable environmental radioactivity 1302 1303 quantity. The doses are then estimated on the basis of the measured ground deposition levels (i.e. surface activity densities) or photon dose rate in the air, normalised to a unit deposit of 1304 1305 each radionuclide. As gamma ray measurements in the environment are performed at a height of 1 m above the ground surface, the normalisation quantity for measurements in air was 1306 selected to be air kerma and ambient dose equivalent at height 1 m above the ground at the 1307 1308 position of the body's longitudinal axis. Values of air kerma at 1 m height above the ground normalized to source activity are also given (see section 6.2). These coefficients are used to 1309 1310 facilitate normalisation to source activity (i.e. photon emission per unit area or per unit 1311 volume).

1312 (90) Organ equivalent dose rate coefficients for all defined organs/tissues, including all 1313 those explicitly noted in the definition of the effective dose, are given as equivalent dose rates 1314 per radioactivity concentration. Since this document refers to environmental exposures of 1315 photons and electrons, both of which have radiation weighting factor (w_R) equals to unity, the 1316 equivalent dose coefficients are numerically equivalent to their corresponding absorbed dose 1317 coefficients.

1318 (91) In order to avoid fluctuation by statistical uncertainty and obtain smooth curves of the 1319 organ equivalent dose rate coefficients as a function of photon and electron energy, data 1220 fitting uses applied using the piecewice subic Hermite function (Fritach and Corlean, 1080)



(92) It should be noted that, for monoenergetic photon and electron sources below 0.05 and
0.10 MeV, respectively, the organ equivalent dose rate coefficients were set to zero, if their
contribution to effective dose was below 1% and the value of the precedent energy was zero.
This was done to avoid discontinuities on the curves or to improve their smoothness.

(93) Reference values of the equivalent dose rate coefficients of organs and tissues for
which tissue weighting factors are defined (ICRP, 2007), as well as for the remainder tissues,
can be found in the electronic supplement to this report. The data are given separately for the
male and female adult and paediatric reference phantoms. These, since they have been
calculated with the ICRP reference phantoms, for reference geometries and following ICRP
methodology, are considered to be the ICRP reference data.

(94) The results of these calculations are used to derive radionuclide-specific dose rate
 coefficients through energy interpolation to obtain coefficients for the detailed photon and
 electron decay spectrum of each radionuclide as given in *Publication 107* - see section 7.

1334 **6.2. Dose rate coefficients for soil contamination**

(95) The absorbed dose delivered to internal organs and tissues is calculated by exposing the computational phantoms to the radiation fields obtained previously. The particle transport is re-started based on information on the particles histories written in the external file during the Step 1. The calculation efficiency is significantly improved by using the environmental radiation field obtained in the Step 1 which is in common to the Step 2 calculations for each reference phantom age and gender.

(96) The right side of the Fig. 6.1 illustrates the geometry of the Step 2 calculation. The
phantom is placed inside the coupling cylinder, and the remaining space is filled with air.
Owing to the fact that the simulation geometry is cylindrically symmetric, the transport
calculation is repeated 36 times by rotating the source position in 10° steps at the surface of
the cylinder around the central axis to avoid any directional bias.

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Fig. 6.1. Schematic representation of the geometry simulating the soil contamination. Left describes the Step 1 of the calculation and the right side of the Figure, the Step 2. "mfp" indicates mean free path.

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1357 (97) Dose rate coefficients for soil contamination were evaluated as the effective dose rate per activity concentration for monoenergetic sources of photons and electrons in soil, whose 1358 1359 energy ranges from 0.01 to 8 MeV along 25 energy points. The coefficients are given in the unit of nSv h⁻¹ Bq⁻¹ m². The effective dose rates were computed from the data of organ 1360 equivalent dose rates computed using the ICRP adult and paediatric (newborn, 1-, 5-, 10- and 1361 1362 15-year-old) reference computational phantoms as described in Section 4.2. The data for photons were evaluated for the sources uniformly distributed in the soil over a planar area and 1363 at specific depths of 0.0, 0.2, 1.0, 2.5 and 4.0 mfp for the photons emitted in the soil. 1364 Electrons were evaluated only for the sources located on the air-ground interface (i.e. no 1365 1366 accounting for electrons emitted at depth within the soil).

1367(98) For each source depth, 10 - 20 million photon histories were started, depending on the1368photon energy, from the recorded distributions on the coupling cylinder. This led to1369coefficients of variance that were generally around 0.5% for large organs and around 1% for1370small organs. For electron irradiations, 20 million – 2 billion particle histories were followed.1371This led to coefficients of variance that were generally around 5% for all organs. Note that1372these coefficients of variance refer only to Step 2 organ equivalent dose calculations and not1373to the environmental field calculations.

(99) For photon sources, coefficients for air kerma and ambient dose equivalent rates werealso evaluated in air at a height of 1m above the ground as described in Section 5.4.

(100) The effective dose rate coefficients are given in Tables 6.1 to 6.5 for photon sources 1376 1377 at specific depths of 0.0, 0.2, 1.0, 2.5 and 4.0 mfp for photons emitted within the soil together 1378 with the data on the corresponding air kerma rates and ambient dose equivalent rates. The effective dose rate coefficient for electron sources on the ground surface are given in Table 1379 6.6. Effective dose rate coefficients are shown graphically in Fig. 6.2 to Fig. 6.7. The 1380 1381 equivalent dose rate coefficients for all organs contributing to the effective dose as well as of 1382 the remainder tissues are tabulated in regard to both age and gender, and are compiled in an 1383 electronic supplement to this publication.



1384 (101) These figures demonstrate the age-dependence of the effective dose rate for 1385 environmental photon and electron exposures. For most energies and all geometries, the smaller the phantom, the larger the effective dose rate coefficient. Larger differences are 1386 observed for the adult phantom and the newborn which could amount to 140% for energies 1387 lower than 50 keV and contamination on the surface of the ground. Also, it can be seen that 1388 the ambient dose equivalent rate, $\dot{h}^*(10)$, for most cases, is a conservative approximation of 1389 the effective dose. Exceptions are observed for the newborn phantoms, the 1-year-old and 5-1390 1391 year-old phantoms at energy of 0.01 MeV, where the effective dose rate coefficient is higher than the ambient dose equivalent rate, $\dot{h}^*(10)$. This could be explained by considering that, 1392 1393 for decreasing photon energies, the mean free path of photons in air is also decreasing. $\dot{h}^*(10)$ is estimated in air at 1 m height from the ground surface, whereas the phantoms are standing 1394 on the ground surface. Furthermore, it can be noted that, $\dot{h}^*(10)$, becomes more and more 1395 1396 conservative as the source depth increases. This could be explained by the photon energy spectrum which is shifted to lower energies. 1397



1399	Table 6.1. Effective dose rate, ambient dose equivalent rate and air kerma rate coefficients for
1400	monoenergetic photon sources distributed at a depth of 0.0 mean free paths in the soil.
1401	Ambient dose equivalent rate and air kerma rate coefficients were calculated at 1 m above
1402	ground.

	Energy	Effective dose rate coefficient						$\dot{h^{*}}(10)$	\dot{k}_{α}
-	(MeV)	$(nSv h^{-1} Bq^{-1} m^2)$						$(nGy h^{-1})$ Bq ⁻¹ m ²	
_		Adult	15 yr	10 yr	5 yr	1 yr	Newborn		
	0.010	5.33E-06	5.15E-06	7.04E-06	8.97E-06	1.70E-05	3.25E-05	5.24E-06	6.36E-04
	0.015	1.41E-05	1.58E-05	2.50E-05	3.12E-05	4.65E-05	9.23E-05	2.06E-04	7.86E-04
	0.020	2.89E-05	3.42E-05	4.57E-05	6.55E-05	8.39E-05	1.51E-04	4.14E-04	6.73E-04
	0.030	7.23E-05	8.32E-05	1.01E-04	1.43E-04	1.80E-04	2.68E-04	4.92E-04	4.49E-04
	0.040	1.12E-04	1.27E-04	1.48E-04	1.94E-04	2.39E-04	3.15E-04	4.89E-04	3.40E-04
	0.050	1.43E-04	1.61E-04	1.88E-04	2.29E-04	2.80E-04	3.41E-04	4.85E-04	2.96E-04
	0.060	1.77E-04	1.94E-04	2.18E-04	2.56E-04	3.07E-04	3.63E-04	5.02E-04	2.94E-04
	0.070	2.08E-04	2.27E-04	2.51E-04	2.90E-04	3.41E-04	3.93E-04	5.29E-04	3.06E-04
	0.080	2.39E-04	2.59E-04	2.85E-04	3.26E-04	3.80E-04	4.29E-04	5.64E-04	3.30E-04
	0.100	3.02E-04	3.24E-04	3.48E-04	3.90E-04	4.52E-04	5.13E-04	6.64E-04	3.98E-04
	0.150	4.65E-04	4.92E-04	5.30E-04	5.97E-04	6.81E-04	7.70E-04	9.57E-04	6.25E-04
	0.200	6.28E-04	6.66E-04	7.15E-04	8.09E-04	9.16E-04	1.04E-03	1.25E-03	8.60E-04
	0.300	9.67E-04	1.02E-03	1.10E-03	1.23E-03	1.39E-03	1.59E-03	1.82E-03	1.34E-03
	0.400	1.31E-03	1.37E-03	1.49E-03	1.65E-03	1.87E-03	2.13E-03	2.38E-03	1.82E-03
	0.500	1.66E-03	1.72E-03	1.87E-03	2.07E-03	2.34E-03	2.67E-03	2.91E-03	2.29E-03
	0.600	2.01E-03	2.07E-03	2.24E-03	2.47E-03	2.78E-03	3.18E-03	3.41E-03	2.74E-03
	0.800	2.63E-03	2.72E-03	2.92E-03	3.20E-03	3.58E-03	4.08E-03	4.28E-03	3.52E-03
	1.000	3.12E-03	3.25E-03	3.49E-03	3.78E-03	4.20E-03	4.75E-03	4.86E-03	4.10E-03
	1.500	4.57E-03	4.68E-03	5.02E-03	5.42E-03	5.93E-03	6.65E-03	6.69E-03	5.77E-03
	2.000	5.87E-03	6.01E-03	6.43E-03	6.92E-03	7.50E-03	8.38E-03	8.36E-03	7.31E-03
	3.000	8.18E-03	8.43E-03	8.97E-03	9.61E-03	1.03E-02	1.14E-02	1.13E-02	1.01E-02
	4.000	1.02E-02	1.06E-02	1.12E-02	1.20E-02	1.27E-02	1.40E-02	1.39E-02	1.25E-02
	5.000	1.21E-02	1.25E-02	1.32E-02	1.41E-02	1.48E-02	1.62E-02	1.63E-02	1.47E-02
	6.000	1.38E-02	1.44E-02	1.51E-02	1.61E-02	1.68E-02	1.83E-02	1.84E-02	1.67E-02
	8.000	1.76E-02	1.80E-02	1.91E-02	2.03E-02	2.09E-02	2.26E-02	2.28E-02	2.10E-02



1405	Table 6.2. Effective dose rate, ambient dose equivalent rate and air kerma rate coefficients for
1406	monoenergetic photon sources distributed at a depth of 0.2 mean free paths in the soil.
1407	Ambient dose equivalent rate and air kerma rate coefficients were calculated at 1 m above
1408	ground.

	Energy	Effective dose rate coefficient						$\dot{h^{*}}(10)$	\dot{k}_{α}
-	(MeV)			(nS	v h ⁻¹ Bq ⁻¹ n	n ²)			$(nGy h^{-1})$ Bq ⁻¹ m ²
-		Adult	15 yr	10 yr	5 yr	1 yr	Newborn		
	0.010	3.02E-06	2.89E-06	4.18E-06	4.90E-06	9.31E-06	1.65E-05	3.58E-06	4.36E-04
	0.015	7.40E-06	8.21E-06	1.34E-05	1.55E-05	2.23E-05	3.80E-05	1.19E-04	4.54E-04
	0.020	1.44E-05	1.61E-05	2.21E-05	3.05E-05	3.16E-05	5.30E-05	2.05E-04	3.33E-04
	0.030	3.06E-05	3.53E-05	4.22E-05	5.47E-05	6.06E-05	8.69E-05	2.22E-04	2.04E-04
	0.040	4.73E-05	5.34E-05	6.18E-05	7.64E-05	8.44E-05	1.03E-04	2.23E-04	1.57E-04
	0.050	6.42E-05	7.15E-05	8.02E-05	9.60E-05	1.07E-04	1.24E-04	2.29E-04	1.42E-04
	0.060	8.17E-05	8.92E-05	9.90E-05	1.15E-04	1.26E-04	1.38E-04	2.46E-04	1.46E-04
	0.070	9.98E-05	1.08E-04	1.18E-04	1.32E-04	1.45E-04	1.56E-04	2.71E-04	1.59E-04
	0.080	1.17E-04	1.26E-04	1.36E-04	1.50E-04	1.64E-04	1.75E-04	3.00E-04	1.76E-04
	0.100	1.50E-04	1.59E-04	1.69E-04	1.87E-04	1.98E-04	2.11E-04	3.55E-04	2.12E-04
	0.150	2.33E-04	2.43E-04	2.60E-04	2.84E-04	3.03E-04	3.21E-04	5.13E-04	3.29E-04
	0.200	3.03E-04	3.21E-04	3.44E-04	3.76E-04	3.98E-04	4.28E-04	6.56E-04	4.41E-04
	0.300	4.38E-04	4.63E-04	4.95E-04	5.41E-04	5.70E-04	6.17E-04	9.04E-04	6.43E-04
	0.400	5.66E-04	5.89E-04	6.29E-04	6.86E-04	7.20E-04	7.80E-04	1.11E-03	8.22E-04
	0.500	6.88E-04	7.06E-04	7.50E-04	8.17E-04	8.55E-04	9.27E-04	1.29E-03	9.83E-04
	0.600	8.01E-04	8.16E-04	8.65E-04	9.39E-04	9.82E-04	1.06E-03	1.45E-03	1.13E-03
	0.800	9.97E-04	1.04E-03	1.10E-03	1.18E-03	1.24E-03	1.34E-03	1.77E-03	1.42E-03
	1.000	1.15E-03	1.19E-03	1.25E-03	1.33E-03	1.40E-03	1.51E-03	1.94E-03	1.59E-03
	1.500	1.58E-03	1.62E-03	1.70E-03	1.80E-03	1.89E-03	2.04E-03	2.51E-03	2.12E-03
	2.000	1.95E-03	2.00E-03	2.09E-03	2.21E-03	2.31E-03	2.48E-03	3.00E-03	2.57E-03
	3.000	2.56E-03	2.62E-03	2.73E-03	2.87E-03	2.99E-03	3.19E-03	3.79E-03	3.31E-03
	4.000	3.05E-03	3.11E-03	3.22E-03	3.38E-03	3.50E-03	3.71E-03	4.38E-03	3.85E-03
	5.000	3.45E-03	3.52E-03	3.62E-03	3.79E-03	3.89E-03	4.12E-03	4.84E-03	4.29E-03
	6.000	3.82E-03	3.90E-03	3.98E-03	4.17E-03	4.25E-03	4.47E-03	5.24E-03	4.68E-03
_	8.000	4.67E-03	4.77E-03	4.83E-03	5.07E-03	5.09E-03	5.33E-03	6.18E-03	5.62E-03



Table 6.3. Effective dose rate, ambient dose equivalent rate and air kerma rate coefficients for monoenergetic photon sources distributed at a depth of 1.0 mean free paths in the soil.

Ambient dose equivalent rate and air kerma rate coefficients were calculated at 1 m above ground.

Energy	Effective dose rate coefficient						$\dot{h^{*}}(10)$	\dot{k}_{a}
(MeV)	$(nSv h^{-1} Bq^{-1} m^2)$						$(nGy h^{-1})$ Bq ⁻¹ m ²	
	Adult	15 yr	10 yr	5 yr	1 yr	Newborn		
0.010	7.79E-07	7.40E-07	1.07E-06	1.18E-06	2.09E-06	3.28E-06	1.05E-06	1.28E-04
0.015	1.62E-06	1.75E-06	2.83E-06	3.03E-06	4.25E-06	6.41E-06	2.78E-05	1.07E-04
0.020	2.85E-06	3.25E-06	4.37E-06	5.41E-06	6.44E-06	9.45E-06	4.54E-05	7.41E-05
0.030	6.09E-06	6.84E-06	8.20E-06	1.05E-05	1.23E-05	1.67E-05	5.03E-05	4.64E-05
0.040	1.06E-05	1.17E-05	1.33E-05	1.66E-05	1.88E-05	2.34E-05	5.56E-05	3.97E-05
0.050	1.60E-05	1.76E-05	1.94E-05	2.29E-05	2.61E-05	3.04E-05	6.33E-05	3.99E-05
0.060	2.21E-05	2.42E-05	2.68E-05	3.08E-05	3.33E-05	3.83E-05	7.53E-05	4.51E-05
0.070	2.87E-05	3.15E-05	3.46E-05	3.91E-05	4.20E-05	4.66E-05	8.92E-05	5.25E-05
0.080	3.58E-05	3.90E-05	4.26E-05	4.76E-05	5.13E-05	5.53E-05	1.04E-04	6.13E-05
0.100	5.02E-05	5.36E-05	5.78E-05	6.41E-05	6.91E-05	7.27E-05	1.34E-04	7.96E-05
0.150	8.22E-05	8.73E-05	9.25E-05	1.02E-04	1.09E-04	1.15E-04	2.01E-04	1.26E-04
0.200	1.10E-04	1.17E-04	1.24E-04	1.36E-04	1.44E-04	1.52E-04	2.60E-04	1.70E-04
0.300	1.58E-04	1.66E-04	1.77E-04	1.93E-04	2.02E-04	2.15E-04	3.56E-04	2.44E-04
0.400	1.96E-04	2.05E-04	2.19E-04	2.38E-04	2.48E-04	2.66E-04	4.27E-04	3.04E-04
0.500	2.26E-04	2.36E-04	2.52E-04	2.73E-04	2.84E-04	3.06E-04	4.79E-04	3.52E-04
0.600	2.51E-04	2.61E-04	2.78E-04	3.01E-04	3.13E-04	3.39E-04	5.16E-04	3.89E-04
0.800	2.90E-04	3.02E-04	3.19E-04	3.45E-04	3.61E-04	3.90E-04	5.71E-04	4.42E-04
1.000	3.28E-04	3.41E-04	3.60E-04	3.88E-04	4.07E-04	4.37E-04	6.22E-04	4.91E-04
1.500	4.22E-04	4.37E-04	4.59E-04	4.93E-04	5.16E-04	5.52E-04	7.48E-04	6.11E-04
2.000	5.01E-04	5.19E-04	5.43E-04	5.81E-04	6.08E-04	6.50E-04	8.52E-04	7.11E-04
3.000	6.24E-04	6.49E-04	6.75E-04	7.18E-04	7.48E-04	7.97E-04	1.01E-03	8.62E-04
4.000	7.09E-04	7.45E-04	7.70E-04	8.13E-04	8.44E-04	8.96E-04	1.11E-03	9.63E-04
5.000	7.72E-04	8.17E-04	8.42E-04	8.83E-04	9.13E-04	9.64E-04	1.18E-03	1.03E-03
6.000	8.24E-04	8.79E-04	9.03E-04	9.42E-04	9.69E-04	1.02E-03	1.23E-03	1.09E-03
8.000	9.48E-04	1.02E-03	1.05E-03	1.09E-03	1.11E-03	1.16E-03	1.37E-03	1.23E-03



1417	Table 6.4. Effective dose rate, Ambient dose equivalent rate and air kerma rate coefficients
1418	for monoenergetic photon sources distributed at a depth of 2.5 mean free paths in the soil.
1419	Ambient dose equivalent rate and air kerma rate coefficients were calculated at 1 m above
1420	ground.

Energy	Effective dose rate coefficient						<i>h</i> [*] (10)	kα
(MeV)		$(nSv h^{-1} Bq^{-1} m^2)$						$\frac{nGy h^{-1}}{Bq^{-1} m^2}$
	Adult	15 yr	10 yr	5 yr	1 yr	Newborn		
0.010	9.54E-08	9.07E-08	1.38E-07	1.35E-07	2.29E-07	3.81E-07	1.43E-07	1.74E-05
0.015	1.86E-07	2.02E-07	3.38E-07	3.16E-07	4.54E-07	6.91E-07	3.45E-06	1.23E-05
0.020	3.24E-07	3.83E-07	5.11E-07	5.63E-07	6.95E-07	1.00E-06	5.78E-06	9.44E-06
0.030	7.53E-07	8.47E-07	9.67E-07	1.28E-06	1.52E-06	2.05E-06	7.00E-06	6.50E-06
0.040	1.47E-06	1.60E-06	1.79E-06	2.19E-06	2.51E-06	3.21E-06	8.47E-06	6.07E-06
0.050	2.42E-06	2.71E-06	3.00E-06	3.58E-06	4.02E-06	4.88E-06	1.08E-05	6.83E-06
0.060	3.80E-06	4.15E-06	4.55E-06	5.34E-06	5.82E-06	6.72E-06	1.41E-05	8.47E-06
0.070	5.35E-06	5.79E-06	6.30E-06	7.26E-06	7.77E-06	8.75E-06	1.76E-05	1.04E-05
0.080	7.04E-06	7.58E-06	8.21E-06	9.36E-06	9.91E-06	1.10E-05	2.13E-05	1.26E-05
0.100	1.07E-05	1.14E-05	1.23E-05	1.38E-05	1.45E-05	1.58E-05	3.01E-05	1.79E-05
0.150	1.90E-05	2.03E-05	2.17E-05	2.40E-05	2.54E-05	2.67E-05	4.96E-05	3.09E-05
0.200	2.56E-05	2.73E-05	2.90E-05	3.21E-05	3.39E-05	3.57E-05	6.50E-05	4.18E-05
0.300	3.59E-05	3.81E-05	4.05E-05	4.48E-05	4.76E-05	5.03E-05	8.87E-05	5.95E-05
0.400	4.38E-05	4.63E-05	4.92E-05	5.43E-05	5.77E-05	6.13E-05	1.05E-04	7.27E-05
0.500	4.98E-05	5.24E-05	5.56E-05	6.14E-05	6.50E-05	6.93E-05	1.15E-04	8.22E-05
0.600	5.43E-05	5.70E-05	6.05E-05	6.65E-05	7.01E-05	7.51E-05	1.21E-04	8.92E-05
0.800	6.08E-05	6.35E-05	6.73E-05	7.37E-05	7.71E-05	8.31E-05	1.32E-04	9.94E-05
1.000	6.70E-05	7.01E-05	7.42E-05	8.10E-05	8.45E-05	9.13E-05	1.41E-04	1.09E-04
1.500	7.82E-05	8.16E-05	8.64E-05	9.41E-05	9.79E-05	1.06E-04	1.57E-04	1.26E-04
2.000	8.78E-05	9.11E-05	9.64E-05	1.05E-04	1.09E-04	1.18E-04	1.70E-04	1.40E-04
3.000	1.03E-04	1.07E-04	1.13E-04	1.22E-04	1.26E-04	1.37E-04	1.89E-04	1.61E-04
4.000	1.15E-04	1.18E-04	1.25E-04	1.34E-04	1.39E-04	1.49E-04	2.01E-04	1.74E-04
5.000	1.23E-04	1.27E-04	1.34E-04	1.44E-04	1.48E-04	1.58E-04	2.08E-04	1.82E-04
6.000	1.30E-04	1.35E-04	1.41E-04	1.51E-04	1.54E-04	1.64E-04	2.12E-04	1.87E-04
8.000	1.42E-04	1.49E-04	1.56E-04	1.64E-04	1.68E-04	1.76E-04	2.22E-04	1.97E-04



Table 6.5. Effective dose rate, ambient dose equivalent rate and air kerma rate coefficients for

monoenergetic photon sources distributed at a depth of 4 mean free paths in the soil. Ambient dose equivalent rate and air kerma rate coefficients were calculated at 1 m above ground.

1420	dose equivalent fate and an Kerma fate coefficients were calculated at 1 m	above ground.

Energy	Effective d	ose rate coe	fficient				$\dot{h^{*}}(10)$	k _a
(MeV)	(nSv h ⁻¹ B	$q^{-1} m^2$)						$nGy h^{-1}$ $Bq^{-1} m^2$)
	Adult	15 yr	10 yr	5 yr	1 yr	Newborn		
0.010	1.48E-08	1.39E-08	2.09E-08	2.08E-08	3.29E-08	5.34E-08	2.32E-08	2.82E-06
0.015	2.79E-08	3.01E-08	4.83E-08	4.82E-08	6.61E-08	9.63E-08	5.59E-07	2.03E-06
0.020	5.02E-08	5.79E-08	7.65E-08	8.73E-08	1.03E-07	1.52E-07	9.55E-07	1.56E-06
0.030	1.20E-07	1.40E-07	1.57E-07	2.05E-07	2.40E-07	3.26E-07	1.23E-06	1.14E-06
0.040	2.44E-07	2.79E-07	3.06E-07	3.69E-07	4.42E-07	5.59E-07	1.54E-06	1.10E-06
0.050	4.42E-07	4.97E-07	5.49E-07	6.57E-07	7.48E-07	8.74E-07	2.11E-06	1.35E-06
0.060	7.69E-07	8.46E-07	9.18E-07	1.09E-06	1.19E-06	1.32E-06	3.04E-06	1.82E-06
0.070	1.15E-06	1.24E-06	1.34E-06	1.56E-06	1.67E-06	1.83E-06	3.95E-06	2.33E-06
0.080	1.55E-06	1.67E-06	1.80E-06	2.08E-06	2.20E-06	2.37E-06	4.89E-06	2.89E-06
0.100	2.45E-06	2.63E-06	2.84E-06	3.20E-06	3.40E-06	3.59E-06	7.15E-06	4.24E-06
0.150	4.81E-06	5.09E-06	5.54E-06	6.08E-06	6.47E-06	6.76E-06	1.30E-05	8.10E-06
0.200	6.65E-06	7.04E-06	7.66E-06	8.36E-06	8.90E-06	9.35E-06	1.76E-05	1.13E-05
0.300	9.13E-06	9.93E-06	1.08E-05	1.17E-05	1.24E-05	1.31E-05	2.41E-05	1.60E-05
0.400	1.09E-05	1.18E-05	1.27E-05	1.38E-05	1.46E-05	1.55E-05	2.77E-05	1.90E-05
0.500	1.22E-05	1.28E-05	1.37E-05	1.50E-05	1.58E-05	1.68E-05	2.95E-05	2.08E-05
0.600	1.30E-05	1.35E-05	1.43E-05	1.57E-05	1.65E-05	1.76E-05	3.02E-05	2.18E-05
0.800	1.39E-05	1.48E-05	1.56E-05	1.71E-05	1.79E-05	1.92E-05	3.20E-05	2.39E-05
1.000	1.47E-05	1.53E-05	1.61E-05	1.76E-05	1.84E-05	1.97E-05	3.29E-05	2.46E-05
1.500	1.65E-05	1.74E-05	1.83E-05	1.99E-05	2.08E-05	2.22E-05	3.45E-05	2.72E-05
2.000	1.81E-05	1.90E-05	2.01E-05	2.19E-05	2.27E-05	2.43E-05	3.59E-05	2.93E-05
3.000	2.04E-05	2.15E-05	2.28E-05	2.47E-05	2.55E-05	2.72E-05	3.83E-05	3.26E-05
4.000	2.20E-05	2.31E-05	2.45E-05	2.64E-05	2.72E-05	2.88E-05	4.00E-05	3.48E-05
5.000	2.32E-05	2.41E-05	2.56E-05	2.75E-05	2.82E-05	2.97E-05	4.13E-05	3.64E-05
6.000	2.41E-05	2.50E-05	2.66E-05	2.84E-05	2.89E-05	3.03E-05	4.25E-05	3.78E-05
8.000	2.66E-05	2.78E-05	2.98E-05	3.13E-05	3.18E-05	3.26E-05	4.49E-05	4.16E-05



1430 Table 6.6. Effective dose rate coefficients for monoenergetic electron sources distributed at a

1431 depth of 0.0 mean free paths in the soil.

Energy	Effective dose rate coefficient							
(MeV)	$(nSv h^{-1} Bq^{-1} m^2)$							
	Adult	15 yr	10 yr	5 yr	1 yr	Newborn		
0.010	2.44E-10	2.25E-10	2.21E-10	2.26E-10	2.22E-10	5.49E-10		
0.015	6.18E-10	6.83E-10	7.33E-10	7.30E-10	1.46E-09	1.52E-09		
0.020	1.43E-09	1.60E-09	2.03E-09	2.99E-09	6.01E-09	2.73E-09		
0.030	4.67E-09	5.54E-09	8.68E-09	1.59E-08	4.34E-08	1.54E-08		
0.040	1.04E-08	1.69E-08	2.97E-08	5.04E-08	1.16E-07	3.91E-08		
0.050	2.22E-08	4.44E-08	6.55E-08	1.00E-07	1.98E-07	5.33E-08		
0.060	9.52E-08	9.13E-08	1.12E-07	1.45E-07	2.95E-07	1.18E-07		
0.070	1.77E-06	5.99E-07	6.23E-07	7.86E-07	1.32E-06	1.59E-06		
0.080	7.98E-06	3.47E-06	3.84E-06	4.10E-06	6.31E-06	8.62E-06		
0.100	3.13E-05	2.29E-05	2.23E-05	2.20E-05	2.45E-05	3.86E-05		
0.150	7.88E-05	7.63E-05	6.73E-05	6.61E-05	8.02E-05	1.42E-04		
0.200	1.16E-04	1.10E-04	9.70E-05	1.11E-04	1.54E-04	2.85E-04		
0.300	2.20E-04	1.93E-04	2.07E-04	2.60E-04	3.65E-04	5.84E-04		
0.400	2.75E-04	2.52E-04	2.68E-04	3.29E-04	4.32E-04	6.53E-04		
0.500	3.30E-04	3.09E-04	3.27E-04	3.97E-04	5.02E-04	7.44E-04		
0.600	3.86E-04	3.65E-04	3.86E-04	4.64E-04	5.83E-04	9.22E-04		
0.800	5.06E-04	4.75E-04	5.08E-04	6.01E-04	8.38E-04	1.74E-03		
1.000	6.42E-04	5.81E-04	6.52E-04	7.68E-04	1.31E-03	3.26E-03		
1.500	1.11E-03	8.95E-04	1.44E-03	1.77E-03	4.16E-03	9.94E-03		
2.000	1.81E-03	1.50E-03	3.19E-03	4.04E-03	8.66E-03	1.56E-02		
3.000	3.79E-03	3.35E-03	7.21E-03	8.73E-03	1.56E-02	2.58E-02		
4.000	6.14E-03	6.12E-03	1.14E-02	1.33E-02	2.04E-02	3.56E-02		
5.000	8.30E-03	9.21E-03	1.53E-02	1.84E-02	2.41E-02	4.54E-02		
6.000	1.05E-02	1.24E-02	1.89E-02	2.38E-02	2.79E-02	5.61E-02		
8.000	1.62E-02	1.84E-02	2.43E-02	3.56E-02	3.97E-02	8.33E-02		





Fig. 6.2. Effective dose rate coefficients for monoenergetic photon sources distributed at the surface as a ground plane source and the corresponding ambient dose equivalent rate, $\dot{h}^*(10)$, at 1 m above the ground.



1441 Fig. 6.3. Effective dose rate coefficients for monoenergetic photon sources distributed at a 1442 depth of 0.2 mean free paths in the soil and the corresponding ambient dose equivalent rate, 1443 $\dot{h}^*(10)$, at 1 m above ground.







Fig. 6.4. Effective dose rate coefficients for monoenergetic photon sources distributed at a depth of 1 mean free paths in the soil and the corresponding ambient dose equivalent rate, $\dot{h}^*(10)$, at 1 m above ground.



 $\begin{array}{c} 1448\\ 1449 \end{array}$

Fig. 6.5. Effective dose rate coefficients for monoenergetic photon sources distributed at a depth of 2.5 mean free paths in the soil and the corresponding ambient dose equivalent rate, $\dot{h}^*(10)$, at 1 m above ground.





Fig. 6.6. Effective dose rate coefficients for monoenergetic photon sources distributed at a depth of 4 mean free paths in the soil and the corresponding ambient dose equivalent rate, $\dot{h}^*(10)$, at 1 m above ground.



1458

Fig. 6.7. Effective dose rate coefficients for monoenergetic electron sources distributed at thesurface as a ground plane source.

1461

(102) Fig. 6.8 shows the variation of effective dose rate coefficients for an adult as afunction of mean free path (mfp) of photons in soil.





Fig. 6.8. Effective dose rate coefficients for the adult phantom as a function of mean free path in the soil, for source energy of 0.5 and 0.05 MeV photons. The bullets indicate the depths for which calculations were explicitly performed. The star indicates the effective dose rate at depth of 5 cm, evaluated through interpolation.

1472

1473 **6.3. Dose rate coefficients for air submersion**

(103) The air submersion exposure geometry involves an individual standing in a large
volume of uniformly contaminated air. It is assumed that the individual is standing on an
uncontaminated flat surface of infinite area. The source for the submersion dose calculations
is a semi-infinite cloud containing a uniformly-distributed monoenergetic photon and electron
emitter surrounding a human phantom standing on the soil at the air-ground interface. Fig. 5.5
(right) illustrates the irradiation geometry for the organ equivalent dose calculations.

(104) As for ground planar sources, organ equivalent dose rate coefficients in each phantom are computed using the environmental photon and electron data as recorded to the external ASCII file. It should be noted that for electron sources, the electrons do not only start from the surface of the coupling cylinder but also from within the volume of the cylinder, which is filled with contaminated air. Transport calculations for cylinder-surface source and cylinder-volume sources were performed separately.

(105) The effective dose rate coefficients of monoenergetic sources distributed uniformly 1486 in the atmosphere are shown in Tables 6.7 and 6.8 and in Fig. 6.9 and Fig. 6.10 as a function 1487 1488 of photon and electron energies, respectively. A total of 25 source energies were selected from 0.01 to 8 MeV. The unit of the dose rate coefficients is nSv h⁻¹ Bq⁻¹ m³. The air kerma 1489 1490 and ambient dose equivalent rate coefficients at a height of 1 m above the ground are also 1491 listed in Table 6.7 for photon sources. The supplementary data of the organ equivalent dose rate coefficients can be found at the electronic data accompanying this report. Fig. 6.9 shows 1492 1493 also the $\dot{h}^*(10)$, and demonstrates that the conservative approach is retained (i.e. the ambient 1494 dose equivalent is higher than the effective dose for all phantoms considered).



DRAFT REPORT FOR CONSULTATION: DO NOT REFERENCE Table 6.7. Effective dose rate, ambient dose equivalent rate and air kerma rate coefficients for monoenergetic photons and air submersion.

(MeV) $(nSv h^{-1} Bq^{-1} m^3)$		$(nGy h^{-1} Bq^{-1} m^3)$
Adult 15 yr 10 yr 5 yr	1 yr Newborn	
0.010 2.10E-05 2.04E-05 2.81E-05 2.84E-05 3.32	2E-05 3.70E-05 2.50E-05	3.12E-03
0.015 8.54E-05 9.79E-05 1.40E-04 1.44E-04 1.58	BE-04 1.71E-04 1.13E-03	4.46E-03
0.020 2.31E-04 2.81E-04 3.25E-04 3.71E-04 3.74	E-04 5.88E-04 3.18E-03	5.33E-03
0.030 9.72E-04 1.14E-03 1.25E-03 1.53E-03 1.70	DE-03 2.20E-03 6.61E-03	6.31E-03
0.040 2.26E-03 2.48E-03 2.66E-03 3.18E-03 3.54	E-03 4.14E-03 1.08E-02	8.02E-03
0.050 3.76E-03 3.99E-03 4.29E-03 5.00E-03 5.56	6.04E-03 1.30E-02	8.48E-03
0.060 5.19E-03 5.65E-03 5.98E-03 6.71E-03 7.39	DE-03 7.84E-03 1.68E-02	1.05E-02
0.070 6.92E-03 7.56E-03 7.85E-03 8.62E-03 9.47	YE-03 9.82E-03 2.06E-02	1.26E-02
0.080 8.65E-03 9.42E-03 9.74E-03 1.05E-02 1.15	0E-02 1.18E-02 2.41E-02	1.45E-02
0.100 1.11E-02 1.19E-02 1.27E-02 1.35E-02 1.46	6E-02 1.54E-02 2.87E-02	1.75E-02
0.150 1.95E-02 2.08E-02 2.17E-02 2.28E-02 2.38	BE-02 2.52E-02 4.54E-02	2.90E-02
0.200 2.77E-02 2.97E-02 3.07E-02 3.23E-02 3.31	E-02 3.51E-02 6.18E-02	4.10E-02
0.300 4.36E-02 4.63E-02 4.76E-02 5.06E-02 5.14	E-02 5.45E-02 9.20E-02	6.42E-02
0.400 5.91E-02 6.19E-02 6.38E-02 6.80E-02 6.94	E-02 7.36E-02 1.19E-01	8.66E-02
0.500 7.48E-02 7.74E-02 7.98E-02 8.52E-02 8.75	0E-02 9.27E-02 1.45E-01	1.09E-01
0.600 9.10E-02 9.37E-02 9.62E-02 1.03E-01 1.06	E-01 1.12E-01 1.71E-01	1.31E-01
0.800 1.27E-01 1.32E-01 1.33E-01 1.40E-01 1.46	E-01 1.54E-01 2.27E-01	1.79E-01
1.000 1.64E-01 1.73E-01 1.73E-01 1.81E-01 1.87	'E-01 1.98E-01 2.83E-01	2.29E-01
1.500 2.58E-01 2.72E-01 2.70E-01 2.82E-01 2.87	'E-01 3.04E-01 4.19E-01	3.49E-01
2.000 3.55E-01 3.72E-01 3.68E-01 3.83E-01 3.86	E-01 4.06E-01 5.52E-01	4.68E-01
3.000 5.51E-01 5.73E-01 5.68E-01 5.92E-01 5.85	E-01 6.08E-01 8.11E-01	7.02E-01
4.000 7.52E-01 7.76E-01 7.73E-01 8.06E-01 7.84	E-01 8.08E-01 1.06E+00	9.34E-01
5.000 9.57E-01 9.84E-01 9.83E-01 1.03E+00 9.86	E-01 1.01E+00 1.31E+00	1.16E+00
6.000 1.17E+00 1.20E+00 1.20E+00 1.25E+00 1.19I	E+00 1.22E+00 1.56E+00	1.40E+00
8.000 1.59E+00 1.65E+00 1.64E+00 1.70E+00 1.62I	E+00 1.66E+00 2.06E+00	1.87E+00



Table 6.8. Effective dose rate coefficients for monoenergetic electrons and air submersion.

Energy	Effective dose rate coefficient					
(MeV)	$(nSv h^{-1} Bq^{-1} m^3)$					
	Adult	15 yr	10 yr	5 yr	1 yr	Newborn
0.010	3.91E-09	1.37E-09	1.57E-09	5.85E-10	6.93E-10	4.46E-10
0.015	9.15E-09	3.88E-09	4.51E-09	1.88E-09	2.77E-09	1.28E-09
0.020	2.06E-08	9.19E-09	1.14E-08	3.87E-09	8.78E-09	2.48E-09
0.030	6.31E-08	3.77E-08	3.78E-08	3.23E-08	5.28E-08	4.30E-08
0.040	1.63E-07	1.18E-07	1.10E-07	1.85E-07	1.43E-07	1.23E-07
0.050	3.34E-07	2.60E-07	3.00E-07	4.19E-07	3.23E-07	2.82E-07
0.060	5.99E-07	4.83E-07	5.45E-07	7.14E-07	6.49E-07	6.00E-07
0.070	1.82E-06	1.60E-06	1.72E-06	1.96E-06	2.09E-06	1.91E-06
0.080	5.57E-06	5.84E-06	6.11E-06	6.11E-06	6.21E-06	5.55E-06
0.100	2.84E-05	3.00E-05	3.08E-05	3.04E-05	3.02E-05	2.85E-05
0.150	1.16E-04	1.30E-04	1.28E-04	1.27E-04	1.31E-04	1.32E-04
0.200	2.51E-04	2.60E-04	2.57E-04	2.64E-04	2.70E-04	2.68E-04
0.300	5.77E-04	5.81E-04	5.73E-04	5.79E-04	5.78E-04	5.34E-04
0.400	8.24E-04	8.10E-04	8.03E-04	7.90E-04	7.90E-04	7.76E-04
0.500	1.09E-03	1.05E-03	1.05E-03	1.02E-03	1.02E-03	1.05E-03
0.600	1.38E-03	1.31E-03	1.35E-03	1.28E-03	1.31E-03	1.55E-03
0.800	2.04E-03	1.86E-03	1.99E-03	1.90E-03	2.22E-03	3.26E-03
1.000	3.06E-03	2.56E-03	3.14E-03	3.08E-03	3.96E-03	5.90E-03
1.500	6.70E-03	5.23E-03	8.20E-03	8.50E-03	1.20E-02	1.66E-02
2.000	1.21E-02	1.08E-02	1.64E-02	1.75E-02	2.54E-02	3.32E-02
3.000	2.65E-02	2.81E-02	4.90E-02	4.65E-02	6.07E-02	7.08E-02
4.000	4.73E-02	5.51E-02	8.44E-02	8.31E-02	9.56E-02	1.18E-01
5.000	7.36E-02	9.02E-02	1.24E-01	1.26E-01	1.33E-01	1.74E-01
6.000	1.05E-01	1.32E-01	1.70E-01	1.73E-01	1.77E-01	2.40E-01
8.000	1.77E-01	2.26E-01	2.95E-01	2.74E-01	3.05E-01	4.00E-01



1503 (106) Regarding the age-dependency of the coefficients, it was observed that in general, 1504 the smaller the body mass of the phantom, the higher the organ and effective dose due the 1505 smaller amount of body shielding of internal organs in the younger and smaller reference 1506 phantoms. The difference in effective dose between the adult and the newborn is highest at 1507 0.01 MeV photon energy (150%), while it is less than 40% above a photon energy of 0.07 1508 MeV.



1509 1510 Fig. 6.9. Effective dose rate coefficients for monoenergetic photon sources distributed 1511 uniformly in the atmosphere as a function of photon energy and ambient dose equivalent 1512 $\dot{h}^*(10)$ at 1 m above ground.

1513



1514

Fig. 6.10. Effective dose rate coefficients for monoenergetic electron sources distributed 1515 uniformly in the atmosphere as a function of electron energy. 1516



1518 **6.4. Dose rate coefficients for water immersion**

(107) Dose rate coefficients for water immersion were calculated under the assumption
that an individual is completely immersed in an infinite volume of uniformly contaminated
water. For the water photon exposure, the whole spherical geometry is sampled, including
those voxels in the phantom matrix outside the body that are identified as water.

(108) Contributors to the organ equivalent doses from electron sources in the water
immersion geometry are the primary electrons emitted from the water near the body surface
and the bremsstrahlung photons generated by electron interactions in water.

1526 (109) Calculations were performed for 25 monoenergetic sources of photons and electrons 1527 ranging from 0.01 to 8 MeV and for all male and female adult and paediatric phantoms. 1528 Tables 6.9 and 6.10 present the evaluated coefficients of effective dose rate for photon and 1529 electron sources, respectively, distributed uniformly in water, while Fig. 6.11 and Fig. 6.12 1530 depict those same data as a function of photon and electron energies, respectively. The data 1531 are given in units of nSv h⁻¹ Bq⁻¹ m³.



DRAFT REPORT FOR CONSULTATION: DO NOT REFERENCE Table 6.9. Effective dose rate coefficients for monoenergetic photon sources and water immersion.

Energy	Effective dose rate coefficient (nSv h ⁻¹ Bq ⁻¹ m ³)					
(MeV)	Adult	15 yr	10 yr	5yr	1yr	newborn
0.010	3.62E-08	2.87E-08	4.91E-08	4.43E-08	5.14E-08	7.66E-08
0.015	1.64E-07	1.86E-07	2.89E-07	3.00E-07	3.41E-07	4.67E-07
0.020	4.95E-07	5.88E-07	7.19E-07	9.08E-07	9.11E-07	1.27E-06
0.030	2.18E-06	2.45E-06	2.78E-06	3.81E-06	4.04E-06	5.13E-06
0.040	5.01E-06	5.77E-06	6.60E-06	8.10E-06	9.07E-06	1.07E-05
0.050	8.53E-06	9.66E-06	1.06E-05	1.29E-05	1.46E-05	1.64E-05
0.060	1.21E-05	1.36E-05	1.50E-05	1.77E-05	1.97E-05	2.24E-05
0.070	1.57E-05	1.75E-05	1.92E-05	2.24E-05	2.48E-05	2.79E-05
0.080	1.93E-05	2.13E-05	2.33E-05	2.69E-05	2.98E-05	3.32E-05
0.100	2.66E-05	2.85E-05	3.12E-05	3.57E-05	3.92E-05	4.35E-05
0.150	4.32E-05	4.64E-05	4.97E-05	5.59E-05	6.03E-05	6.61E-05
0.200	6.00E-05	6.37E-05	6.80E-05	7.59E-05	8.18E-05	8.92E-05
0.300	9.41E-05	9.92E-05	1.05E-04	1.17E-04	1.25E-04	1.36E-04
0.400	1.29E-04	1.36E-04	1.43E-04	1.58E-04	1.69E-04	1.83E-04
0.500	1.65E-04	1.72E-04	1.82E-04	1.99E-04	2.13E-04	2.30E-04
0.600	2.01E-04	2.10E-04	2.21E-04	2.41E-04	2.57E-04	2.76E-04
0.800	2.74E-04	2.84E-04	2.98E-04	3.23E-04	3.40E-04	3.65E-04
1.000	3.62E-04	3.76E-04	3.93E-04	4.25E-04	4.46E-04	4.75E-04
1.500	5.71E-04	5.87E-04	6.12E-04	6.57E-04	6.84E-04	7.22E-04
2.000	7.82E-04	8.03E-04	8.34E-04	8.90E-04	9.24E-04	9.71E-04
3.000	1.21E-03	1.25E-03	1.29E-03	1.36E-03	1.41E-03	1.47E-03
4.000	1.66E-03	1.70E-03	1.76E-03	1.85E-03	1.90E-03	1.99E-03
5.000	2.12E-03	2.18E-03	2.25E-03	2.35E-03	2.40E-03	2.51E-03
6.000	2.60E-03	2.67E-03	2.75E-03	2.87E-03	2.91E-03	3.04E-03
8.000	3.62E-03	3.70E-03	3.82E-03	3.99E-03	3.98E-03	4.14E-03



Table 6.10. Effective dose rate coefficients for monoenergetic electron sources and water immersion.

Energy	Effective dose rate coefficient (nSv h ⁻¹ Bq ⁻¹ m ³)					
(MeV)	Adult	15 yr	10 yr	5yr	1yr	Newborn
0.010	2.97E-12	1.31E-12	1.13E-12	5.15E-13	4.72E-13	5.26E-13
0.015	1.08E-11	4.08E-12	3.92E-12	1.77E-12	1.66E-12	1.76E-12
0.020	2.90E-11	1.30E-11	1.45E-11	5.95E-12	1.37E-11	1.39E-11
0.030	9.75E-11	6.09E-11	7.18E-11	8.71E-11	8.61E-11	1.11E-10
0.040	2.68E-10	2.01E-10	2.60E-10	3.32E-10	3.13E-10	4.11E-10
0.050	5.92E-10	4.96E-10	6.28E-10	8.01E-10	7.60E-10	9.71E-10
0.060	1.13E-09	9.71E-10	1.19E-09	1.56E-09	1.46E-09	1.97E-09
0.070	2.91E-09	2.54E-09	2.89E-09	3.54E-09	3.37E-09	4.17E-09
0.080	8.78E-09	8.04E-09	8.56E-09	9.52E-09	9.32E-09	1.03E-08
0.100	4.04E-08	3.88E-08	4.02E-08	4.10E-08	4.20E-08	4.35E-08
0.150	1.84E-07	1.80E-07	1.83E-07	1.85E-07	1.87E-07	1.93E-07
0.200	3.52E-07	3.45E-07	3.51E-07	3.54E-07	3.58E-07	3.67E-07
0.300	7.07E-07	6.97E-07	7.07E-07	7.09E-07	7.19E-07	7.38E-07
0.400	1.09E-06	1.05E-06	1.08E-06	1.08E-06	1.11E-06	1.15E-06
0.500	1.51E-06	1.43E-06	1.50E-06	1.49E-06	1.53E-06	1.64E-06
0.600	1.99E-06	1.84E-06	1.97E-06	1.95E-06	2.01E-06	2.27E-06
0.800	3.11E-06	2.77E-06	3.15E-06	3.09E-06	3.50E-06	4.33E-06
1.000	4.50E-06	3.92E-06	4.79E-06	4.80E-06	6.17E-06	8.24E-06
1.500	1.01E-05	8.44E-06	1.24E-05	1.42E-05	2.18E-05	3.04E-05
2.000	1.83E-05	1.61E-05	2.66E-05	2.96E-05	4.70E-05	6.35E-05
3.000	4.55E-05	4.89E-05	7.66E-05	8.04E-05	1.09E-04	1.44E-04
4.000	8.29E-05	9.41E-05	1.43E-04	1.47E-04	1.82E-04	2.45E-04
5.000	1.32E-04	1.52E-04	2.18E-04	2.29E-04	2.68E-04	3.66E-04
6.000	1.93E-04	2.23E-04	3.04E-04	3.27E-04	3.68E-04	5.07E-04
8.000	3.56E-04	4.06E-04	5.23E-04	5.70E-04	6.23E-04	8.46E-04





1543

Fig. 6.11. Effective dose rate coefficients for monoenergetic photon sources distributed
uniformly in the water (i.e. water immersion).



1547

Fig. 6.12. Effective dose rate coefficients for monoenergetic electron sources distributed uniformly in the water (i.e. water immersion).

1550

1551 (110) Fig. 6.13 shows the effective dose rate of the newborn for monoenergetic electrons, 1552 together with the skin equivalent dose multiplied by tissue weighting factor, 0.01. The skin 1553 equivalent dose has been computed with the polygon mesh-type phantoms in order to evaluate 1554 the dose at the radiosensitive region of the epidermis which is considered to be 50 to 100 μ m 1555 below the skin surface (see Annex B). It can be seen, that up to about 1 MeV, the dose to the 1556 skin is the main contributor to the effective dose for environmental electron exposures.

(111) The age-dependency of the effective dose coefficients is similar to the case of
immersion to contaminated air, the effective dose for newborns being up to 150% higher than
for adults, for photon energies of 0.02 MeV.





Fig. 6.13. Comparison of effective and skin dose rate coefficients for monoenergetic electrons distributed uniformly in the water (i.e. water immersion), for a newborn phantom. For comparison's sake, the skin dose rate has been multiplied by 0.01 i.e. the w_T of skin.

1567 **6.5. Verification of the calculations (spot-checks)**

1560

1568 (112) The environmental fields specific for the exposure situations selected as being 1569 representative of the most common exposure scenarios were calculated specifically for this 1570 report by Daiki Satoh, Japan Atomic Energy Agency (JAEA), a member of the Task Group, using the Monte Carlo code PHITS (see section 4). The organ equivalent dose calculations for 1571 1572 all geometries, particles and phantoms were also performed by D. Satoh with PHITS - see 1573 previous sections. Separate calculations were performed for skin dosimetry by Yeon Soo Yeom 1574 (Hanyang University) using GEANT4 and the mesh format of the phantoms – see Annex B on 1575 skin dosimetry. The reference coefficients tabulated in this report have been evaluated by the 1576 above data after smoothing and least squares polynomial fitting.

1577 (113) For quality assurance purposes, several organ equivalent dose data sets have been 1578 re-calculated by different members of the Task Group using the same environmental fields 1579 and the same reference computational phantoms but different radiation transport codes. The 1580 Monte Carlo codes used were the GEANT4 -YS Yeom (Hanyang University), EGSnrc - H 1581 Schlattl (Helmholtz Zentrum München, HMGU) and MCNPX - SJ Yoo (Korean Institute of 1582 Nuclear Safety, KINS), MCNP6 - J Jansen (Public Health England, PHE), MCNPX - C Lee, 1583 National Cancer Institute, NCI), Visible Monte Carlo - J Hunt (Instituto de Radioproteção e 1584 Dosimetria, IRD). This section describes briefly the Monte Carlo calculations performed for 1585 the spot-checks.



1586 6.5.1. GEANT4 (user Hanyang University)

1587 (114) The GEANT4 code is a general-purpose Monte Carlo code, which was developed in the C++ programming language, exploiting software engineering and object-oriented 1588 1589 technology (Agostinelli et al., 2003). Since the first public release in 1998, the GEANT4 code has been improved and maintained by the GEANT4 collaboration of various international 1590 1591 research groups (http://geant4.cern.ch/). The GEANT4 code can simulate a large set of 1592 particles, covering a wide energy range from 100 eV to 10 TeV or, for some particles, 10 PeV 1593 (Allison et al., 2016). It is widely used in various applications including radiation dosimetry, 1594 medical application, space science and accelerator physics.

1595 (115) GEANT4 Version 10.2 was used for the calculations of this report for the spot-1596 check to validate organ equivalent dose rate coefficients for soil contamination, photon and electron sources. The reference voxel phantoms were implemented in the GEANT4 code by 1597 1598 using the G4VNestedParameterisation class, which, among the GEANT4 classes, provides the 1599 best features for implementation of voxel geometry (Schümann et al., 2012). The physics 1600 library of the G4EmLivermorePhysics, including EPDL97 (Cullen et al., 1997), EEDL (Perkins et al., 1991) and EADL (Perkins et al., 1997), was used to simulate photons and 1601 1602 electrons. A secondary production cut value for all the particles in all the media was set to a 1603 range of 1 µm for the precise simulation.

1604 (116) Organ equivalent dose rate coefficients for monoenergetic photons and electrons 1605 (0.03-3 MeV) of some soil-contamination cases were calculated by directly using the phase-1606 space source data as recorded on the coupling cylinder in the first step of calculation method 1607 (see 5.1). During the calculations, from the source data, a particle was randomly selected and 1608 its position and direction were rotated by an angle randomly selected between 0° and 360° on 1609 the z-axis (i.e. the centre axis of the coupling cylinder); this approach can avoid any undesirable direction bias at the given number of the particles in the source data, considering 1610 1611 that the irradiation geometry is cylindrically symmetric.

1612 (117) For photons, relative statistical uncertainties of the calculated organ equivalent 1613 doses were generally below 1% for larger organs and 4% for smaller organs. For electrons 1614 above 0.2 MeV, the uncertainties were generally below 2% for larger organs and 10% for 1615 smaller organs, while for lower energy electrons, most of the calculated organ equivalent 1616 doses had large statistical uncertainties, with the exceptions of the skin doses whose 1617 uncertainties were all below 0.1%.

1618 **6.5.2.** MCNP6 (user PHE)

1619 (118) The Monte Carlo N-Particle code system MCNP (Los Alamos National Laboratory (LANL), Los Alamos, NM) version 6.1 (Pelowitz, 2013a,b) has been used in Fortran 90 code 1620 form. The source code has been patched according to Michael Lorne Fensin publication on 1621 1622 the MCNP-Forum at Monday 22 September 2014 to allow for convenient voxel sampling within a lattice. In addition, a Fortran 90 source routine has been inserted to allow for the 1623 reading of the source files describing the environmental field. This source routine reads the 1624 1625 whole source file the first time and applies a source rotation over a sampled (random) angle 1626 during successive file reads. The Fortran 90 code has been compiled with the Intel Fortran 1627 compiler (Intel Corporation, Santa Clara, CA). For quality control, the executable was tested on the verification samples and differences have been verified, documented and forwarded to 1628 1629 Los Alamos National Laboratory.

1630 (119) The cross-section library used was the MCPLIB04 for photons and EL03 for 1631 electrons, both being the MCNP6 default. For all organs, except the active marrow and



1632 endosteum, and photon exposures the organ equivalent doses are calculated without electron 1633 transport assuming electron equilibrium, except for air submersion, where for photon energies 1634 \geq 1 MeV electron transport is performed. For all organs, the tally 6 track length heating 1635 number estimator, i.e. a track length estimator with an internally calculated fluence-to-dose function, is used to derive the absorbed dose; an exception is the calculation of active bone 1636 marrow and endosteum absorbed dose rate coefficients for photon exposures, where the dose 1637 1638 enhancement factors are used to compensate for the lack of electron equilibrium and the tally 1639 4 track length estimator is modified by a fluence-to-dose response function (see Annex A). 1640 The validation calculations performed were for air and water immersion, photon and electron 1641 sources and for all ICRP reference paediatric phantoms.

1642 **6.5.3.** MCNPX (user KINS)

(120) The Monte Carlo particle transport code MCNPX 2.7.0 (Pelowitz, 2011) was used 1643 1644 together with the cross section library MCNPLIB04 and El03 for calculating the absorbed 1645 doses to the organs of the ICRP adult and paediatric reference phantoms due to unit source intensity of specified energies of photons for air submersion and water immersion exposure 1646 situations. For the specified photon energies, 25 energy bins are used for the range of 0.01 to 1647 10 MeV. Absorbed doses for organs and tissues were calculated by applying the F6 tally in 1648 MCNPX code. The transport calculations were performed for the source volume within the 1649 converging of distances (Yoo et al., 2013a,b), which are determined by a simplified 1650 1651 calculation model.

1652 (121) To resolve the poor statistics in small organs (e.g. the thymus and the lymph nodes), 1653 an approach, called equivalent dose ratio method (Yoo et al., 2013a), was applied by assuming that the energy spectrum of photons entering the body would not significantly 1654 1655 change with the geometrical ranges beyond a few mean free paths. The ratios of the absorbed 1656 doses for small organs to those received by the muscle (reference organ) were calculated at 50 1657 m radius (reference distance) and for each energy bin. After confirming that the deviations of 1658 the ratios are within 10% while the radius of the air volume varies, these ratios were used to 1659 obtain doses to small organs.

(122) The validation calculations performed were for air and water immersion, photonbeams and for all ICRP reference paediatric phantoms.

1662 **6.5.4.** MCNPX (user NCI)

1663 (123) The Monte Carlo N-Particle eXtended (MCNPX) Version 2.7.0 (Pelowitz, 2011) 1664 was employed to the verification of the calculations of organ equivalent dose coefficients at 1665 the National Cancer Institute. The verification was focused on the soil contamination with the 1666 depth of 0.0 mfp (i.e. surface contamination) for 13 photon energy bins ranging from 0.01 to 5 1667 MeV. The newborn and 15-year-old ICRP paediatric phantoms were included in the 1668 verification process. Organ equivalent dose rate coefficients were calculated for over 30 1669 organs and tissues and delivered to JAEA for comparison with the data from PHITS code.

(124) Source data for soil contamination computed at JAEA by PHITS, called phase space
data, was delivered to the NCI. Since MCNPX writes and reads external source definition
through the Surface Source Write/Read (SSW/SSR) routines, the source data from PHITS
were not directly compatible with MCNPX. The source data from PHITS in ASCII format
were converted into the binary format using an in-house script according to the description of
the SSW routine in MCNPX.



1676 (125) The cross-section library, mcplib04 and el03, were adopted for photons and
1677 electrons, respectively, in the verification process. A total of 500 million particle histories
1678 were used to achieve acceptable statistical errors. Default energy cut off, 0.001 MeV, was
1679 used for both photon and electron transport. Absorbed dose to organs and tissues was
1680 calculated by using F8 energy deposition tally. The high-performance computing server
1681 installed at the NCI was utilized to facilitate the large amount of Monte Carlo calculations.

1682 **6.5.5. EGSnrc (user HMGU)**

1683 (126) For calculations of photon organ equivalent dose coefficients a code developed specifically for organ equivalent dose calculations (Schlattl et al., 2012) has been used, 1684 1685 employing the electron-gamma-shower code system EGSnrc Version v4-2-3-1 (Kawrakow et al., 2009). EGSnrc is an extended and improved version of EGS4 (Nelson et al., 1985), 1686 1687 maintained by the National Research Council of Canada (NRC). The transport of photons and electrons can be simulated for particle kinetic energies from a few keV up to several hundred 1688 1689 GeV, although simulations performed in this study were made only for photons in the energy 1690 range of 0.01 to 8 MeV.

(127) For photon transport, bound Compton scattering and secondary photo-electrons
from K, L, and M shells are considered for all energies. In both cases, resulting fluorescence
or Auger and Coster-Kronig electrons are followed. The input data for photon cross sections
agree with those of the XCOM database (Berger and Hubbell, 1987).

1695 (128) For the calculations performed for this report, photon transport is terminated when 1696 the photon energy falls below 2 keV. Secondary electrons are followed until their kinetic 1697 energy drops below 20 keV.

(129) The number of histories followed varied between 450 million at 0.01 MeV to 100
million at 8 MeV, resulting in coefficients of variance for most organs below 1%, and only in
exceptions reaches up to 4% (e.g. at low energies for gall bladder).

1701 (130) By assuming rotational symmetry, the phase-space source data of the coupling 1702 cylinder was converted into a discrete probability density function ($\phi(E, h, \sin \theta)$) with *E* 1703 being the particle energy, *h* its source position on the cylinder and θ its direction relative to 1704 the horizontal plane. At the lids of the cylinder the probability density function was $\phi(E, \sin \theta)$.

(131) The source sampling in the EGSnrc user code was performed by the cumulative
density function obtained from the probability density function and enforcing rotational
symmetry.

1709 (132) The validation calculations performed were for air submersion and ground 1710 contamination, photon beams and the ICRP adult reference phantoms.

1711 **6.5.6.** Visible Monte Carlo (user IRD)

(133) Visible Monte Carlo (VMC) (Hunt et al., 2004) has been developed at the Instituto
de Radioproteção e Dosimetria from 1994 to the present date. VMC transports photons,
electrons, alpha particles and protons through voxel and general geometrical structures.
Bremsstrahlung production and transport is not considered for low Z materials. The photon
energy range considered for the spot check calculations was 0.03 to 3 MeV. VMC benefits
from an extensive graphical interface that shows all aspects of the simulated geometry and
also the photon interactions with the environment and the phantom.

(134) VMC version March 2016 was used for the spot-check calculations to validateorgan equivalent dose coefficients for water contamination and the adult phantoms. The cross



section library used is the NIST XCOM database (Berger and Hubbell, 1987) and the size of the water sphere considered for each photon energy was based on the maximum distance travelled by the simulation of the transport of 10^8 photons in water. The photon transport is terminated when the photon suffers a photoelectric effect. The statistical uncertainties of the calculated organ equivalent doses were estimated to be below 1% for the larger organs and below 5% for smaller organs.

1727 6.5.7. Comparison of dose rate coefficients calculated with different codes and 1728 comparisons with other work

1729 (135) Fig. 6.14 shows the effective dose for monoenergetic photons, for the various age-1730 phantoms and ground plane surface source (left) and air submersion (right), as estimated by 1731 different calculators and codes. As it can be seen, the agreement of computed dose rate coefficient by the different Monte Carlo codes is within 10% and in most cases below 4%. 1732 1733 Also shown are values of effective dose, as given in Federal Guidance Report (FGR) of the 1734 USA (Bellamy et al., 2018). Note that the latter data have been obtained for environmental 1735 field data estimated by Bellamy et al using stylized hermaphroditic models of the ICRP 1736 reference individuals (Cristy and Eckerman, 1987; Han et al., 2006).

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1738 1739

Fig. 6.14. Effective dose for photon ground plane surface source (left) and air submersion
(right), as estimated by different calculators and codes. The PHITS data set shows the data
after smoothing. For better visibility, the data were plotted multiplied by a factor of 10-10⁵.
FGR 15 indicates the Federal Guidance Report (Bellamy et al., 2018).

1744

(136) Fig. 6.15 shows selected values of organ equivalent dose rates for a ground planar
source emitting monoenergetic electrons, for the male adult phantom, as computed by PHITS
and GEANT4. It can be seen, that, as mentioned in section 6.1, the values which contribute to
the effective dose less than 1% are set to zero. Fig. 6.16 shows organ equivalent dose rates
for the 15-year-old male phantom and photons, as computed by MCNPX and PHITS for
ground planar source emitting monoenergetic photons. Similarly, Fig. 6.17 and Fig. 6.18


show organ equivalent dose rate coefficients for air submersion and water submersion,respectively, and photons.





Fig. 6.15. Organ equivalent doses for red bone marrow, testes, liver and brain of the adult
male phantom for a ground plane source emitting electrons, as calculated by PHITS and
GEANT4.





Fig. 6.16. Organ equivalent doses for the 15-year-old male phantom, as calculated by PHITS
and MCNP, for ground contamination on the surface (photons). The asterisks and open
squares indicate calculations made at the Korean Institute of Nuclear Safety and Public Health



1765 England, respectively (Vertical lines indicate that data at lower energies have been set to 1766 zero).





Fig. 6.17. Organ equivalent doses for the 15-year-old male phantom, as calculated by PHITS
and MCNP, for submersion in contaminated air (photons). The asterisks and open squares
indicate calculations made at the Korean Institute of Nuclear Safety and Public Health
England, respectively (Vertical lines indicate that data at lower energies have been set to
zero).





Fig. 6.18. Organ equivalent doses for the 15-year-old male phantom, as calculated by PHITS
and MCNP, for submersion in contaminated water (photons). The asterisks and open squares
indicate calculations made at the Korean Institute of Nuclear Safety and Public Health



1780 England, respectively (Vertical lines indicate that data at lower energies have been set to 1781 zero).

1782

1783 6.6. Dose rate coefficients for monitoring - Air kerma and ambient dose 1784 equivalent rates

1785 (137) The ambient dose equivalent rates were compared to the effective dose rates for 1786 reference adults and reference newborn, 1-year-old, 5-year-old, 10-year-old and 15-year-old 1787 phantoms (see Fig. 6.2 to Fig. 6.6 and Fig. 6.9), as well as to air kerma. It was shown that the 1788 ambient dose equivalent sufficiently overestimates effective doses, independent of age, for 1789 planar sources on and below the ground surface, in addition to immersion in a radioactive 1790 cloud. As previously mentioned, opposite trends are observed for ground contamination and 1791 for the newborn, 1-year-old, and 5-year-old phantoms at energy of 0.01 MeV where the 1792 effective dose rate coefficient is higher than the ambient dose equivalent rate, $\dot{h}^*(10)$. The 1793 difference between air kerma and effective dose was found to be smaller than the difference 1794 between ambient dose equivalent and effective dose. For example, the air kerma is a closer 1795 approximation to the effective dose for the environmental exposures examined.

(138) In a previous study, Saito and Petoussi-Henss (2014) presented dose coefficients
relating ambient dose equivalent rates to radionuclide density for sources exponentially
distributed in the ground. The authors compared the ratio of ambient dose equivalent to air
kerma obtained by simulation to the ratios measured at hundreds of locations in Japan which
have been contaminated with radioactive ¹³⁷Cs, ¹³⁴Cs, ¹³¹I, ^{110m}Ag and ^{129m}Te after the
Fukushima NPP accident in 2011. Good agreement was observed in all cases.

1802 (139) Fig. 6.19 and Fig. 6.20 show the ambient dose equivalent rates and air kerma rates at 1 m above ground, respectively, for planar sources at different depths in soil. It can be seen 1803 1804 that both quantities depend strongly on source soil depth and as the depth increases, both the ambient dose equivalent rates and air kerma rates decrease because of the shielding effect of 1805 1806 the soil. The ambient dose equivalent rates at 0.2 mfp depth is about 40-70% of that at 0.0 1807 mean free path for source energies higher than 0.015 MeV. For 1.0 mfp the reduction of the ambient dose equivalent rate coefficient is more pronounced, and the ambient dose equivalent 1808 1809 is less than 80% of that on the surface. Fig. 6.21 shows the ambient dose (rate), which is a 1810 newly proposed operational quantity to substitute the ambient dose equivalent (see section 8.4 1811 and ICRU Report xx (in preparation)). It can be seen that generally the values of ambient dose 1812 rate are lower than those of ambient dose equivalent rate, and differences are more 1813 pronounced at energies below 0.015 - 0.07 MeV. However, it was shown that ambient dose 1814 rate also is a good estimator of effective dose for this type of field.





1816

Fig. 6.19. Ambient dose equivalent rates for different depths in the soil expressed as mean free paths (mfp).



Fig. 6.20. Air kerma rate at 1 m above ground, for different depths in the soil expressed as mean free paths (mfp).







1829 Fig. 6.21. Ambient dose rate, a quantity newly proposed by ICRU (ICRU, in preparation)-see section 8.4 - for different depths in the soil expressed as mean free paths (mfp).



7. EQUIVALENT AND EFFECTIVE DOSE RATE COEFFICIENTS 1833 FOR RADIONUCLIDES (STEP3) 1834

7.1. Coefficients for equivalent dose rate to organs and tissues 1835

(140) Radionuclide specific equivalent dose rate coefficients, $\dot{h}_T^{S,N}$ for tissue T, exposure 1836 mode, S, and radionuclide, N, were computed on the basis of the evaluated organ absorbed 1837 1838 dose rate coefficients for monoenergetic photons and electrons and the nuclear decay data 1839 contained in Publication 107 (ICRP, 2008) using the following expression:

1840 1841

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 $\dot{h}_{T}^{S,N} = \sum_{R} w_{R} \left[\sum_{i} Y_{R,i}(E_{i}) \cdot \dot{d}_{T,R}^{S}(E_{i}) + \int_{0}^{\infty} Y_{R}(E) \cdot \dot{d}_{T,R}^{S}(E) dE \right]$ (7.1)

1843 where R indicates the radiation type, and w_R the radiation weighting factor of the radiation type R. The summation outside a major bracket means an extension over the radiations (i.e. 1844 photons and electrons) emitted from a radionuclide N. $Y_{R,i}$ is the yield of *i*-th radiation of type 1845 R having discrete energy E_i emitted by a nuclear decay of the radionuclide and $\dot{d}_{T,R}^S(E_i)$ is the 1846 1847 organ absorbed dose rate coefficient at the energy E_i for tissue, T, radiation type, R, and exposure mode, S, as provided in Section 5. The first term within the major bracket sums over 1848 all radiations emitted with discrete energies by the nuclear decay. $Y_R(E)$ and $\dot{d}_{T,R}^S(E)$ in the 1849 1850 integration of the second term is the yield and absorbed dose rate coefficient, respectively, at 1851 the energy E within a continuous energy spectra of beta emission.

1852 (141) Interpolations of absorbed dose were carried out in a log-linear space. As the 1853 coefficients for monoenergetic radiations obtained by Monte Carlo calculations addressed 1854 only photons and electrons of 0.01 MeV and higher energy, the values at energies less than 1855 0.01 MeV are set to zero.

(142) Radionuclide specific organ equivalent dose rate coefficients were evaluated for 1856 1857 1252 radionuclides of 97 elements compiled in *Publication 107* (ICRP, 2008) distributed in 1858 soil, air, and water, and are given in tabular form in the electronic supplement accompanying this report. In the electronic supplement a summary information, on the nuclear 1859 1860 transformation of radionuclides can be also found (ICRP, 2008).

7.2. Coefficients for effective dose rates 1861

1862 (143) As per definition of effective dose in *Publication 103* (ICRP, 2007), the organ 1863 equivalent doses of both male and female phantoms were used for its computation. 1864 Radionuclide specific effective dose rate coefficients were derived from the radionuclide 1865 specific organ equivalent dose rate coefficients discussed above. The effective dose rate coefficient ($\dot{e}^{S,N}$) for exposure mode (S) and radionuclide (N) was computed as follows: 1866 1867

1868
$$\dot{e}^{S,N} = \sum_{T} w_{T} \left[\frac{\dot{h}_{T}^{S,N,M} + \dot{h}_{T}^{S,N,F}}{2} \right] (7.2)$$

1869

where w_T represents the tissue weighting factor, $\dot{h}_T^{S,N,M}$ and $\dot{h}_T^{S,N,F}$ are the equivalent dose rate coefficients to the tissue (T) of male and female, respectively, for radionuclide (N) in 1870 1871 1872 exposure mode (S).



(144) The radionuclide specific effective dose rate coefficients are given in tabular form in
folders 'Soil contamination', 'Air submersion' and 'Water immersion' of the electronic
supplement accompanying this report.

1876 **7.3. Coefficients for air kerma and ambient dose equivalent rate**

1877 (145) Radionuclide specific coefficients of air kerma rate $(\dot{k}_a^{S,N})$ and ambient dose 1878 equivalent rate $(\dot{h}^*(10)^{S,N})$ were evaluated for photon sources in the soil contamination and 1879 air submersion geometries using the monoenergetic data and nuclear decay data as follows:

 $\dot{k}_{a}^{S,N} = \sum_{i} Y_{\text{photon},i} \left(E_{i} \right) \cdot \dot{k}_{a}^{S} \left(E_{i} \right)$ (7.3)

1883
$$\dot{h}^*(10)^{S,N} = \sum_i Y_{\text{photon},i}(E_i) \cdot \dot{h}^*(10)^S(E_i)$$
(7.4)

1884

1882

1885 where $Y_{\text{photon},i}$ is the yield of *i*-th photon emitted from nuclear decay of a nuclide (*N*) with 1886 energy (E_i) , and \dot{k}_a^S and $\dot{h}^*(10)^S$ indicate the air kerma and ambient dose equivalent rate 1887 coefficients, respectively, at the energy of E_i .

1888 (146) The values of $\dot{k}_a^S(E_i)$ and $\dot{h} * (10)^S(E_i)$ were determined from the data of 1889 monoenergetic photon sources by log-log interpolation.

(147) The radionuclide specific air kerma and ambient dose equivalent rate coefficients for soil contamination and air submersion are listed under folders 'Soil contamination' and 'Air submersion' of the electronic supplement of this publication, together with the data for radionuclide specific effective dose rates. Similarly to the radionuclide-specific organ equivalent dose rate coefficients, these air kerma and ambient dose equivalent rates for radionuclides were estimated by using the ICRP *Publication 107* decay data (ICRP, 2008) summerised in the electronic supplement of this publication.



1898

8. APPLICATION OF DOSE RATE COEFFICIENTS

1899 8.1. Application of dose rate coefficients to various depth profiles of radionuclides in soil 1900

1901 8.1.1. Planar sources in specific depths

1902 (148) As described in Section 5.1, the dose rate coefficients for soil contamination were 1903 evaluated for planar sources at five source depths expressed in mean free path (mfp) of the 1904 photons in soil (i.e. 0.0, 0.2, 1.0, 2.5, and 4.0 mfp). The source depth can be expressed as 1905 mass per unit area in units of $g \text{ cm}^{-2}$, which is independent of the soil density since absorption 1906 is depending only on the mass thickness. The mean free path of photons depends on photon energy. For instance, a specific source depth of 3.0 g cm⁻² corresponds to 72.3, 0.54, and 0.14 1907 mfp of 0.01, 0.1, and 2.0 MeV photons in the soil, respectively. Dose rate coefficients for 1908 1909 monoenergetic photons emitted from a planar source at a specific depth (in $g \text{ cm}^{-2}$) can be 1910 reconstructed from the data at corresponding mean free path using a log-log interpolation. 1911 Tables 8.1 to 8.3 tabulate the effective dose rate coefficients for planar sources at specific depths of 0.5, 3.0, and 10.0 g cm⁻² for monoenergetic photons. The depth of 0.5 g cm⁻² 1912 approximates well the ground roughness, whereas 3.0 g cm⁻² is the typical deposition depth 1913 for radiocaesium and 10.0 g cm⁻² is roughly the maximum depth where caesium has been 1914 1915 observed.

1916 8.1.2. Volumetric sources

1917 (149) Measurements around the Fukushima area (Matsuda et al., 2015) revealed that the 1918 depth profile of radionuclides in soil changes over time due to terrestrial ecosystems. 1919 Calculating dose rate coefficients for each depth profile is not practical, therefore a method to 1920 obtain dose rate coefficients for volumetric sources having arbitrary depth profiles is proposed. 1921 Note that the depth profile of volumetric sources indicates the vertical distribution of the 1922 activity concentration along the depth in the soil, whereas the horizontal distribution is 1923 assumed to be uniform.

1924 (150) Dose rate coefficients for volumetric sources having any arbitrary depth profile can 1925 be obtained using the data for planar sources in depths given in unit of g cm⁻², and a 1926 weighted-integral method as described by Satoh et al., 2015, 2017). The 1927 weighted-integral method describes a depth profile in the soil with weights, $w(\zeta)$, regarding a radioactivity concentration distributed along a depth, ζ , described in g cm⁻² and it is applicable 1928 1929 to any depth profile e.g. exponential, Gaussian or uniform. Note that $w(\zeta)$ expresses the depth 1930 profile of the radioactivity concentration as a relative value to those activities at other depths 1931 without providing the absolute values.

(151) The coefficients for a volumetric source, $\dot{h_v}$, are derived as follows:

1934
$$\dot{h}_{\rm v} = \frac{1}{W} \int_{\zeta_1}^{\zeta_2} \dot{h}_{\rm p}(\zeta) \cdot w(\zeta) \, d\zeta$$

1935

1936
$$W = \int_{\zeta_1}^{\zeta_2} w(\zeta) \, d\zeta$$

1937

(8.1)



1938 where $\dot{h}_{\rm p}(\zeta)$ is the dose rate coefficient for a planar source located at a depth ζ , ζ_1 and ζ_2 are 1939 the minimum and maximum depths of the volumetric source in the soil, respectively and *W* is 1940 the total weight in that depth profile.

1941 (152) Matsuda et al. (2015) reported that the depth profiles of radioactive caesium in soil 1942 observed in the Fukushima area after the accident in 2011 are fitted with an exponential 1943 function using the equation of weight $w(\zeta)$ as follows:

- 1944
- 1945
- 1946

 $w(\zeta) = \alpha \cdot \exp(-\frac{\zeta}{\beta})$ (8.2)

1947 where the factor α indicates the weight at the surface of the ground, and the parameter β is the 1948 relaxation mass per unit area. The magnitude of β is an indication of the radionuclide 1949 penetration in the soil with large values of β indicating a deeper penetration. The unit of 1950 relaxation mass per unit area is g cm⁻².

1951 (153) To examine the validity of the weighted-integral method, Satoh et al (2015) 1952 incorporated an exponentially distributed volumetric source of ¹³⁷Cs with β =1.0 into the 1953 PHITS code and directly calculated the energy spectrum and the effective dose rate. It was 1954 found that the reconstructed volumetric source was a good approximation of the source 1955 directly calculated via Monte Carlo methods.

1956 (154) Tables 8.4 to 8.7 list the effective dose rate coefficients evaluated for each age, for 1957 monoenergetic photon sources and volumetric sources distributed with exponential profiles 1958 with β = 0.5, 1.0, 2.5, and 5.0 g cm⁻², respectively. Nuclide-specific organ equivalent and 1959 effective dose coefficients for these volumetric sources can be found in the electronic 1960 supplement.

1962Table 8.1. Effective dose rate, ambient dose equivalent rate and air kerma rate coefficients for1963monoenergetic photon sources distributed at a depth of 0.5 g cm^{-2} in the soil. Ambient dose1964equivalent rate and air kerma rate coefficients were estimated at 1 m above ground.

Energy	Effective dose rate coefficient							\dot{k}_{α}	
(MeV)		$(nSv h^{-1} Bq^{-1} m^2)$							
	Adult	15 yr	10 yr	5 yr	1 yr	Newborn			
0.010	1.10E-12	1.01E-12	1.29E-12	1.51E-12	1.49E-12	2.04E-12	1.35E-12	1.64E-10	
0.015	3.49E-08	3.77E-08	6.08E-08	5.99E-08	8.30E-08	1.22E-07	6.93E-07	2.52E-06	
0.020	1.02E-06	1.19E-06	1.60E-06	1.86E-06	2.24E-06	3.23E-06	1.73E-05	2.82E-05	
0.030	1.43E-05	1.62E-05	1.95E-05	2.51E-05	2.85E-05	3.98E-05	1.10E-04	1.01E-04	
0.040	3.95E-05	4.44E-05	5.14E-05	6.36E-05	7.05E-05	8.61E-05	1.89E-04	1.34E-04	
0.050	6.60E-05	7.36E-05	8.27E-05	9.90E-05	1.11E-04	1.28E-04	2.35E-04	1.46E-04	
0.060	1.01E-04	1.10E-04	1.23E-04	1.42E-04	1.60E-04	1.80E-04	2.98E-04	1.76E-04	
0.070	1.32E-04	1.43E-04	1.58E-04	1.79E-04	2.01E-04	2.23E-04	3.51E-04	2.04E-04	
0.080	1.64E-04	1.77E-04	1.93E-04	2.16E-04	2.43E-04	2.67E-04	4.03E-04	2.36E-04	
0.100	2.20E-04	2.36E-04	2.52E-04	2.80E-04	3.12E-04	3.45E-04	5.02E-04	3.00E-04	
0.150	3.62E-04	3.81E-04	4.09E-04	4.56E-04	5.08E-04	5.61E-04	7.64E-04	4.96E-04	
0.200	4.97E-04	5.27E-04	5.66E-04	6.32E-04	7.01E-04	7.82E-04	1.02E-03	6.94E-04	
0.300	7.78E-04	8.21E-04	8.83E-04	9.84E-04	1.09E-03	1.22E-03	1.50E-03	1.10E-03	
0.400	1.07E-03	1.12E-03	1.20E-03	1.34E-03	1.48E-03	1.67E-03	1.97E-03	1.50E-03	
0.500	1.37E-03	1.41E-03	1.53E-03	1.68E-03	1.87E-03	2.11E-03	2.43E-03	1.90E-03	
0.600	1.66E-03	1.71E-03	1.84E-03	2.02E-03	2.25E-03	2.54E-03	2.86E-03	2.29E-03	
0.800	2.21E-03	2.29E-03	2.45E-03	2.67E-03	2.96E-03	3.34E-03	3.65E-03	2.99E-03	
1.000	2.66E-03	2.76E-03	2.95E-03	3.20E-03	3.51E-03	3.95E-03	4.19E-03	3.52E-03	
1.500	3.97E-03	4.07E-03	4.35E-03	4.69E-03	5.10E-03	5.69E-03	5.88E-03	5.06E-03	
2.000	5.18E-03	5.31E-03	5.66E-03	6.08E-03	6.57E-03	7.30E-03	7.45E-03	6.50E-03	
3.000	7.35E-03	7.57E-03	8.03E-03	8.60E-03	9.18E-03	1.01E-02	1.03E-02	9.08E-03	
4.000	9.26E-03	9.59E-03	1.01E-02	1.08E-02	1.14E-02	1.26E-02	1.27E-02	1.14E-02	
5.000	1.10E-02	1.14E-02	1.20E-02	1.28E-02	1.34E-02	1.47E-02	1.49E-02	1.34E-02	
6.000	1.27E-02	1.32E-02	1.38E-02	1.47E-02	1.53E-02	1.66E-02	1.69E-02	1.53E-02	
 8.000	1.63E-02	1.66E-02	1.75E-02	1.86E-02	1.92E-02	2.07E-02	2.10E-02	1.94E-02	

1965

1967Table 8.2. Effective dose rate, ambient dose equivalent rate and air kerma rate coefficients for1968monoenergetic photon sources distributed at a depth of 3.0 g cm⁻² in the soil. Ambient dose1969equivalent rate and air kerma rate coefficients were estimated at 1 m above ground.

E	Energy			$\dot{h}^{*}(10)$	kα				
((MeV)			(nS	Sv h^{-1} B q^{-1} n	n ²)			$(nGy h^{-1})$ Bq ⁻¹ m ²
		Adult	15 yr	10 yr	5 yr	1 yr	Newborn		• /
	0.010	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00
	0.015	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00
	0.020	2.37E-11	2.53E-11	3.42E-11	4.18E-11	4.20E-11	6.70E-11	5.48E-10	8.98E-10
	0.030	2.31E-07	2.65E-07	3.00E-07	3.94E-07	4.61E-07	6.23E-07	2.29E-06	2.12E-06
	0.040	3.81E-06	4.19E-06	4.69E-06	5.84E-06	6.66E-06	8.32E-06	2.11E-05	1.51E-05
	0.050	1.31E-05	1.44E-05	1.59E-05	1.88E-05	2.14E-05	2.51E-05	5.26E-05	3.32E-05
	0.060	2.70E-05	2.97E-05	3.28E-05	3.78E-05	4.09E-05	4.67E-05	9.04E-05	5.41E-05
	0.070	4.32E-05	4.71E-05	5.17E-05	5.83E-05	6.29E-05	6.92E-05	1.28E-04	7.54E-05
	0.080	6.14E-05	6.64E-05	7.22E-05	8.02E-05	8.69E-05	9.34E-05	1.68E-04	9.89E-05
	0.100	9.44E-05	1.01E-04	1.07E-04	1.19E-04	1.27E-04	1.35E-04	2.35E-04	1.40E-04
	0.150	1.72E-04	1.80E-04	1.92E-04	2.10E-04	2.24E-04	2.38E-04	3.90E-04	2.49E-04
	0.200	2.39E-04	2.54E-04	2.71E-04	2.97E-04	3.14E-04	3.37E-04	5.30E-04	3.53E-04
	0.300	3.71E-04	3.92E-04	4.20E-04	4.58E-04	4.82E-04	5.21E-04	7.78E-04	5.51E-04
	0.400	5.01E-04	5.22E-04	5.57E-04	6.07E-04	6.36E-04	6.89E-04	9.93E-04	7.33E-04
	0.500	6.27E-04	6.44E-04	6.85E-04	7.46E-04	7.81E-04	8.45E-04	1.18E-03	9.02E-04
	0.600	7.49E-04	7.64E-04	8.10E-04	8.79E-04	9.20E-04	9.96E-04	1.36E-03	1.06E-03
	0.800	9.73E-04	1.01E-03	1.07E-03	1.15E-03	1.21E-03	1.31E-03	1.73E-03	1.39E-03
	1.000	1.18E-03	1.23E-03	1.29E-03	1.38E-03	1.45E-03	1.57E-03	1.99E-03	1.64E-03
	1.500	1.97E-03	2.03E-03	2.14E-03	2.27E-03	2.40E-03	2.61E-03	3.09E-03	2.62E-03
	2.000	2.77E-03	2.84E-03	3.00E-03	3.18E-03	3.37E-03	3.66E-03	4.17E-03	3.59E-03
	3.000	4.30E-03	4.42E-03	4.64E-03	4.93E-03	5.19E-03	5.63E-03	6.19E-03	5.44E-03
	4.000	5.70E-03	5.87E-03	6.14E-03	6.51E-03	6.81E-03	7.38E-03	7.98E-03	7.09E-03
	5.000	6.99E-03	7.21E-03	7.52E-03	7.96E-03	8.26E-03	8.92E-03	9.59E-03	8.58E-03
	6.000	8.23E-03	8.48E-03	8.82E-03	9.33E-03	9.62E-03	1.03E-02	1.11E-02	1.00E-02
	8.000	1.09E-02	1.11E-02	1.15E-02	1.22E-02	1.25E-02	1.33E-02	1.41E-02	1.30E-02

1970

1972 Table 8.3 Effective dose rate, ambient dose equivalent rate and air kerma rate coefficients for

1973 monoenergetic photon sources distributed at a depth of 10.0 g cm⁻² in the soil. Ambient dose

1974 equivalent rate and air kerma rate coefficients were estimated at 1 m above ground.

	Energy		$\dot{h}^{*}(10)$	kα						
	(MeV)		$(nSv h^{-1} Bq^{-1} m^2)$							
_		Adult	15 yr	10 yr	5 yr	1 yr	Newborn			
	0.010	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	
	0.015	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	
	0.020	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	0.00E+00	
	0.030	1.36E-11	1.75E-11	1.80E-11	2.10E-11	2.48E-11	3.29E-11	1.94E-10	1.81E-10	
	0.040	2.48E-08	3.02E-08	3.14E-08	3.88E-08	4.90E-08	5.65E-08	1.74E-07	1.23E-07	
	0.050	5.19E-07	5.84E-07	6.45E-07	7.71E-07	8.77E-07	1.03E-06	2.47E-06	1.58E-06	
	0.060	2.43E-06	2.66E-06	2.91E-06	3.42E-06	3.73E-06	4.26E-06	9.18E-06	5.51E-06	
	0.070	5.59E-06	6.05E-06	6.59E-06	7.59E-06	8.12E-06	9.15E-06	1.84E-05	1.09E-05	
	0.080	1.06E-05	1.15E-05	1.24E-05	1.41E-05	1.50E-05	1.65E-05	3.18E-05	1.88E-05	
	0.100	2.22E-05	2.38E-05	2.55E-05	2.86E-05	3.04E-05	3.26E-05	6.10E-05	3.62E-05	
	0.150	5.31E-05	5.65E-05	6.00E-05	6.61E-05	7.06E-05	7.45E-05	1.32E-04	8.30E-05	
	0.200	8.35E-05	8.85E-05	9.40E-05	1.03E-04	1.09E-04	1.16E-04	2.00E-04	1.30E-04	
	0.300	1.44E-04	1.51E-04	1.61E-04	1.76E-04	1.84E-04	1.96E-04	3.26E-04	2.23E-04	
	0.400	2.03E-04	2.12E-04	2.26E-04	2.46E-04	2.56E-04	2.75E-04	4.40E-04	3.14E-04	
	0.500	2.65E-04	2.75E-04	2.93E-04	3.18E-04	3.31E-04	3.57E-04	5.50E-04	4.06E-04	
	0.600	3.26E-04	3.37E-04	3.59E-04	3.89E-04	4.05E-04	4.38E-04	6.51E-04	4.95E-04	
	0.800	4.47E-04	4.65E-04	4.93E-04	5.30E-04	5.56E-04	6.01E-04	8.49E-04	6.66E-04	
	1.000	5.70E-04	5.92E-04	6.24E-04	6.70E-04	7.02E-04	7.56E-04	1.03E-03	8.25E-04	
	1.500	9.20E-04	9.50E-04	9.97E-04	1.06E-03	1.11E-03	1.20E-03	1.53E-03	1.28E-03	
	2.000	1.27E-03	1.30E-03	1.36E-03	1.45E-03	1.51E-03	1.62E-03	2.01E-03	1.71E-03	
	3.000	1.90E-03	1.95E-03	2.03E-03	2.14E-03	2.23E-03	2.38E-03	2.87E-03	2.49E-03	
	4.000	2.44E-03	2.51E-03	2.59E-03	2.73E-03	2.82E-03	2.99E-03	3.56E-03	3.13E-03	
	5.000	2.91E-03	2.98E-03	3.07E-03	3.22E-03	3.30E-03	3.49E-03	4.12E-03	3.65E-03	
	6.000	3.34E-03	3.42E-03	3.50E-03	3.67E-03	3.74E-03	3.93E-03	4.62E-03	4.12E-03	
	8.000	4.29E-03	4.39E-03	4.45E-03	4.67E-03	4.68E-03	4.91E-03	5.70E-03	5.17E-03	
975										

1975 1976

IR7

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Table 8.4. Effective dose rate, ambient dose equivalent rate and air kerma rate coefficients for 1978 monoenergetic photon sources distributed exponentially from the ground surface to 100.0 g cm⁻² with β =0.5 g cm⁻² in the soil. Ambient dose equivalent rate and air kerma rate 1979 1980 coefficients were estimated at 1 m above ground. 1981

Energy		Effective dose rate coefficient							
(MeV)		$(nSv h^{-1} Bq^{-1} m^2)$							
	Adult	15 yr	10 yr	5 yr	1 yr	Newborn		Ē	
0.010	1.00E-06	9.67E-07	1.32E-06	1.68E-06	3.18E-06	6.06E-06	9.88E-07	1.20E-04	
0.015	3.37E-06	3.78E-06	5.97E-06	7.37E-06	1.09E-05	2.13E-05	5.06E-05	1.93E-04	
0.020	9.01E-06	1.06E-05	1.43E-05	1.98E-05	2.50E-05	4.36E-05	1.33E-04	2.16E-04	
0.030	3.26E-05	3.73E-05	4.51E-05	6.25E-05	7.65E-05	1.12E-04	2.31E-04	2.11E-04	
0.040	6.24E-05	7.07E-05	8.19E-05	1.06E-04	1.25E-04	1.61E-04	2.84E-04	1.99E-04	
0.050	9.06E-05	1.02E-04	1.17E-04	1.41E-04	1.67E-04	1.99E-04	3.15E-04	1.94E-04	
0.060	1.23E-04	1.35E-04	1.51E-04	1.76E-04	2.05E-04	2.37E-04	3.58E-04	2.11E-04	
0.070	1.53E-04	1.66E-04	1.83E-04	2.10E-04	2.41E-04	2.72E-04	3.98E-04	2.32E-04	
0.080	1.82E-04	1.97E-04	2.16E-04	2.44E-04	2.78E-04	3.09E-04	4.42E-04	2.59E-04	
0.100	2.39E-04	2.56E-04	2.74E-04	3.06E-04	3.46E-04	3.86E-04	5.38E-04	3.22E-04	
0.150	3.84E-04	4.04E-04	4.35E-04	4.86E-04	5.46E-04	6.07E-04	8.03E-04	5.22E-04	
0.200	5.23E-04	5.55E-04	5.95E-04	6.68E-04	7.45E-04	8.36E-04	1.06E-03	7.26E-04	
0.300	8.13E-04	8.57E-04	9.22E-04	1.03E-03	1.15E-03	1.30E-03	1.56E-03	1.14E-03	
0.400	1.11E-03	1.16E-03	1.25E-03	1.39E-03	1.55E-03	1.76E-03	2.04E-03	1.55E-03	
0.500	1.42E-03	1.47E-03	1.59E-03	1.75E-03	1.95E-03	2.21E-03	2.51E-03	1.96E-03	
0.600	1.72E-03	1.77E-03	1.91E-03	2.10E-03	2.34E-03	2.65E-03	2.95E-03	2.36E-03	
0.800	2.28E-03	2.36E-03	2.52E-03	2.76E-03	3.06E-03	3.47E-03	3.75E-03	3.08E-03	
1.000	2.73E-03	2.84E-03	3.04E-03	3.29E-03	3.63E-03	4.08E-03	4.30E-03	3.61E-03	
1.500	4.06E-03	4.16E-03	4.45E-03	4.80E-03	5.23E-03	5.84E-03	6.00E-03	5.16E-03	
2.000	5.28E-03	5.41E-03	5.78E-03	6.21E-03	6.71E-03	7.46E-03	7.58E-03	6.61E-03	
3.000	7.46E-03	7.69E-03	8.17E-03	8.74E-03	9.33E-03	1.03E-02	1.04E-02	9.22E-03	
4.000	9.39E-03	9.72E-03	1.03E-02	1.10E-02	1.16E-02	1.28E-02	1.29E-02	1.15E-02	
5.000	1.12E-02	1.16E-02	1.22E-02	1.30E-02	1.36E-02	1.49E-02	1.51E-02	1.36E-02	
6.000	1.28E-02	1.33E-02	1.40E-02	1.49E-02	1.55E-02	1.69E-02	1.71E-02	1.55E-02	
8.000	1.64E-02	1.68E-02	1.77E-02	1.89E-02	1.94E-02	2.09E-02	2.12E-02	1.96E-02	

1984	Table 8.5. Effective dose rate, ambient dose equivalent rate and air kerma rate coefficients for
1985	monoenergetic photon sources distributed exponentially from the ground surface to 100.0 g
1986	cm^{-2} with $\beta=1.0$ g cm^{-2} in the soil. Ambient dose equivalent rate and air kerma rate
1987	coefficients were estimated at 1 m above ground.

Energy		$\dot{h}^{*}(10)$	kα					
(MeV)			$(nGy h^{-1})$ Bq ⁻¹ m ²					
	Adult	15 yr	10 yr	5 yr	1 yr	Newborn		
0.010	5.27E-07	5.10E-07	6.96E-07	8.86E-07	1.67E-06	3.19E-06	5.21E-07	6.33E-05
0.015	1.83E-06	2.05E-06	3.25E-06	3.99E-06	5.91E-06	1.15E-05	2.76E-05	1.05E-04
0.020	5.13E-06	6.06E-06	8.12E-06	1.12E-05	1.41E-05	2.45E-05	7.61E-05	1.24E-04
0.030	2.07E-05	2.36E-05	2.85E-05	3.92E-05	4.77E-05	6.95E-05	1.49E-04	1.36E-04
0.040	4.37E-05	4.94E-05	5.71E-05	7.31E-05	8.59E-05	1.10E-04	2.02E-04	1.42E-04
0.050	6.81E-05	7.64E-05	8.70E-05	1.05E-04	1.23E-04	1.45E-04	2.40E-04	1.48E-04
0.060	9.66E-05	1.06E-04	1.18E-04	1.38E-04	1.58E-04	1.81E-04	2.86E-04	1.68E-04
0.070	1.23E-04	1.34E-04	1.48E-04	1.68E-04	1.91E-04	2.13E-04	3.27E-04	1.90E-04
0.080	1.50E-04	1.62E-04	1.77E-04	1.99E-04	2.24E-04	2.47E-04	3.70E-04	2.17E-04
0.100	2.01E-04	2.14E-04	2.29E-04	2.55E-04	2.85E-04	3.15E-04	4.59E-04	2.74E-04
0.150	3.30E-04	3.47E-04	3.72E-04	4.15E-04	4.60E-04	5.08E-04	6.99E-04	4.53E-04
0.200	4.51E-04	4.79E-04	5.13E-04	5.73E-04	6.33E-04	7.05E-04	9.28E-04	6.33E-04
0.300	7.03E-04	7.41E-04	7.97E-04	8.87E-04	9.78E-04	1.10E-03	1.37E-03	9.94E-04
0.400	9.64E-04	1.00E-03	1.08E-03	1.20E-03	1.32E-03	1.49E-03	1.79E-03	1.35E-03
0.500	1.23E-03	1.27E-03	1.37E-03	1.51E-03	1.67E-03	1.88E-03	2.20E-03	1.71E-03
0.600	1.50E-03	1.54E-03	1.66E-03	1.82E-03	2.01E-03	2.26E-03	2.59E-03	2.07E-03
0.800	1.99E-03	2.06E-03	2.21E-03	2.41E-03	2.65E-03	2.99E-03	3.31E-03	2.71E-03
1.000	2.40E-03	2.50E-03	2.67E-03	2.89E-03	3.16E-03	3.55E-03	3.82E-03	3.20E-03
1.500	3.63E-03	3.72E-03	3.97E-03	4.27E-03	4.63E-03	5.16E-03	5.40E-03	4.63E-03
2.000	4.76E-03	4.88E-03	5.20E-03	5.57E-03	6.01E-03	6.67E-03	6.87E-03	5.99E-03
3.000	6.81E-03	7.01E-03	7.43E-03	7.95E-03	8.47E-03	9.34E-03	9.54E-03	8.44E-03
4.000	8.63E-03	8.93E-03	9.42E-03	1.00E-02	1.06E-02	1.16E-02	1.19E-02	1.06E-02
5.000	1.03E-02	1.07E-02	1.12E-02	1.20E-02	1.25E-02	1.37E-02	1.39E-02	1.25E-02
6.000	1.19E-02	1.23E-02	1.29E-02	1.38E-02	1.43E-02	1.55E-02	1.59E-02	1.44E-02
8.000	1.53E-02	1.56E-02	1.65E-02	1.75E-02	1.80E-02	1.94E-02	1.98E-02	1.82E-02

1990	Table 8.6. Effective dose rate, ambient dose equivalent rate and air kerma rate coefficients for
1991	monoenergetic photon sources distributed exponentially from the ground surface to 100.0 g
1992	cm^{-2} with $\beta=2.5$ g cm^{-2} in the soil. Ambient dose equivalent rate and air kerma rate
1993	coefficients were estimated at 1 m above ground.

Energy		$\dot{h}^{*}(10)$	kα					
(MeV)			$(nGy h^{-1})$ Bq ⁻¹ m ²					
	Adult	15 yr	10 yr	5 yr	1 yr	Newborn		
0.010	2.18E-07	2.11E-07	2.88E-07	3.66E-07	6.91E-07	1.32E-06	2.15E-07	2.62E-05
0.015	7.73E-07	8.66E-07	1.37E-06	1.68E-06	2.49E-06	4.84E-06	1.17E-05	4.44E-05
0.020	2.24E-06	2.64E-06	3.54E-06	4.88E-06	6.13E-06	1.06E-05	3.34E-05	5.43E-05
0.030	9.96E-06	1.14E-05	1.37E-05	1.87E-05	2.27E-05	3.28E-05	7.26E-05	6.66E-05
0.040	2.37E-05	2.67E-05	3.08E-05	3.92E-05	4.57E-05	5.79E-05	1.12E-04	7.86E-05
0.050	4.08E-05	4.56E-05	5.16E-05	6.21E-05	7.19E-05	8.48E-05	1.47E-04	9.09E-05
0.060	6.17E-05	6.77E-05	7.53E-05	8.75E-05	9.90E-05	1.13E-04	1.87E-04	1.10E-04
0.070	8.22E-05	8.92E-05	9.82E-05	1.11E-04	1.25E-04	1.39E-04	2.23E-04	1.30E-04
0.080	1.03E-04	1.12E-04	1.22E-04	1.36E-04	1.52E-04	1.66E-04	2.62E-04	1.54E-04
0.100	1.44E-04	1.54E-04	1.64E-04	1.82E-04	2.01E-04	2.19E-04	3.38E-04	2.02E-04
0.150	2.45E-04	2.58E-04	2.76E-04	3.06E-04	3.35E-04	3.66E-04	5.32E-04	3.43E-04
0.200	3.39E-04	3.59E-04	3.85E-04	4.27E-04	4.66E-04	5.12E-04	7.14E-04	4.83E-04
0.300	5.30E-04	5.59E-04	6.00E-04	6.64E-04	7.23E-04	8.01E-04	1.06E-03	7.61E-04
0.400	7.27E-04	7.58E-04	8.14E-04	8.97E-04	9.76E-04	1.09E-03	1.38E-03	1.04E-03
0.500	9.30E-04	9.60E-04	1.03E-03	1.13E-03	1.23E-03	1.37E-03	1.69E-03	1.31E-03
0.600	1.13E-03	1.16E-03	1.25E-03	1.36E-03	1.49E-03	1.66E-03	1.99E-03	1.58E-03
0.800	1.51E-03	1.57E-03	1.67E-03	1.81E-03	1.98E-03	2.21E-03	2.56E-03	2.08E-03
1.000	1.84E-03	1.91E-03	2.03E-03	2.19E-03	2.37E-03	2.64E-03	2.97E-03	2.47E-03
1.500	2.82E-03	2.89E-03	3.07E-03	3.30E-03	3.55E-03	3.93E-03	4.26E-03	3.64E-03
2.000	3.74E-03	3.84E-03	4.07E-03	4.36E-03	4.67E-03	5.15E-03	5.48E-03	4.76E-03
3.000	5.45E-03	5.61E-03	5.93E-03	6.32E-03	6.71E-03	7.36E-03	7.71E-03	6.80E-03
4.000	7.00E-03	7.23E-03	7.60E-03	8.09E-03	8.51E-03	9.30E-03	9.69E-03	8.63E-03
5.000	8.42E-03	8.71E-03	9.13E-03	9.70E-03	1.01E-02	1.10E-02	1.15E-02	1.03E-02
6.000	9.78E-03	1.01E-02	1.06E-02	1.12E-02	1.16E-02	1.26E-02	1.31E-02	1.19E-02
8.000	1.27E-02	1.30E-02	1.36E-02	1.44E-02	1.48E-02	1.59E-02	1.65E-02	1.52E-02

1996	Table 8.7. Effective dose rate, ambient dose equivalent rate and air kerma rate coefficients for
1997	monoenergetic photon sources distributed exponentially from the ground surface to 100.0 g
1998	cm^{-2} with $\beta=5.0$ g cm^{-2} in the soil. Ambient dose equivalent rate and air kerma rate
1999	coefficients were estimated at 1 m above ground.

Energy		$\dot{h}^{*}(10)$	kα					
(MeV)			(nS	v h ⁻¹ Bq ⁻¹ n	n ²)			$(nGy h^{-1})$ Bq ⁻¹ m ²
	Adult	15 yr	10 yr	5 yr	1 yr	Newborn		
0.010	1.10E-07	1.06E-07	1.45E-07	1.85E-07	3.49E-07	6.66E-07	1.09E-07	1.32E-05
0.015	3.94E-07	4.41E-07	6.97E-07	8.56E-07	1.27E-06	2.46E-06	5.95E-06	2.26E-05
0.020	1.16E-06	1.36E-06	1.83E-06	2.51E-06	3.16E-06	5.44E-06	1.72E-05	2.81E-05
0.030	5.36E-06	6.12E-06	7.37E-06	1.01E-05	1.21E-05	1.76E-05	3.94E-05	3.61E-05
0.040	1.36E-05	1.53E-05	1.76E-05	2.24E-05	2.60E-05	3.29E-05	6.49E-05	4.57E-05
0.050	2.49E-05	2.78E-05	3.14E-05	3.77E-05	4.35E-05	5.12E-05	9.09E-05	5.64E-05
0.060	3.95E-05	4.33E-05	4.82E-05	5.59E-05	6.28E-05	7.14E-05	1.22E-04	7.20E-05
0.070	5.44E-05	5.91E-05	6.50E-05	7.36E-05	8.20E-05	9.08E-05	1.51E-04	8.81E-05
0.080	7.04E-05	7.61E-05	8.29E-05	9.25E-05	1.03E-04	1.12E-04	1.82E-04	1.07E-04
0.100	1.02E-04	1.08E-04	1.16E-04	1.29E-04	1.41E-04	1.53E-04	2.43E-04	1.45E-04
0.150	1.79E-04	1.89E-04	2.02E-04	2.23E-04	2.43E-04	2.63E-04	3.96E-04	2.54E-04
0.200	2.51E-04	2.66E-04	2.85E-04	3.15E-04	3.41E-04	3.72E-04	5.40E-04	3.63E-04
0.300	3.97E-04	4.19E-04	4.49E-04	4.95E-04	5.34E-04	5.87E-04	8.08E-04	5.77E-04
0.400	5.46E-04	5.69E-04	6.10E-04	6.71E-04	7.23E-04	7.98E-04	1.06E-03	7.87E-04
0.500	6.99E-04	7.21E-04	7.73E-04	8.46E-04	9.12E-04	1.01E-03	1.30E-03	9.96E-04
0.600	8.50E-04	8.72E-04	9.34E-04	1.02E-03	1.10E-03	1.22E-03	1.52E-03	1.20E-03
0.800	1.14E-03	1.18E-03	1.26E-03	1.36E-03	1.47E-03	1.63E-03	1.96E-03	1.59E-03
1.000	1.39E-03	1.44E-03	1.53E-03	1.65E-03	1.77E-03	1.96E-03	2.28E-03	1.89E-03
1.500	2.15E-03	2.21E-03	2.34E-03	2.51E-03	2.69E-03	2.95E-03	3.30E-03	2.81E-03
2.000	2.87E-03	2.95E-03	3.12E-03	3.34E-03	3.56E-03	3.90E-03	4.27E-03	3.70E-03
3.000	4.24E-03	4.36E-03	4.59E-03	4.88E-03	5.17E-03	5.64E-03	6.06E-03	5.33E-03
4.000	5.48E-03	5.65E-03	5.93E-03	6.29E-03	6.60E-03	7.18E-03	7.65E-03	6.80E-03
5.000	6.62E-03	6.83E-03	7.14E-03	7.57E-03	7.88E-03	8.52E-03	9.06E-03	8.12E-03
6.000	7.70E-03	7.95E-03	8.29E-03	8.77E-03	9.06E-03	9.77E-03	1.04E-02	9.36E-03
8.000	1.01E-02	1.03E-02	1.07E-02	1.14E-02	1.16E-02	1.24E-02	1.31E-02	1.20E-02



2002 **8.2. Radionuclide decay chain**

2003 (155) In this publication, external dose rate coefficients are evaluated for 1252 2004 radionuclides of 97 elements compiled in Publication 107 (ICRP, 2008). Table XX (see electronic supplement of this publication) summarises nuclear decay characteristics of each 2005 2006 radionuclide. The nuclide-specific dose rate coefficients appearing on the electronic 2007 supplement are based on the radiations emitted by the indicated radionuclide and do not 2008 include consideration of the radiations emitted by radioactive decay products. For each 2009 radionuclide, the radioactive decay products, if formed, are identified in Table 1 of the 2010 Electronic Supplement.

(156) Dose rate coefficients for a radionuclide and its decay products should be combined after consideration of the equations describing production and decay of daughter radionuclides over time, and differences in environmental behaviour of the parent and daughter nuclides. Such consideration is required for evaluation of the effective dose rate at a specified time and the effective dose integrated over a specified period.

2016 (157) The serial transformation by radioactive decay of each member of a radioactive 2017 series is described by the Bateman equations (Bateman, 1910; ICRP, 1959; Skrable et al., 2018 1974) and the following equations developed by Eckerman and Ryman (1993). Assume that 2019 at time zero, the concentration of the parent nuclide on the surface of the ground is A_1^0 (Bq m⁻ 2020 ²) and that the effective dose, *E* for an exposure period of one year is to be estimated. The 2021 contribution to effective dose from nuclear transformation of the parent nuclide is given by 2022

2023
$$E = \dot{e}_{E,1}^{gs} \frac{A_1^0}{\lambda_1} (1 - e^{-\lambda_1 T}), \qquad (8.3)$$

2024

where $\dot{e}_{E,1}^{gs}$ denotes the effective dose rate coefficient from ground surface exposure for nuclide 1 (Sv s⁻¹ Bq⁻¹ m²), λ_1 is the decay constant, in inverse seconds, for nuclide 1 ($\lambda = 0.6931 \dots / T_{1/2}$), and *T* is the exposure period of one year or 3.15×10^7 s.

2028 (158) Using the Bateman equations, the activity at time *t* of chain members i, i = 1, 2, ...,2029 can be expressed as 2030

2031
$$A_{i}(t) = A_{1}^{0} \prod_{j=1}^{i-1} f_{j,j+1} \lambda_{j} \sum_{j=1}^{i} \frac{e^{-\lambda_{j}t}}{\prod_{\substack{k=1\\k\neq j}}^{i} (\lambda_{k} - \lambda_{j})} , \qquad (8.4)$$

2033 where

2035
$$\prod_{i=1}^{n} a_i = \begin{cases} a_1 \times a_2 \cdots a_n, & \text{if } n \ge 1 \\ 1, & \text{if } n = 0 \end{cases}$$

n

2036

2037 and $f_{j,j+1}$ denotes the fraction of the nuclear transformations of chain member (*j*) forming 2038 member (*j*+1).

2039 (159) The effective dose associated with an exposure period of duration (*T*), following a 2040 contamination event at t = 0 that results in a ground surface concentration of A_1^0 , is



(8.6)

2042
$$E = A_1^0 \sum_{i=1}^n \dot{e}_{E,i}^{gs} \prod_{j=1}^{i-1} f_{j,j+1} \lambda_j \sum_{j=1}^i \frac{e^{-\lambda_j T}}{\prod_{\substack{k=1\\k\neq j}}^i (\lambda_k - \lambda_j)} , \qquad (8.5)$$

2043 where $\dot{e}_{E,i}^{gs}$ denotes the effective dose rate coefficient for ground surface exposure to nuclide 2044 (i), and all other factors are as defined above. If the parent radionuclide is long-lived relative 2045 to the decay products, then at times T such that $\lambda_i T > 5$, i = 2 to n, E can be estimated as 2046 2047

2048
$$E = A_1^0 \frac{1 - e^{-\lambda_1 T}}{\lambda_1} \sum_{i=1}^n \dot{e}_{E,i}^{gs} \prod_{j=1}^{l-1} f_{j,j+1}$$

2049

(160) Under these conditions the activity of the decay products is in secular equilibrium 2050 with the parent's activity. For example, application of Eq. (8.6) to 137 Cs and its 137m Ba decay 2051 2052 product would yield

2054

2055

$$E = A_{\rm Cs-137}^0 \frac{1 - e^{-\lambda_{\rm Cs-137}t}}{\lambda_{\rm Cs-137}} \left(\dot{e}_{E,\rm Cs-137}^{gs} + 0.944 \, \dot{e}_{E,\rm Ba-137m}^{gs} \right) \quad , \tag{8.7}$$

where 0.944 is the fraction of the ¹³⁷Cs nuclear transformations forming ^{137m}Ba. If the decay 2056 products are not short-lived relative to the parent, then it is necessary to evaluate Eq. (8.5). 2057

(161) In many instances, the mathematical models describing the fate of radionuclides in 2058 2059 the environment (e.g. their dispersion of following release to the atmosphere) include an 2060 evaluation of the ingrowth of each radioactive decay product. The information of Table 1 2061 (Electronic Supplement) should be useful to those implementing such models.

8.3. Relationship between radioactivity in soil, effective dose, ambient dose 2062 equivalent and personal dose equivalent 2063

(162) Operational quantities were originally developed for the protection of 2064 2065 occupationally exposed workers. The use of the operational quantities has been extended to 2066 monitoring of radiation exposure of the public from natural and artificial environmental sources of radiation. One of the applications is radiation monitoring in contaminated 2067 2068 environment by radionuclides released from nuclear facilities by an accident.

2069 (163) After the Fukushima Daiichi Nuclear Power Plant accident in 2011, a large-scale 2070 national environmental monitoring program was carried out, and comprehensive data including radioactivity in soil and ambient dose equivalent rate, $\dot{h}^*(10)$, were collected 2071 2072 (NRA, 2012). In addition, many municipalities in Fukushima prefecture started individual 2073 external dose monitoring for residents living in contaminated areas. The individual 2074 monitoring of external exposure is performed using a personal dosimeter worn on the body.

(164) The personal dosimeters indicate personal dose equivalent, $H_p(10)$. The 2075 relationship between effective dose, E, ambient dose equivalent, $H^*(10)$ and $H_n(10)$ has 2076 been studied for workers in Publication 74 (ICRP, 1996b) and Publication 116 (ICRP, 2010) 2077 2078 for idealised exposure conditions. In routine calibrations, personal dosimeters on a phantom 2079 are exposed in the reference direction, i.e. at 0°. The condition simulates antero-posterior 2080 (AP) geometry where workers face to radiation sources and are exposed to radiations from



front to back. In the AP geometry, $H_p(10)$ provides a conservative estimate regarding *E* for photon energies up to 10 MeV. However, the radiation fields originated by large-scale environmental contamination are multidirectional photon fields and their characteristics are different from those in the AP geometry. Determining whether *E* can be properly assessed using the personal dosimeters, which have been calibrated for the reference direction, in the radiation field of the contaminated environment is a matter of great concern to ensure proper protection of the public.

(165) Satoh et al. (2017) investigated the relation of E, $H^*(10)$ and $H_p(10)$ in radiation 2088 fields originated from ¹³⁴Cs and ¹³⁷Cs in soil. In this study, *E* and $H_p(10)$ monitored by a 2089 personal dosemeter worn on the body, have been calculated using the paediatric (newborns; 1-2090 year-old, 5-year-old, 10-year-old, and 15-year-old children) and adult phantoms by radiation 2091 transport techniques for planar sources of ¹³⁴Cs and ¹³⁷Cs distributed uniformly in various 2092 depths in soil. The study indicates the quantity $H_p(10)$ provides a good estimate for E in a 2093 2094 contaminated environment and does not exceed $H^*(10)$ values at a height of 1 m above the 2095 ground.

8.4. Comparison with new operational quantities for external radiation proposed by ICRU

2098 (166) The operational quantities for external exposure in use at the time of compilation of 2099 this report, were defined in the 1980s and have been implemented into legal metrology 2100 worldwide since. Nevertheless, the existing system has some limitations (Bartlett and Dietze, 2101 2010; Endo, 2016), ICRU xx (in preparation) and informs on further improvements to 2102 consider changes in the fields of application, including the extension of radiation type and 2103 energy range (ICRP, 2007, 2010, 2016a; ICRU, 2010). Ideally, the determination of an 2104 operational quantity should give a value that is a close estimate of the value of the protection 2105 quantity.

2106 (167) The ICRU Report Committee 26 [ICRU Report xx (in preparation)] has examined 2107 the rationale for the operational quantities, considering updated definitions of protection 2108 quantities by ICRP (ICRP, 2007, 2010). They subsequently investigated a set of alternative 2109 definitions for operational quantities. ICRU recommends a redefinition of the operational 2110 quantities using coefficients that are based on protection quantities (Endo, 2016). Thus, 2111 consideration was given to define new quantities by the value of particle fluence (a 2112 radiometric quantity) at the point of interest, multiplied by values of the conversion coefficients to the protection quantities. This approach is justified because the reference 2113 2114 values of the conversion coefficients for the protection quantities are available (ICRP, 2010). 2115 This change would avoid the use of different phantoms (anthropomorphic phantoms vs. ICRU 2116 sphere or slab) and different forms of dose weighting for radiation quality (radiation 2117 weighting factor vs quality factor) between the protection quantities and the operational 2118 quantities.

(168) In the proposed definitions, the ambient dose H^* , at a point in a radiation field, is defined as the product of the particle energy fluence, Φ , at that point and a conversion coefficient, *h*, relating the particle energy fluence to the maximum value of the effective dose, E_{max} . The conversion coefficients are calculated for exposures of the whole-body of the ICRP adult reference phantoms (ICRP, 2009a) for broad idealised parallel beams of the radiation field incident in irradiation geometries along the antero-posterior (AP), postero-anterior (PA), left lateral (LLAT), right lateral (RLAT) axes, for 360° rotational (ROT) directions, fully



isotropic irradiation (ISO), superior hemisphere semi-isotropic irradiation (SS-ISO), and
 inferior hemisphere semi-isotropic irradiation (IS-ISO) fields.

2128 (169) The ambient dose coefficients are given by $h_{E_{\max,i}}(\varepsilon) = E_{\max,i}(\varepsilon)/\Phi(\varepsilon)$, where the 2129 fluence values are those for the particle type, *i*, at the point of interest, at each energy, ε . For 2130 particles of type *i*: 2131

2132
$$H_i^* = \int h_{E_{\max,i}}(\varepsilon) \frac{\mathrm{d}\Phi_i(\varepsilon)}{\mathrm{d}\varepsilon} \,\mathrm{d}\varepsilon$$

2133

2138

2134 where $d\Phi_i(\varepsilon)/d\varepsilon$ is the fluence of particles at that point with kinetic energies in the interval 2135 $d\varepsilon$ around ε . The sum over all contributing particle types, *i*, is the quantity H^* : 2136

2137
$$H^* = \sum H_i^*$$

2139 The unit of ambient dose is $J \text{ kg}^{-1}$. The special name for the unit of ambient dose is sievert 2140 (Sv).

2141 **8.5.** Application of dose rate coefficients for remediation planning

2142 (170) The present publication provides radionuclide-specific dose rate coefficients for members of the public resulting from environmental external exposures. These dose rate 2143 2144 coefficients could be utilised for planning of remediation from radioactive contamination of 2145 the environment. Remediation activities, including decontamination, reduce exposure of the 2146 public living in a contaminated area. A software has been developed to support decision-2147 making and planning of remediation activities by optimisation of counter measures 2148 (Ulanovsky et al., 2011). The software addresses the annual effective dose of the population, 2149 and the dose rate coefficients given in this Publication are useful for this purpose.

2150 (171) Estimation of dose reduction by decontamination for a specific situation requires 2151 among other factors, consideration of source size, inhomogeneity of source distribution, and 2152 decontamination factor. For that purpose, Satoh et al (2014) have developed a methodology 2153 and software to estimate the effects of decontamination and the dose reduction effect resulting 2154 from a decontamination scenario. To estimate the dose reduction for a specific contaminated 2155 site after decontamination measures, it is necessary to consider the inhomogeneity of the 2156 source distribution as well as the size of the source. This estimation requires a different 2157 approach than the one describes in this report and it is proposed by Satoh et al (2014).

- 2158 (172) It is beyond the Task Group's scope to address decontamination.
- 2159



9. CONCLUSIONS

2161 (173) This report provides age-dependent data sets of nuclide-specific reference effective 2162 and organ equivalent dose rate coefficients to be used for the assessment of external dose from environmental exposure to the public for selected idealized environmental conditions 2163 which are considered to be typical. These are exposure to contamination on or below the 2164 2165 ground surface and at different depths (soil contamination); submersion in a contaminated 2166 atmospheric cloud (air submersion); and immersion in contaminated water (water immersion). In the first two scenarios, air-over-ground geometry and a human body standing up-right 2167 2168 above the ground were assumed.

(174) ICRP establishes for the first time reference dose rate coefficients for exposure to 2169 2170 environmental radionuclides. These were computed for the ICRP voxel-based adult male and female reference computational phantoms (ICRP, 2009a) as well as for the 10 ICRP reference 2171 paediatric phantoms representing the newborn, 1-year-old, 5-year-old, 10-year-old and 15-2172 2173 year-old reference male and female reference individuals (ICRP 2018, in preparation). Radiations considered include primary photons and electrons from environmentally dispersed 2174 2175 radionuclides, scattered photons and electrons emitted within the environment, and 2176 bremsstrahlung photons produced via electron deceleration. The emitted electrons include 2177 those of beta decay (negatrons and positrons) and ejected orbital electrons due to internal 2178 conversion and Auger processes in the electron shell of the newly formed atom.

2179 (175) Organ equivalent dose rates increase with decreasing age because of the reduced 2180 shielding effect of the smaller body and the closer vicinity of the source for ground 2181 contamination. It was found that the effective dose varies relatively largely between the newborn and a 1-year-old child. Effective dose rates for the reference 15-year adolescents are 2182 2183 close to those computed for the reference adults.

2184 (176) The ambient dose equivalent rates and air kerma rates have been computed and are given for both soil contamination and air submersion for the environmental geometries 2185 2186 considered. These data enable interpretation of monitoring data relating effective doses rates 2187 to ambient dose equivalent rates or to air kerma rates. Ambient dose equivalent and air kerma 2188 rates were found to provide conservative estimates of effective dose rates for both the adult and the newborn (and thus for all ages). 2189

2190 (177) The expected applications of the dose rate coefficients are: (a) pre-accidental evaluations in order to predict the possible impacts to the public by postulated radiological 2191 accidents, (b) post-accidental evaluations to estimate doses in order to develop a radiological 2192 2193 protection strategy for the exposed populace, (c) evaluations following discharge of 2194 radionuclides from nuclear and radioisotope facilities during routine operations, and (d) 2195 evaluations of naturally occurring radionuclides in the environment. The pre/post-accident 2196 analyses are performed typically by software packages (e.g. codes for severe accidents). The 2197 software predicts the dispersion, migration, and distribution of radionuclides in the 2198 environment. The dose rate coefficients of the present publication could thus be implemented 2199 within these codes.

2200 (178) It should be noted that dose rate coefficients are calculated for idealised and hypothetical source geometries such as semi-infinite and uniform distributions, for reference 2201 2202 phantoms wearing no clothing, and for an idealised, upright postures, even for the exposed 2203 newborn. As a result, they do not fully reflect actual exposures for any particular situation or 2204 exposed individual.

2205 (179) External doses can be significantly lower indoors than outdoors due to the shielding 2206 effects of the building. This is taken into account through the use of a so-called location factor of 0.4-0.6 which accounts for structural shielding by building type (according to the country, 2207



2208 building material) and an assumed occupancy factor of 0.6 (i.e. approximately two thirds of 2209 the time per day spent indoors) which represents the fraction of time spent inside a house (IAEA, 2000a). This obviously can vary considerably according to the geographical 2210 2211 distribution, profession and population habits. The present report presents dose coefficients rates for situations outside houses and does not attempt to address issues of shielding or 2212 2213 population behaviour. The selection and application of suitable location and occupancy 2214 factors is left to the user (i.e. the legislative authority or the developer of emergency 2215 programs).



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- 2501



2502

ANNEX A. SKELETAL DOSIMETRY

2503 (A 1) In this report, the radiation absorbed dose to two different target tissues were 2504 assessed in the computation of the effective dose: the haematopoietically active bone marrow 2505 (AM), and the skeletal endosteum (TM_{50}). The former target region is taken as the nonadipose regions of the bone marrow cavities within both spongiosa and medullary marrow 2506 2507 cavities of the phantom skeleton, while the latter target region is taken to be total marrow 2508 localised with 50 µm of the bone trabeculae surfaces and along the interior surfaces of the 2509 long bone medullary cavities. As described in Publications 110 and 116 (ICRP, 2009, 2010), the bone trabeculae and marrow cavities are tissue structures on the order of tens to hundreds 2510 of micrometres in thickness and extent, and thus cannot be fully modelled with the voxel 2511 2512 resolution of either the reference adult or paediatric phantoms. Consequently, radiation absorbed dose, thus equivalent dose, to these two target tissues were determined employing 2513 2514 the concept of the fluence-to-dose response function for photons as described and presented in 2515 Annex D of Publication 116 (ICRP, 2010).

(A 2) It should be noted that for this report, energy deposition to the skeletal target tissues is almost exclusively by photons, either directly emitted from the environmental radionuclide sources (air, water, or soil), or indirectly by bremsstrahlung x-ray production by environmentally emitted beta particles and conversion/Auger electrons. In the rare instance that electron collisional kinetic energy is deposited within the marrow cavities of the phantom skeleton, radiation dose to spongiosa (or medullary marrow) is taken as a surrogate of the absorbed dose to either AM or TM₅₀.

2523 (A 3) The fluence-to-dose response function (\mathcal{R}) for assessment of the bone-specific 2524 absorbed dose to skeletal tissues delivered by photons of energy (*E*) in bone site (*x*) is given 2525 as follows: 2526

$$\mathcal{R}(r_T \leftarrow r_S, x, E) = \frac{D(r_T, x)}{\Phi(E, r_S, x)}$$
(A.1)

$$= \sum_{r} \frac{m(r,x)}{m(r_T,x)} \sum_{i} \int_0^\infty \phi(r_T \leftarrow r, T_i, x) (\mu_i / \rho)_{r,E} T_i n_r(T_i, E) dT_i$$
(A.2)

2527 where

- 2528 *x* is the index for the various bone sites within the phantom (upper femora, cranium, etc.); for
- the long bones, regions of spongiosa and the medullary cavities are considered as different bones sites;
- 2531 r_T is the index for the target tissue for dose assessment (active marrow or endosteum);
- r_s is the index for the source tissue in bone site x in which the photon fluence is scored (spongiosa or medullary marrow);
- 2534 *r* is the index for the constituent tissues of source tissue r_s . For $r_s =$ spongiosa, *r* is trabecular 2535 bone, active marrow, or inactive marrow;
- 2536 *E* is the energy of the photon passing through and potentially interacting within skeletal tissue 2537 r_S of bone site *x*;
- 2538 m(r, x) is the mass of the constituent tissue r in bone site x;
- 2539 $m(r_T, x)$ is the mass of the target tissue r_T in bone site x;
- i is the index for the photon interaction type considered: photoelectric, Compton, pair production, or triplet production;



spongiosa kerma coefficients.

DRAFT REPORT FOR CONSULTATION: DO NOT REFERENCE

- 2542 T_i is the kinetic energy of the secondary electron liberated in constituent tissue *r* by interaction 2543 type *i*;
- 2544 $\phi(r_T \leftarrow r, T_i, x)$ is the fraction of secondary electron kinetic energy T_i liberated in constituent 2545 tissue *r* of bone site *x* that is imparted to target tissue r_T in bone site *x*;
- 2546 $(\mu_i/\rho)_{r,E}$ is the mass attenuation coefficient for photon interaction type *i*, in constitute tissue 2547 *r* at photon energy *E*; and
- 2548 $n_r(T_i, E)dT_i$ denotes the number of secondary electrons of energy between T_i and $T_i + dT_i$ 2549 liberated in constituent tissue *r* by photon of energy *E* in interaction type *i*.
- (A 4) As noted in Annex D of Publication 116, Eq. D.2 was evaluated as described by 2550 2551 Johnson et al. (Johnson et al., 2011). Electron absorbed fraction data were obtained through 2552 Paired-Image Radiation Transport (PIRT) calculations using microCT images of 32 bones 2553 sites extracted from the skeleton of a 40-year-old male cadaver (Hough et al., 2011). Values of electron absorbed fractions in the bones of the reference paediatric phantoms were taken 2554 from the University of Florida doctoral dissertations of Pafundi (Pafundi, 2009) and Wayson 2555 2556 (Wayson, 2012), as summarised in Bolch et al. (in preparation). MicroCT images of cadaveric 2557 newborn bones were used for radiation transport in the bones of the reference newborn phantom (Pafundi et al., 2009; Pafundi et al., 2010). Similarly, microCT images of cadaveric 2558 2559 18-year-old male bones were used in the construction of skeletal absorbed fractions for 2560 electrons in the reference 15-year-old phantom (Pafundi, 2009). Cadaveric bone samples were 2561 not available for the interior ages of the ICRP reference phantom series. Consequently, the 2562 linear path length distributions from the University of Leeds 1.7-year-old and 9-year-old cadavers were used respectively to assess electron absorbed fractions in the bones of the 2563 2564 reference 1-year-old and 10-year-old phantoms (Beddoe, 1976). Values of skeletal electron 2565 absorbed fractions were then assessed via interpolation of the Leeds data to report values for the reference 5-year-old phantom (Pafundi, 2009). Charged particle equilibrium is typically 2566 2567 established across bone sites at photon energies exceeding 200 keV, and thus in this report, 2568 values of the dose response function above that energy are taken as their corresponding

2570 (A 5) In this report, the absorbed dose in tissue (r_T) in bone site (x), $D(r_T, x)$ is thus 2571 determined as the integral of the product of the bone-specific energy-dependent photon 2572 fluence ($\Phi(E, r_s, x)$) and the bone-specific energy-dependent dose-response function 2573 ($\mathcal{R}(r_T \leftarrow r_s, x, E)$):

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$$D(r_T, x) = \int_E \Phi(E, r_S, x) \mathcal{R}(r_T \leftarrow r_S, x, E) dE.$$
(A.3)

2575

While bone-specific absorbed dose to the skeletal tissues was computed in this study, the computation of the effective dose requires the skeletal-averaged absorbed dose to active marrow and to endosteum for each of the reference adult and paediatric phantoms. Accordingly, skeletal averaged dose is given as a mass-weighted average of the bone-site specific absorbed dose:

2581

$$D_{skel}(r_T) = \sum_{x} \frac{m(r_T, x)}{m(r_T)} D(r_T, x),$$
(A.4)



where $m(r_T, x)$ is the bone-specific mass of the target tissue (r_T) in bone site (x), $m(r_T)$ is the total mass of target tissue (r_T) across the entire skeleton, and $D(r_T, x)$ is the bone-specific absorbed dose given by Equation A.3. Masses for the skeletal tissues are reported in *Publication 133* (ICRP, 2016) for the male and female reference adult phantoms, and in *Publication XXX* (ICRP, in preparation) for the series of male and female pediatric phantoms.

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2621

ANNEX B. SKIN DOSIMETRY

2622 (B 1) For environmental external exposures and dose to the skin, stochastic effects are 2623 relevant. In radiation protection, the mean value of the absorbed dose averaged over the 2624 specified organ, tissue or cells at risk is correlated with the detriment due to stochastic effects. The skin cells at radiogenic risk have been identified and the absorbed dose to these cells have 2625 2626 been assigned a tissue weighting factor w_T=0.01 (ICRP, 2007). The skin dose contributing to 2627 the effective dose is the equivalent dose to the skin cells at risk averaged over the body.

2628 (B 2) The skin cells at the most radiogenic risk are the basal cells, which are located between the epidermis and dermis of the skin. ICRP refers to a range of epidermal thickness 2629 of 20 to 100 µm, including the majority of body sites, but uses the nominal average value of 2630 2631 70 µm for general radiological protection purposes (ICRU, 1997; ICRP, 2010). Publication 89 (ICRP, 2002) provides the reference thicknesses of the epidermis for different ages: 45 µm 2632 2633 (newborn and 1-year-old and 5-year-old children), 50 µm (10-year-old children), 60 µm (15year-old children) and 70 µm (adults). A range of 50 to 100 µm below the skin surface is 2634 considered to be an appropriate depth for the basal cell layer at radiogenic risks of most parts 2635 2636 of the skin (ICRP, 2010).

2637 (B 3) The extent to which the mean value of the skin dose is representative of the absorbed dose to the critical region of the skin, located at 50 to 100 µm depth, depends, for 2638 2639 external irradiation, on the homogeneity of the exposure and on the range of the incident 2640 radiation. For gammas of energies relevant for environmental radionuclides, the assumption 2641 of the mean organ dose being representative of the dose to the 70 µm can be considered valid 2642 due to their rather homogeneous dose distribution within the skin. For weakly penetrating radiations (e.g. electrons) which could exhibit a significant dose gradient within the skin, this 2643 2644 approach could be invalid, underestimating or overestimating the doses to the basal cell layer 2645 at risk.

(B 4) The skin of the voxel-based ICRP reference phantoms is represented as one voxel 2646 layer. The voxel thicknesses in both the male and female adult phantoms (2.137 mm and 2647 1.775 mm, respectively) (ICRP, 2009) are larger than the reference skin thicknesses of 1.6 2648 mm and 1.3 mm for the reference male and female, respectively (ICRP, 2002). Reference 2649 values for skin thickness in children have not be defined by ICRP, but can be derived for the 2650 2651 reference paediatric phantoms using Publication 89 data on: (1) skin mass and (2) body surface area provided in Publication 89 (ICRP, 2002), and (3) a reference skin density from 2652 ICRU Report 46 (ICRU, 1992). These derived skin thicknesses are shown in Table B.1. Note 2653 that these have not directly been used for the skin dosimetry of this publication, as the skin 2654 2655 dose was scored at the sensitive layer (see paragraph B7), but are referred here for the sake of 2656 completeness.

2657 (B 5) For electron skin dosimetry of the adult phantoms, the voxel representation of 2.1 or 1.7 mm (for male and female phantoms, respectively) could underestimate or overestimate the 2658 doses, depending on the electron energy, as would be shown in section B.1.1. In order to 2659 2660 overcome this limitation, polygon mesh (PM) models were used: for the adult male and female phantoms, the skin models of the mesh-type ICRP adult reference phantoms were 2661 employed for the calculations. These phantoms are the exact counterparts of the ICRP 2662 phantoms and have the advantage that they can model small tissues below the voxel phantom 2663 2664 resolution. More information on these phantoms can be found at (Kim et al., 2011, 2016, 2665 2017; Yeom et al., 2013, 2016a,b; Nguyen et al., 2015).

(B 6) The mesh-type skin models of the adult phantoms were constructed by directly 2666 converting the skin models of the voxel-type ICRP adult reference phantoms to high-quality 2667 polygon-mesh (PM) format. The PM skin models include a 50-um -thick radiosensitive layer 2668



2669 located at a depth from 50 to 100 µm below the skin surface. Fig. B.1 shows a 3D 2670 representation of the adult male and female PM skin model. The masses of the adult PM skin 2671 models are in accordance with the reference values (male: 3300 g and female: 2300 g) (ICRP, 2672 2002). The average thicknesses of the skin models are 1.69 mm and 1.33 mm for the adult 2673 male and female, respectively, which are in good agreement with the reference values (male: 1.6 mm and female: 1.3 mm). The inner space of the skin PM models is filled with the 2674 2675 average soft tissue for adults, as specified by ICRU (1992), but has slightly modified densities (male: 1.024 g cm³ and female: 1.010 g cm³) in order to maintain the reference body weights 2676 of 73 (male) and 60 kg (female). 2677



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Fig. B.1. Representation of the adult male and female polygon mesh (PM) skin model. Red indicates the target sensitive layer of the skin; the beige colour indicates the exterior skin surface and the black colour represents the most inner skin surface. The dead skin layer between the exterior surface and the target layer is represented by the green colour, as viewed from the left side.

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2685 (B 7) For the paediatric phantoms, the mesh-type skin models were constructed from the outer surfaces of the NURBS-version of ICRP paediatric phantoms. (NURBS: Non-Uniform 2686 Rational B-Spline surfaces). These were the original phantoms from which the ICRP 2687 2688 paediatric phantoms were derived (Lee et al., 2010). The NURBS-format outer surfaces were 2689 converted to the PM format via tessellation procedure (Piegl and Richard, 1995). The PM outer surfaces were then adjusted to match the total volumes of the ICRP paediatric 2690 2691 phantoms. The outer surfaces were copied and their sizes were reduced to define the inner 2692 surface of the skin, matching the skin thicknesses to those (i.e. voxel sizes) of the ICRP 2693 paediatric phantoms. The inner space of the PM skin models was also filled with average soft tissue (ICRU, 1989) but with slightly modified densities to maintain the reference body 2694 2695 weights. The outer surfaces were again copied to create two additional surfaces and reduce their sizes to define the target sensitive layer within the skin at depths of 50 µm and 100 µm. 2696 2697 Table B.1 shows the average skin thickness, mass and density for the paediatric phantoms, as 2698 well as the of the sensitive layer of the skin.



2699

Table B.1. Skin thickness, mass and density and mass of the sensitive layer of the skin of thepediatric phantoms.

2702

Age and gender	Newborn Male/ Female	1 yr Male/ Female	5 yr Male/ Female	10 yr Male/ Female	15 yr Female	15 yr Male
Skin thickness (mm)	0.663	0.663	0.850	0.990	1.200	1.250
Skin mass (g)	139.9	291.5	665.5	1221.8	1978.7	2236.0
Mass of sensitive layer (g)	10.7	22.2	39.5	62.3	83.3	90.4
Skin density (g cm ⁻³)	1.1	1.1	1.1	1.1	1.1	1.1

2703

2704 (B 8) The skin dose rate coefficients, shown in the electronic supplement of this report 2705 and used for the calculation of the effective dose rates, for both electron and photon beams 2706 and all geometries, were derived using the above PM phantom models and the Monte Carlo 2707 code GEANT4 (Agostinelli et al., 2003). For implementation, the skin phantoms in the PM 2708 format were converted to the tetrahedral-mesh (TM) format using the TetGen code (Si, 2006) and the converted TM phantoms were implemented in GEANT4 using the G4Tet class. Note 2709 2710 that this tetrahedralization maintains the original shape of the PM phantoms but significantly improves computation speed (Yeom et al., 2014). The electromagnetic physics library of 2711 2712 G4EmLivermorePhysics was used to transport photons and electrons (Wright, 2014). 2713 Considering the 50-µm-thick target layer, a secondary-range cut value of 1 µm was set for all 2714 particles.

2715 (B 9) It should be noted that tissue reactions (sometimes referred to as deterministic 2716 effects) are correlated to the local skin dose i.e. dose averaged over 1 cm^2 . The skin dose 2717 coefficients given in this report are not correlated with tissue reactions since they have been 2718 evaluated for the skin extended in the whole body.

2719 **B.1. Electron**

2720 (B 10) Fig. B.2 and B.3 show the skin dose rate coefficients for the adult female phantom 2721 and contamination at the surface of the soil and submersion to contaminated air, respectively, as a function of electron energy and as calculated using the original voxel phantom coupled to 2722 2723 the PHITS transport code (Sato et al., 2013) and the polygon mesh phantom and the GEANT4 2724 code (Agostinelli et al., 2003). As mentioned above, the resolution of the voxel phantom does 2725 not allow targeting the cells at risk $(50 - 100 \mu m \text{ layer})$ but instead the dose is computed for 2726 the whole skin voxels. Using the mesh phantom, the estimation of the dose rate coefficients to 2727 the sensitive as well as to the entire skin is possible and these are shown in the Figures B.2 2728 and B.3. It can be seen, that, the voxel approach overestimates the absorbed dose to the skin 2729 basal cell layer at photon energies below approximately 0.100 MeV and underestimates that 2730 same dose at energies between 0.100 and 1.5 MeV.





2732 2733

Fig. B.2. Skin dose coefficients for the adult female phantom and contamination at the surface of the soil, calculated using the original adult voxel phantom and the PHITS code, and the polygon adult mesh phantom and the GEANT4 code.



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Fig. B.3. Skin dose coefficients for the adult female phantom and air submersion, calculated using the original adult voxel phantom and the PHITS code, and the polygon adult mesh phantom and the GEANT4 code.

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(B 11) For electron simulations in the case of water immersion, excessive computation times are needed, because electrons emitted from the spherical water source of a diameter of 2 m hardly reach the phantom. To improve the efficiency of the calculation, a sampling source volume was limited from the skin surface to a certain distance in the water, depending on electron energies. For electrons with energies > 0.06 MeV, a distance, which is longer than the electron CSDA range in the water medium was used to limit the sampling source volume, because these primary electrons contribute to most of the energy deposited to the skin



2750 sensitive layer. On the other hand, for the lower energy electrons (≤ 0.06 MeV), a distance, 2751 which is longer than the mean free path of the photon at the initial electron energy, was 2752 considered because these electrons, having CSDA range less than 50 µm, cannot penetrate the 2753 50-µm-thick dead layer to reach the skin sensitive layer and thus, only the secondary photons 2754 (e.g. bremsstrahlung photons) contribute to the dose.

2755 (B 12) Figures B.4-B.6 show the skin dose rate coefficients evaluated for the sensitive layer 2756 of the skin using the mesh phantoms, for all ages and geometries considered. For the adult and

2757 15-year-old phantoms, the male and female coefficients were averaged, whereas for the other

2758 paediatric ages a single skin model was used.

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Fig. B.4. Skin dose rate coefficients for monoenergetic electron sources distributed at the surface as a ground plane source.





Fig. B.5. Skin dose rate coefficients for monoenergetic electron sources distributed uniformlyin the atmosphere.




Fig. B.6. Skin dose rate coefficients for monoenergetic electron sources distributed uniformly
in the water (i.e. water immersion).

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2772 **B.2. Photons**

2773 (B 13) Figures B.7-B.9 show the skin dose rate coefficients for the adult male phantom, for 2774 monoenergetic photons and for the three environmental sources considered in this publication. 2775 For each plot, results are shown as calculated with the voxel-defined entire skin (i.e. averaged 2776 over all skin voxels), the entire skin as defined by the polygon meshes and the sensitive layer 2777 of the skin, also polygon-mesh defined and targeted between 50 and 100 µm below the skin surface. Similarly to the electron exposure simulations, the calculations for the voxel 2778 2779 phantoms were performed with PHITS (Sato et al., 2013), whereas for the mesh phantoms GEANT4 was used (Agostinelli et al., 2003). It can be seen, that, although the differences of 2780 2781 evaluated coefficients are not so pronounced as for electrons, the values of the coefficients for 2782 the sensitive layer are higher than those of the entire skin, at energies below approximately 2783 0.1 MeV. This pattern is seen because low-energy photons tend to establish their maximum dose near the skin surface, as the dose rapidly decreases with depth by exponential 2784 2785 attenuation. However, the values of the coefficients for the sensitive layer are lower for emitted energies above 0.2 to 0.6 MeV, (depending on the environmental source). Photons 2786 2787 penetrate the sensitive layer skin region and deposit their energy partially, while they fully 2788 impart their energy to the voxel skin of the voxel phantoms, establishing the maximum dose 2789 at a depth deeper than what is seen within the sensitive layer.

(B 14) Moreover, it should be noted that, while the skin dose rate coefficients obtained with
the adult voxel phantoms with PHITS and EGS4 agree well (see section 6.5), GEANT4 gives
slightly larger values in the low energy region. This might result from the differences in the
cut-off algorithm during particle transport within each code.

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Fig. B.7. Skin dose rate coefficients for monoenergetic photon sources distributed at the surface as a ground plane source.



Fig. B.8. Skin dose rate coefficients for monoenergetic photon sources distributed uniformly in the atmosphere.





Fig. B.9. Skin dose rate coefficient for for monoenergetic photon sources and water
immersion.

(B 15) Figures B.10-B.12 show the skin dose rate coefficients evaluated for the sensitive
layer of the skin using the mesh phantoms, for all ages and environmental sources considered,
for monoenergetic photons. As for the coefficients for electrons, for the adult and 15-year-old
phantoms, the male and female coefficients were averaged, whereas for the other paediatric
ages a single skin model was used. All skin dose rate coefficients, also for soil contamination
at depths of 0.2-4 mfp in the soil, can be found in the electronic supplement.





Photon energy (MeV)
Fig. B.10. Skin dose rate coefficients for monoenergetic photon sources distributed at the surface as a ground plane source.





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Fig. B.11. Skin dose rate coefficients for monoenergetic photon sources distributed uniformly in the atmosphere.



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2827 B.3. References

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2873 ANNEX C. CONTENT OF THE ELECTRONIC SUPPLEMENT

(C 1) The electronic supplement of this report presents age-dependent reference dose rate coefficients of effective dose and organ equivalent doses for the three environmental exposures simulated (1) soil contamination on the soil (0.0 mfp) and in the soil (planar sources at depths of 0.2, 1, 2.5 and 4 mean free paths of photon energy), (2) submersion to contaminated air and (3) immersion to contaminated water. The coefficients have been evaluated for the ICRP reference adult and paediatric phantoms using the methods described in sections 4-7.

- (C 2) For soil contamination, additional data are given for the effective and organ
 equivalent dose rate coefficients for planar sources at specific depths of 0.5, 3.0, and 10.0 g
 cm⁻² computed as described in section 8.1.
- 2884 (C 3) Also given are the effective and organ equivalent dose rate coefficients for photon 2885 sources exponentially distributed with $\beta = 0.5, 1.0, 2.5, \text{ and } 5.0 \text{ g cm}^{-2}$ as discussed in 8.1.
- (C 4) Data are given for every age group and for the male and female phantoms 2886 separately. The effective and organ equivalent dose rate coefficients are normalized to 2887 2888 environmental radioactivity concentration and are given in units of nSv h⁻¹ Bq⁻¹ m⁻² (for soil contamination) or nSv h⁻¹ Bq⁻¹ m⁻³ (for submersion to contaminated air and water immersion). 2889 2890 (C 5) The supplement is organised in three main folders (one for each exposure 2891 geometry): 'Soil contamination', 'Air submersion' and 'Water immersion'. The folder 'Soil 2892 contamination' contains 7 subfolder: 5 for each mean free paths considered, and 2 for planar 2893 and exponential sources. The folders of the planar and exponential sources contain 3 2894 subfolders for each specific depths at 0.5, 3.0, and 10.0 g cm⁻², and 4 subfolder for photon sources exponentially distributed with 4 different relaxation masses per unit area, $\beta = 0.5$, 2895 1.0, 2.5, and 5.0 g cm⁻², respectively. 2896
- (C 6) All data are given in two different formats: ASCII format and Microsoft ExcelFormat.
- (C 7) Reference values of the organ equivalent dose rate coefficients are given for the
 following organs: bone-marrow (red), colon, lung, stomach, breast, ovaries, testes, bladder,
 oesophagus, liver, thyroid, skeletal endosteum, brain, salivary glands, skin, remainder tissues,
 adrenals, extrathoracic (ET) region, gall bladder, heart, kidneys, lymphatic nodes, muscle,
 oral mucosa, pancreas, prostate, small intestine, spleen, thymus, and uterus/cervix.
- (C 8) Moreover, a data viewer code is provided which allows comfortable viewing anddownloading of the organ and effective dose rate coefficients.